

Talking Story at St. Jude's

St. Jude's Episcopal Church
News Magazine

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Edition 4 – Volume 1

Responsible planning for St. Jude's

You are probably rolling your eyes back in your head and thinking...oh, here we go again, talking about money. Well, I'm going to fool you. This month we're not going to talk about money, but about the other aspects of stewardship that are just as important. Wikipedia defines steward-

We usually think of tithing in terms of money, but it can also be used in terms of time.

ship thusly: "Stewardship is an ethic that embodies the responsible planning and management of resources. The concepts of stewardship can be applied to the environment, economics, health, property, information, theology, etc."

TIME AND TALENT

Giving of your time and talent are important aspects of stewardship. In the church good stewardship is the responsibility of all the members to care for everything that has been entrusted to them and to see that it runs well: the buildings and grounds, the chairs and tables, the books,

the linens, the kitchen stuff and each other. It includes the intangibles such as altar guild, singing, cooking, cleaning, aloha hour, greeting, reading, ushering, bringing flowers, the bulletin, the newsletter and again, caring for each other.

You get the idea...we're responsible for it all! We are caretakers and it takes us all to do the job!

So, what does this mean, to us individually. First, it means that you can give your time and talent as part or all of your pledge to the church.

(See Stewardship Page 2)

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And a whole lot more!
Grab a cup of St. Jude's coffee & enjoy.



Stewardship

(Continued from Page 1)

Name your talent and how many hours a week or a month you can offer.

Aim to tithe. We usually think of tithing in terms of money, but it can also be used in terms of time. If a working day is 10 hours, one hour is 10%. Helping man the shower for one day, just about covers a week's tithe. Second, many tithers split their donation between time and money. We'll get into that next month, so stay tuned!

I thank God constantly for St Jude and for all of you, who are my spiritual family. Only by being good stewards of all that we are and care for, will we ensure the continuation of this wonderful piece of God's world.



Cynn timer Salley
Stewardship chair

like a child

By Leonard Freeman

we step out to watch the rain
And laugh, grinning at each
Other like little kids

then go inside to do our
exercises stepping in place
bending, stretching

like little kids who scrunch our
bodies still into pretzels
and call it health

laughter is our friend, love the
evidence that there is always
a little child.

*With permission from
"Hawaii: Poems from a Promised
Land" by Leonard Freeman*





Around the church yard

By Contributing Editor Don Hatch

Painting the church is progressing on schedule and we are making plans for replacing our rotting boardwalks. It's really starting to look good around the church.

Chickens: I know I talk a lot about St' Jude's chickens. That's because we have a couple roosters that start crowing as soon as our church services starts. I guess it could be worse because there are wild peacocks and turkeys in the area and they would cause a lot more ruckus if they decided to entertain us during the church services.

As I mentioned last month, our chicken problem seems to be on the decline, but that might be coming to an end. As I was leaving the church a couple weeks ago I saw a kalij pheasant rooster chasing one of our churchyard hens. I don't know if we'll get chickants or pheakens, but most likely we'll get a mixture of both. From what I've heard, they're both bad news because the pheasant chicken cross-breds are very active and aggressive offspring. The chickants may go around crowing all the time and the pheakens could start chasing our churchyard cats. When we prayed for help with our feral cat problem, this isn't what we expected. God works in mysterious ways.

Dinosaur in my garden: Those weeds I thought I killed in the church yard - well they're back and it looks like while I didn't kill them, I did make them stronger.

This month we had several days in a row when it was cold and drizzled continually, but no heavy rain. I have green beans growing in my garden and from the comfort of my covered lanai, I could see some of them needed to be picked (and if you wait too long they get

tough and stringy;) so, I trudged out into the drizzling rain to pick green beans.

As I reached back into the leaves to pick the beans I was startled and jumped back when I realized some critter near my hand, had moved. Once I refocused I saw a small dinosaur around 6-8 inches long in my bean vines!

Usually when I find one I gently move it to a safer place, but this time I decided it was fine where it was. After I finished picking the beans I decided to take a picture of it, but I couldn't find it. They move very slowly so it had to be close to where I last saw it - probably within 2-3 feet. They change color and blend into their surrounding so well they are difficult to see. I checked back around sundown, because they change to a darker color when it gets dark, and there it was almost exactly where I thought it should be. Three days later it was still in the same general area and I got this picture of him.



Ok, maybe it wasn't actually a dinosaur, but it sure looked like one. Its Hawaii's version of a dinosaur called a Jackson Chameleon or three horned chameleon. They're from Africa and were brought to Hawaii in the early 70s.

See Churchyard (Continued on page 4)

Showered with blessings

By Milt Bartlett

Here it is, Saturday morning and I am sitting here with my wife Kepi, signing up folks that want to have a nice hot shower. We try to volunteer at least one Saturday a month for this very worthy outreach.

