



# Talk Story



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Volume 8 ~ Edition 4  
August 1, 2017

## Bay Clinic medical van test drive



By Don Hatch, Contributing Editor

The long anticipated Bay Clinic Medical Van came to St. Jude's July 20<sup>th</sup> on a test drive. Before the clinic is ready to see patients, officials felt it was important to check out all the self-contained systems and to test how it will fit into St. Jude's lower parking lot.

The medical van was spotted parked at the bus stop near Malama Market and then later, at St. Jude's parking lot.

In 2014 we had a free medical van in Ocean View, parked at St. Jude's. It was usually here two weeks each month, and the nurse practitioner who ran the medical van saw hundreds of patients in Ocean View. In preparation for that van, we built a concrete pad in our lower parking lot for the van to park on. The pad also has a fairly large lanai near the van entryway.

The Bay Clinic medical van is much larger than our last one, but during the test run it was determined that it fits on the existing concrete pad

**See "Medical Van" continued on page 25**

## Beach Mass help needed

The St. Jude's annual beach mass will be August 27<sup>th</sup> and we need help with setup and take down. Along with a worship service on the Pacific shoreline at Whittington Beach, we will also host a barbeque potluck dinner. This requires a lot of muscle, loading and unloading barbeque grills, propane tanks, ice chests, coolers, tables, groceries, et al. Many of our chefs will be bringing large portioned dishes and will need help getting these items from their cars to the pavilion. Volunteers need to be at Whittington Beach at 9 a.m. and services begin at 9:30 a.m. The barbeque is immediately after the service.



**See "Beach mass" continued on page 4**

## Old policy - New rule

# ***No animals inside St. Jude's***

**By Don Hatch, Contributing Editor**

At the July Bishop's Committee meeting, the problems of animals in the church were addressed. A new health and safety rule was established that prohibits animals inside the church.

In 2014, St. Jude's Bishop's Committee established a policy addressing animals on the church grounds. The policy provided that there would be no dogs in or around St. Jude's unless they were on a leash, and under control. There were several tripping accidents involving the dogs and the rule was made to protect members of our church. In one of those accidents a large dog, on a leash, running free, jumped up on Beverly and knocked her over. Luckily, I caught her before Beverly hit the ground. Leashing dogs was clearly a safety concern.



**Church cat "Legs" and all other animals, will no longer be able to come inside the church building due to health and safety concerns.**

Shortly after that, several members of the church let the Bishop's Committee know that they were severely allergic to dogs and cats and for some of them, these allergies are life threatening. One member told us her father died from asthma, and that she has been fighting asthma and emphysema for years. Her doctor has her fairly stable and controlled, but there are still incidents when she gets around something that triggers a reaction. In case of an emergency, she always carries an emergency inhaler that costs \$450 each, and an EpiPen that costs \$700 each. She said, "Without those, she would be dead." This information revealed that for some of our members, animals, both dogs and cats were a definite health concern.

This information resulted in the Bishops Committee establishing a rule that banned all animals inside the church. The committee decided to enforce the rule, by talking to the people involved and getting their cooperation. We have become very lax about dogs and cats in the church, and with the new people in the church, they probably don't even know about the rule or the health and safety reasons it was established. It was agreed that we would make an effort to keep all of our members safe and healthy by keeping dogs and cats outside.

I'm probably as big an offender as anyone else because we have an official church

**See "Pets" continued on page 24**



## Around the church yard

By Contributing Editor Don Hatch

**Spaghetti Dinner:** We had a Spaghetti