St Jude's has been providing this service for over a year now and we average 20 or so folks that greatly appreciate this service each Saturday. Not only does St. Jude's offer the showers, but also home-made soup is provided.

I remember one lady that told us it felt so good to have a hot shower on her first day on a new job. Others have expressed their appreciation too. A few

months ago, someone stole the St. Jude's outdoor hot water heater, and unfortunately we had to shut down for about six weeks. When we replaced the water heater and were able to start the hot showers back up, it was a glorious day for everyone involved.

If you are sitting around on a Saturday with nothing to do, how about volunteering to help with the showers or make some delicious soup, sign up at the church?

We need people to check in our shower clients, and for safety reasons, we need a man and a woman on site each Saturday. We also need someone to make soup occasionally for



those who come for a shower, and for others who just drop by. It's only three or four hours on an occasional Saturday, and your help will be greatly appreciated.

May God bless all who support and participate in this ministry.



Churchyard (Continued from page 3)

They're similar to the chameleons you see in TV commercials. (See Yard on page 4) They have bulging eyes set on the sides of their head which move independent of each other, have pincher shaped toes for holding onto branches, prehensile tails, and long sticky tongues. The one shown here is a male - females don't usually have horns.

They eat lots of bugs by slowly walking up to within 2-3 inches of a bug, and then their long sticky tongue shoots out and gets it. I've never actually seen their tongues because it is too fast to see, but I have seen bugs disappear from in front of them. I've also seen time lapse pictures showing the tongue can be longer than the chameleon.

I've seen several Jackson Chameleons in the churchyard and sometimes meandering slowly across the roads. People often stop and move them to the side of the road so they won't get run over. They look mean and will act like they are going to bite you, but they are safe to pick up, or you can put your hand in front of them and they'll crawl up onto it.

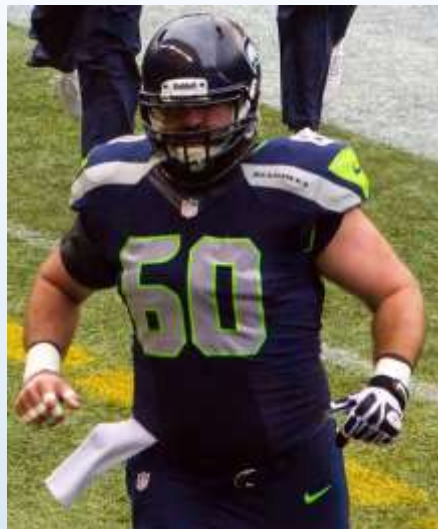
Time to trade in those Seahawks jerseys

St. Jude's congregation closely follows The Big Island's home-grown NFL Center, Max Unger, grandson of Cynni and Ray Salley. Each Sunday, Cynnie is gracious with us, to share updates on Seattle Seahawk football.

This past week, Max learned that he had been traded to the New Orleans Saints. This means that the new official St. Jude's football jersey will now be gold and black.

While moving from the only city where Max has played in his six year NFL career is challenging, Max is optimistic about moving to "The Big Easy." According to Cynni, "Theologically speaking, switching from a Hawk to a Saint, is probably a very good move."

Max is a highly regarded NFL Center and has the statistics, to see why the Saints were eager to trade for him. Max has a history of strong leadership, and St. Jude's wishes Max the very best of luck with his new team.



Max Unger

No. 60 Center New Orleans Saints
Date of birth: April 14, 1986 (age 28)
Place of birth: Kailua-Kona, Hawaii
Height: 6 ft. 5 in (1.96 m)
Weight: 305 lb. (138 kg)

Career information

High school:

Kamuela (HI) Hawaii Prep

College: Oregon

NFL Draft: 2009 / Round: 2

Debuted in 2009 Seattle Seahawks

Career history

Seattle Seahawks (2009–2014)

New Orleans Saints (2015–present)

Career highlights & awards

2× Pro Bowl (2012, 2013)

First-team All-Pro (2012)

Super Bowl champion (XLVIII)

2× NFC Champion (2013, 2014)

First-team All-American (2008)

First-team All-Pac-10 (2007, 2008)

Go Saints!

(Kind of has a nice ring to it.)

Ka'u Food Pantry Distribution

Last Tuesday
of every month

10:00 a.m. - Noon

Ocean View
Community Center

For more information
contact Karen

510 778 5500



The Ka'u Food Pantry's goal is to provide 2-3 days' worth of food at the end of the month when most benefits (Food Stamps, SSI, etc.) have been exhausted. The Pantry is a full no-profit operation and it depends solely on tax deductible donations to meet our monthly goals.

Monetary donations to the Ka'u Food Pantry enable the organization to buy food for 18 cents a pound at the Food Basket in Kona. They cheerfully accept monetary donations, food donations and volunteers are always welcomed.

Stalking the pantry

By Karen Pucci,
Ka'u Food Pantry Board of Directors, President

Ka'u Food Pantry, Inc., is the latest incarnation of local effort to help the hungry in Ka'u, more specifically, in the Ocean View area. No matter what the program has been called, the idea behind it is to act as a bridge to supplement hungry folks at the end of the month when most of their benefits and/or paychecks have run out.

Right before I started attending St. Jude's, the group who had been running the food giveaway program for several years, disbanded. Judy Samuel, Ric Stark and the Reverend Dallas Decker stepped up and formed the Ka'u Food Pantry, Inc. When Judy announced this in church, I did not feel God's tap on my shoulder. *It was more like a body slam.*

I talked with Judy and Ric that same day and the next thing I know I was not only volunteering those two hectic days but I won a spot on the Board of Directors. We refined the distribution process through trial and, oh my God, lots of error. But it now runs like a well-oiled machine from purchase to final distribution.

We could not function without our volunteers. Whether they are on the board or just happy to help their community, the people who come in on Mondays and Tuesdays to pick up, to pack, to staff, and to register are beyond heaven sent. They are the people who make this all work. Our board has changed.

I am now President. I am new at running a non-profit but again I am surrounded by a great volunteer board who do understand the importance of our mission. We have people with astounding ideas and energy. God does indeed watch over us all.

The Ka'u Food Pantry, Inc., is a non-profit 501 (c) (3) organization completely staffed and administered by volunteers. Our mission is to feed the hungry of Ka'u. We are funded solely by donations. We accept donations of cash or checks and welcome all food donations. We can buy food from the Food Basket at a

See "Pantry" Page 7

ISLAND FOOD REVIEWS BY K & A

Groovin' with the Grazing Girls



We thought it might be fun to do a short blog about our dining adventures dining around the island. We have not been here that long so many things can still dazzle, fascinate or repulse us. There are so many places popping up (and closing down) and most of us do not have the time or the inclination to see if they are any good.

We're foodies and are somewhat fearless.

Our ground rules are simple. We do not tell the establishments of our secret identity or the purpose of the visit. We will give restaurants two tries if the first one was not a good experience unless there was like a dead rodent or something equally disgusting in the food. **We'll let you know about prices, ambiance, service,** and the availability of vegetarian, vegan and gluten free food items. I am sure there will be a snarky remark or two as well.

Ocean View Community Center Brunch 0900-1200, 3rd Saturday every month

That being declared, let's start off with the local Ocean View Community Center brunch. It's held the 3rd Saturday upstairs every month. The prices are astoundingly reasonable. This group has far surpassed earlier incarnations. Breaking up the tables, decorating them like a restaurant with the set-up, table cloths and condiments at the ready, gave the center more of bistro-ish/cafe like **feel to it. It's like pretending the high school gym is a** tropical island getaway on prom night but we all can

appreciate the effort. The food, as we said, is reasonably priced and quite good. The morning we attended there were several items on the menu-everything priced at \$6. Breakfast plate, two kinds of quiche or pannini. The food is now plated with fruit garnish when you pick up your order at the kitchen-a nice touch. We had the pancake plates. It included yummy, properly cooked, scrambled eggs, choice of bacon or sausage, fluffy pancakes and in my case, a wonderful cheesy drop biscuit. Toast [made on request] and cornbread were also available. My bacon was well cooked but not overly cooked.

"A" liked that the sausage was browned all the way around and thoroughly cooked. We were also treated to a slice of homemade quiche consisting of spinach, mushroom and cheese. A favorite melding and with no **crust! Lots of spinach inside with a tasty cheese. We're** going to try this one at home...Honestly, a bit more salt would have been welcome but given the clientele, leaving salting to taste is a wise decision. Coffee, juice and water are available. No table service and self-bussing .

Nothing for the vegans but vegetarians could negotiate a good meal here. Gluten free is not available per se but again, a good meal could be had that kept to the parameters. *We say check it out. It's a nice way to spend a leisurely morning and catch up with friends.*

Pantry (Continued from Page 6)

rate of \$.18 a pound. That is at least a half of case of canned goods per dollar.

Next distribution Tuesday, April 28 10:00 a.m-12:00 p.m. at the Ocean View Community Center on Leilani Circle. Volunteers are welcome Monday from 12:30 to 3:00 p.m.; and on Tuesday from 8:30 a.m. to 12:30 p.m. On Monday night, food is available for pick up at the OVCA from 8:00-9:00 p.m. for those who cannot make it on Tuesdays.

SPOILER ALERT: The Tuesday, May 26 hours of distribution will be from 12-2 p.m. Volunteers will be needed from 9 a.m.-3 p.m. at the Ocean View Community Center. There will be no Monday involvement or evening pick up available due to the holiday.

Easter outfits to honor the Lord

By Phyl Laymon

My mama was well known for her Irish temper & her ability to argue with the devil himself – and win – every time! My daddy was a happy go lucky guy who just let her high energy flow by him.....except at Easter time!

In the evenings leading up to that very important Sunday, there was a low but insistent murmur invading our young dreams. Night after night, the rumble grew.

Daddy would be saying, “Now, Thelma! Be reasonable!”

“Hap Hickman!” she would stubbornly reply, “ My kids are having new Easter outfits!”

Finally, just in the nick of time, the announcement came. “Get in the Terraplane,” my dad would growl. “We are going to Monkey Ward. “

Like a litter of brand new puppies, we tumbled all over each other as we raced for the car. By the time we got to the store, Daddy would be as excited as we were. He never could stay grumpy more than five minutes!

Ahh! The wonder! For my sisters and me, new dresses, hats, white gloves and shiny black Mary Janes. Our two brothers, Danny



Phyl Hickman Laymon and her brother Danny, modeling their new Easter Outfits in 1940

We had to look our very best for the Sabbath. In my mama's eyes, anything less would have been disrespectful to the House of the Lord. Phyl Laymon

and Teddy, received new suits every year -- because they grew so fast; but my dad wore the same old blue suit 'til the day he died. He always looked spiffy, though, with his white “good guy” Stetson and his Sunday cowboy boots.

Going to Church in the '40s was a big
See “Outfits” Page 8

Outfits (Continued from Page 7)

deal. We had to look our very best for the Sabbath. In my mama's eyes, anything less would have been disrespectful to the House of the Lord. So, every Saturday night, right after supper, the big washday boiler was brought in and placed on the old black cook stove. It was filled to the brim with water from the well, bucket by bucket. By the time the supper dishes were done, the water was hot.

The galvanized tin wash tub was brought in from the back stoop where it hung on a big 'ol ten penny nail. Two kitchen chairs were placed, face to face, in front of the hot stove, for the tub to sit on (saving mama's back, I guess). The tub was filled with hot water, shaved homemade soap and kids! One by one, we were scrubbed, dried, combed, curled and plunked into bed. I, being the eldest, was always last.

I especially hated the vinegar rinse after my hair was washed with Mama's bar soap. I thought I smelled like a pickle! Mama assured me it brought out the beautiful red highlights in my hair. I personally never saw any – only mouse brown! However, I ended up keeping those "red highlights" all through my working years. I guess if it was that important to Mama, somehow, it must have become important to me, as well.

In those days, Mama sometimes –actually more often than not-- didn't go to church with us. Maybe she was just too worn out from all that Saturday night tubbing and scrubbing. Or, maybe she just needed that one lone hour of peace and quiet. But, the real honest truth was, she often did not have a decent dress or a coat or a whole pair of shoes to her name. But, she always made sure we did!



Lynne Reynolds (she says she's the skinny one) models her Easter outfit in New Orleans, at age 7.



Halley and Casey Cutts model their California Easter outfits in 1992.

Weekly Church Schedule

	8:00 AM	9:00 AM	10:00 AM	11:00 AM	Neon	1:00 PM	2:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	8:50 PM
Monday		Senior Nutritional Program						Bible Practice		Narcotics Anonymous				
Tuesday			Women's Bible Study @ Dev's 10:00 am			Veterans Affairs (Reinburger Hall)								
Wednesday		Senior Nutritional Program							Browse Meeting		Narcotics Anonymous			
Thursday		Bible Practice		Bread Start (1st & 3rd Thurs, each month)		Veterans Affairs (Reinburger Hall)				Al-Anon Meeting		Alcoholics Anonymous		
Friday		Senior Nutritional Program						Eucharist Service		Reserved For St. Jude's Special Projects				
		Men's Bible Study @ McKinney Place										Narcotics Anonymous		
Saturday		Free Hot Shower				Free Hot Lunch With Shower						Narcotics Anonymous		
Sunday		St. Jude's Eucharist Services & Alpha Social After Services					Marshallese Full Gospel Church				Marshallese First Assembly of God Church			
	Indicates this is a St. Jude's Function													



St. Jude's Holy Week

- April 1st Tenabrae Services 7:00 pm
- April 2nd Seder 5:00 pm
RSVP 939-7555
- April 3rd Stations of the Cross 3:00 pm
- April 4th Decorating for Easter 9—11 am
- April 5th Easter Sunday Services 9:30 am

All are welcome & invited!

Look for the grace of God in our lives

By Father Doug Coil

Beloved in the Lord,

We, Carolyn and I, have been with you for 3 weeks and have enjoyed every minute. We immediately felt at home in this church and it has been a joy to be here with you and share God's love together.

Since my time here is Lent through Easter Sunday, I would like to reflect on the Lenten season. The Lenten season is the time historically when those in preparation for baptism were in the final phase before the Easter Vigil when they would be baptized. It is also a time when we can take on a discipline to help us in our walk with the Lord. Ash Wednesday begins Lent. This is the time we receive ashes to remind us of our mortality and our sinful nature.

I was reading the Anglican Digest for Lent and I came upon an article comparing addiction and grace. In it was the sentence, "Addicts are in a perpetual Lent, they are always trying to give something up, always looking for help." The article talks about when we are in the wilderness of Lent, we can, by adopting disciplines, hope to be brought closer to God while seeking his help. Yet even halfway through, we start to ask ourselves "why am I doing this?" Just as an addict who lives in a state of guilt, we try to look for excuses. In the long run we are looking for God's grace, which we experience when we realize how far we have fallen short. While we are in the wilderness we need our dependence on our Lord. We end up with the conclusion we cannot do it alone—we need God.

I think this is our reaction to Lent. We start



with all good intentions but **our life** gets in the way and we drop them one by one. We are in the wilderness alone or so it seems; then we realize that God was there all along and we discover the meaning of grace. So as we go through the season of Lent let us look for the grace of God at work in our lives.

*One cannot go from
Palm Sunday to Easter
without going thru
Good Friday,
for it is on Good Friday
where grace
works for us.*

Father Doug

As we approach Holy Week and Easter, I am reminded of how God's grace is lived out through the death and resurrection of our Lord. I think it is important to remember one cannot go from Palm Sunday to Easter without going thru Good Friday, for it is on Good Friday where grace works for us.

I look forward to being with you as we go through Holy Week here at St. Jude's.

On a lighter note, Carolyn and I have traveled all over the Big Island and have loved it. We also appreciate the warm hospitality, love and openness shown to us by the members of St. Jude's. At St. Matthew's in Snellville, Georgia, where I was Rector for 21 years, the motto is "It's the people". This could certainly be the motto for St. Jude's as well. In so many ways you are God's people who show His light and grace to the world.

Peace, love and joy,

Fr. Doug+

In Our Prayers

For Comfort - Keoni, Pepe, Krystal, Phyl (and all who have lost loved ones).

For Healing - Conny, Paul, Justus, Ioanis, Becky, Phyl, Beverly, Halle & Jax, Andy, Bob, Madalyn, Cyndi, JYM, Cordelia, Ann, Ben, Bill and Brian.

For Thanksgiving - Suzanna and baby boy.

For Peace and Guidance for our Bishops at their meeting in June.

Safe travels and happiness to Max & Leah on their new adventures (Go Saints!)

For the ministries of St. Jude's.

For the sale of Don & Beverly's beautiful mountain home on Reef Parkway.

<http://www.homes.com/property/92-8797-reef-cir-mauka-ocean-view-hi-96737/id-225231037/>



Celebrating this month

April Birthdays

7 Jeffrey Silva

25 Jean Buechele

25 Elaine Meier

25 Rebecca Schaupp



April Anniversaries

16 Marla & Mike Hubbard



Things To Do, When You're in Ocean View

Ocean View is a rural community located around the 76 and 78 mile markers on the Belt Road which is near the southern tip of the Big Island. It is an hour or more drive to most of the populated and touristy places on the island. In this article, I'll try to give you a few ideas of things to do or see closer to home.

Maybe you won't have to go any farther than St. Jude's to make your wish come true. Rev. Elaine Barber visited us with her seven year old grand-daughter Chloe. Young Chloe wanted to learn how to hula; so, Chloe asked the hula group, who practice at St. Jude's twice a week, if she could join their group and learn how to hula.

The next Sunday was the first Sunday of the month which usually includes a hula prayer as part of our services. The hula group put Chloe in the front row center and she stole the show.

Two of the places I have on my "Have to See List" for my guests include the Painted Church (St. Benedict's) and the City of Refuge. These two Big Island icons are located a couple miles apart and to get to them you turn off of the Belt Road at the same location. They are also close to two of my favorite beaches which are the Ho'okena Beach and the Two Step Beach. Although you can see all four of these in one day, it would be better to split this into two easier excursions.

St. Benedict's is better known as the Painted Church: This Church dates back to the early 1840s and like many buildings in the tropics; the weather decayed the structure



until it was unusable. In 1899 Father John Berchmans Velge moved to the church and restored it to like-new condition. Father John was reported to be an excellent teacher and a self-taught artist.

Since many of his followers couldn't read, he used his art skills to paint the interior walls of the church with scenes from the Bible to help with his teaching. His biblical murals soon became famous, and St. Benedict Church became known as "The Painted Church."

St. Benedict Church is unique in American Art and has become a tourist attraction where thousands of visitors come every year. It is listed in the Hawaii State Register of Historical Places and the National Register of Historical Places.

Directions to the Painted Church:

Turn off the Belt Road between 103 to 104 mile marker into route 160 (City of Refuge Road). This is around 25 miles from Ocean View. Drive a little over one mile and turn right onto the Painted Church Road. The church is 0.3 miles up that road.

See "Things to Do" on Page 14



Things to Do (Continued from page 13)

City of Refuge or Place of Refuge: Pu'uhonua O Honaunau National Historical Park (City of Refuge or Place of Refuge) is a 180-acre park preserving what's left of an ancient Hawaiian royal residence, a sacred place of refuge. Among the original artifacts on the site are petroglyphs and a 16th-century wall.

In ancient times, Hawaiians lived under strict laws. Commoners could not get too close to the chief, nor were they allowed to touch any of his possessions, walk in his footsteps or even let their shadows touch the royal grounds. The penalty for violating a sacred kapu (taboo) was death.

Breaking a kapu was believed to incur the wrath of the gods. Hawaiians often chased down an offender and swiftly put him to death unless he could reach a "puuhonua," or place of refuge. There the offender could be absolved by a kahuna (priest) in a purification ceremony, and he could return home with his transgression forgiven. Defeated warriors and non-combatants could also find refuge here during times of battle.

There are lectures, shows, and pic-

tures at the City of Refuge. This is a great place to walk around and see some of the ancient works and get a feel of what it was like a several hundred years ago. Sometimes there are demonstrations showing how they weave baskets or even hollow out a Koa log to make an ocean going canoe. This is also a great place to relax and share a picnic lunch.

Directions to The Place of Refuge: Turn of the Belt Road between 103 to 104 mile marker into route 160 (City Refuge Road) drive 3 ½ miles, turn left onto the Honaunau Beach Road and drive 0.2 miles to the park gate. This is a federal park with the usual entry fees.



Directions to Two Step Beach: This beach is located next to "The City of Refuge" park and you can look down onto the beach from the park. This is a small secluded beach that is very popular for families with small children because it has a sandy beach that is protected from the waves. It is also a very good snorkeling and shore-diving areas. It is considered by some to be one of the top 5 snorkel beaches in the state and you often see dive boats anchored offshore..

See "Things to do" Page 15

Things to do (Continued from page 14)

There is very little parking here; so, you may have to offload their beach chairs and picnic supplies and then drive back into the Place of Refuge to park.

Directions to the Two Step Beach:

Turn of the Belt Road between 103 to 104 mile marker into route 160 (City of Refuge Road) drive 3 ½ miles, turn left onto the Honaunau Beach Road and drive 0.2 miles, around 200 ft. before you get to the park gate, there is a small one way road that leads off to the right and the beach is 100 yards down that road.

Ho'okena State Park & Beach: This is one of our favorite beaches for kicking back and relaxing, snorkeling, and sometimes swimming with the dolphins. It is also a great place to whale watch, during the season.

There are several free showers, public toilets, equipment rentals, and some picnic areas. Most days there are a couple professional kayak fishermen that launch from here and come back in with their catch a little before noon. I've seen them come in with mahi mahi, ono (wahoo), yellow fin tuna, and other local fish. They usually sell their catch to some of the local restaurants, but if you ask they may sell one to you.

We usually go here on Monday, Wednesday, or Friday mornings, have a picnic lunch and head home in the early afternoon. Some people camp overnight, but they usually do it on nights with a full moon because it can get very dark here. This is a very popular beach on weekends and you usually can't find parking, let alone a place to relax.

Directions to Ho'okena Beach: Turnoff of the Belt Road around the 101 mile marker (this is

three miles closer to Ocean View than the City of Refuge turnoff). Then drive three miles down a narrow paved road to the beach. When you get to the houses, turn left into a narrow road that goes around 100 yards to the parking lot and beach (there is a sign, but most people miss it the first time there).

Note: (Some people hike from the City of Refuge to Ho'okena Beach, but I haven't tried to. They are only three miles apart but the walk is over five miles.)



Making soup for Jesus

By Thom White

As a child growing up, I was always drawn to the teachings of Jesus. His message of love and compassion inspired me. I felt a deep love for Him. I wondered what it would of been like to have lived then, to walk with Him and the apostles. Would I have been one of His chosen ones? Would I have been at the Last Super seated at the table sharing the bread and wine? Would I have recognized the miracle and hearing in the message, "Do this in remembrance of me?" I longed for that connection and friendship.

The miracle of Jesus feeding the multitudes with five loaves of bread and two fish filled my imagination with wonder. How did He do that? In my mind I could see the people gathering and eating and satisfied, listening to Jesus teaching. Hollywood could not create a more special effect. I marveled at the teachings of Jesus.

Each Saturday at St Jude's, we serve soup to our friends and quests. Some come for a hot shower, some just drop by to talk story and enjoy a hot, homemade meal. Along with nourishment for our bodies we share some time talking and being together - nourishment for our hearts and soul.

I often make soup for our Saturday ministry. As I serve the soup, I notice miracles happening at the St. Jude's table. People relax, people chat, people feel accepted

and valued. By sharing a simple meal in the setting of the St. Jude's shower ministry, the Bible stories of Jesus ministry become real and living. The images I have of Jesus in my mind as a child, are living before me; and now ***I have been seated at the TABLE.***



EASY CORN CHOWDER



Saute till tender 1/2 onion, some celery and green pepper, dice carrots, set aside.

Melt 2 or 3 tbs butter n add 2 or 3 tbs flour till smooth

Wisk in 2 cups of milk till smooth, season with salt n pepper

Add 2 cups of frozen corn or 1 can corn. Heat thru.

Add more milk as needed

Optional: diced cooked bacon, dice cook potatoes, dice chicken, Cajun spice, diced jalapenos or pablano chilies for a spicy southwest version.

Simmer and enjoy.

Mobil Eye Clinic:

In the Feb. 2015 issue of our Newsletter we mentioned that the medical van we had a St. Jude's has been moved to the Puna District to help the people cut off by the Kilauea Volcano lava flow has cut off access roads into some areas.

Since then, Cordelia Burt and Lynne Reynolds have worked on getting other types of medical support for our Ocean View friends and here are the first results from their effort.

Project Vision Hawai'i provides free vision and wellness screenings for the state's underserved communities and advocates for the early detection of health complications via our mobile clinic.

Their vision screening services include:

1. Retina images to identify early warning signs of cataracts, glaucoma, macular degeneration, atrophy, diabetes, etc.
2. Near vision screenings and **FREE** reading glasses for adults.
3. Far vision screenings and referrals to doctors for prescriptions
4. Keiki screenings (including visual acuity, color vision and stereopsis) and **FREE** UVA protection sunglasses for keiki
5. On-site eye exam or referral to local eye doctors who offer low-cost options for care
6. Assistance enrolling for health insurance

The Vision Van will be in Ocean View May 7-9 at the following locations:

- Thursday, May 7, 9am-12pm: St. Jude's Episcopal Church
- Friday, May 8, 9am-12pm: St. Jude's Episcopal Church
- Saturday, May 9, 8am-12pm: Ocean View Community Center

In 2009, our O'ahu-based Vision Van began visiting Hawai'i Island, hosting approximately 10-15 screening events per year. In March 2014, we outfitted a 38' Winnebago to serve Hawai'i Island communities year round. We've since hired two full time program staff on Big Island, and have participated in 36 events serving over 1200 people.

For more information in Hawai'i Project Vision, please contact Jessica Steele at 808-464-2676 or email jessica@projectvisionhawaii.org.



You can find them on Facebook as "Project Vision Hawaii".



Confirmation and Reception

Island-wide Confirmation and Reception

*Saturday, May 2nd at 11:00 am
at St. Columba's in Paauilo.*

*Everyone is invited to welcome
our new members.*

In loving memory of

LARUSSO KING JACINTO ALFARO

February 25, 2015

Little Larusso made a visit
to God's good earth today.
He only stopped a minute.
He really couldn't stay.

He was on his way to heaven
to be God's little saint.

But he stopped to say, "I love you."
though his words were very faint.

But his Mom and Dad each heard him,
deep down in their heart,
and though they truly loved him
They knew he must depart.

In God's name they blessed him,
and let him go his way,
knowing they would be together
on God's great judgment day.

In loving sorrow,
Grandma Phyl



THE LIVING CHURCH

The Rev. Lindsay Hardin Freeman
explores the words of each
woman who speaks in the
Bible.

<http://ow.ly/KL3CR>

She's one smart cookie!

By Contributing Editor

Don Hatch

Part of St. Jude's outreach to the neighborhood is to share our church facilities with other community organizations so they have a place to meet. One of the organizations we host each week is the Girl Scouts.

Girl Scout Ava Rogers, is a member of the church and she thought St. Jude's would be a great place to sell some of her Girl Scout Cookies. After church services, we set up a table for her to support her troop's efforts in the international fund raiser. Ava's mother, Leslie, and Judy Samuel helped, but this was Ava's project. Although St. Jude's was a great place to sell scout cookies, I think it was Ava's sparkly smile, attitude, and pleasant personality that sold most of them.



Girl Scout Ava Rogers wins Girl Scout cookie sales awards.

If you think about the St. Jude's congregation you'll realize why this is such a great place for Ava to sell Girl Scout Cookies. We're mostly parents, grandparents, great grandparents, and there are a few great-great grandparents scattered among us. Also, most of us have been involved in Scout fundraisers. Yes! Ava definitely picked a target rich environment to sell her cookies.

The first day Ava set up her cookie stand, I saw people pushing in line to place their orders. The day she brought the cookies in to distribute, I saw those same people pushing in line again. No, not to get the cookies they had already ordered and paid for, they wanted to buy more.

As you would expect, Ava exceeded her goal of selling 175+ boxes by pre-selling 181 boxes. This was more than enough to earn her a Girl Scout Go Getters Patch. But ambitious and optimistic Ava had set her goal much higher than that. She planned on selling 2,000 boxes, because that would earn her an Apple iPad computer.

Ava kept selling cookie at sites like in front of the Ocean View market, Kailua, and

See "Cookie" on Page 20

Cookie (Continued from Page 19)

Naalehu. When she reached 700 boxes she earned an ocean cruise with the other top sellers in Hawaii, and at 1,000 boxes she qualified to be inducted into the Girl Scout Cookie Hall of Fame.

On Friday, March 20th, Ava spent the day selling cookies in Kailua, and by the end of the day she had sold a total of 1,923 boxes.

Ava came to St. Jude's that very next Sunday to offer us one last opportunity to purchase a few more boxes of cookies. By the time our Aloha Potluck Social was over she only needed to sell another 26 boxes to reach her goal.

But Ava didn't rest on her laurels with that goal met. She continued to sell her cookies a few more places. **Ava's final sales count was 2,217 boxes of cookies.**

Along the way to selling these 2,217 boxes of cookies and generating significant funds for her troop, Ava earned her Go Getters Patch plus four more badges of honor for her vest. She also qualified for various gifts from the Girl Scouts, like a cat stuffie, wallet, blanket bag and a Samosa pillow. The three most impressive things Ava earned were an Ocean Day Cruise at Secret Island (Including the flight to Oahu), she qualified to be inducted into the Girl Scout Cookie Hall of Fame, and most important of all, she earned her very own Apple iPad Computer. *Way to go Ava!*

Follow up Next Month: Although this article is about Ava and her effort and achievements at selling Girl Scout cookies, selling Girl Scout cookie sales is a group effort and in this case it's a Girl Scout Troop 733 effort. Next month we will do a follow up article with information on the success of Ava's troop sales.



We are the church, *together*

By Editor Cindy Cutts

At the time of this writing, I've been away from the Big Island and St. Jude's for exactly 120 hours. Within those 120 hours, I've had the same conversation about "the church" with two random strangers. One was on the plane from Kona to Sacramento, and the other at a family gathering yesterday. Both women, about the same age as I am, were talking about being discouraged with retirement, bogged down with jobs and responsibilities they didn't want, and both were looking for direction.

I'm not shocked anymore when people blurt out their disdain for what should be a beacon of light in the community.

I listened in sympathy, but then I asked questions that I hoped might get both of these women thinking about realistic options for making life changes. Both of them were willing to make changes, but both felt little, to no, support for change among their friends and family.

As I always do when I get into these "career development" discussions, I asked if they had considered getting involved in a church. It's been my experience, that the best way to open your mind to new possibilities, meet new people, cheer yourself up, and get moving, is to do something to help someone, for no compensation. (It's called, "volunteering," but most people run the other way when you say that word, so I try to avoid it.)

But both of these women stopped me cold when I suggested that they might find a great place to help others through their local churches. Both of them wanted **NOTHING to do with CHURCH!**

This is actually a fairly common reaction. I'm never shy about inviting people to church, but I'm not shocked anymore when people blurt out their disdain for what should be a

beacon of light in the community.

Father Doug reminded us both in his sermon this past month and in his message in this edition, that the church is not a building; the church is the people. That is what drew me to St. Jude's in the first place. For such a small parish, St. Jude's is a "Happening Place!"



Volunteers (ouch! There's that word again) touch the lives of hundreds of souls in Ocean View each week, with a meager budget, a modest facility and enormous hearts. It made me pause this month and gasp as I looked at the St. Jude weekly schedule and edited the 10,000 words of copy submitted for our newsletter, to realize that **no one gets paid to do any of this** at St. Jude's!

And yet it all gets done, with joy and thanksgiving because together, we the people, are St. Jude's.

Blessings,

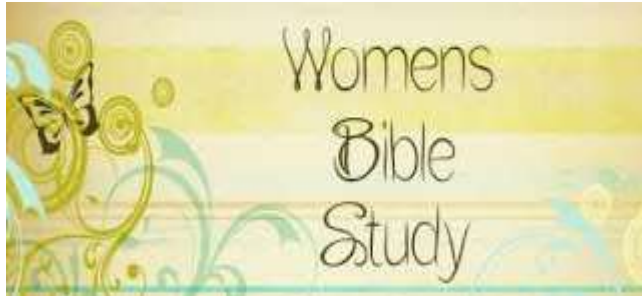
Cindy

I am the Church

The church is not a building,
The church is not a steeple,
The church is not a resting place,
The church is the people.

I am the church, you are the church,
we are the church together.
All who follow Jesus all around the world.
Yes! We're the church together !

Donald March, 1972



Tuesdays at 10 a.m.

At Beverly Nelson's home



Fridays at 9:30 a.m.

McKinney Place



Lemonade Party

April 25th 9 a.m. to 11 a.m.

Monthly Church Clean up
Followed by lemonade & hot dogs.
Many hands make light work.

Talking Story at St. Jude's

Is the monthly news magazine published by
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Contributing Editor: Don Hatch

Columnists: Phyl Laymon, Thom White, Karen Pucci

We welcome submissions!

Submission Guidelines: 500 words maximum. Submit as a
Microsoft Word document attachment, or as the text of your email.



Photos must be submitted as jpgs and emailed
as attachments. Please email only one photo
per message.

Submit via email to: cindycutts00@yahoo.com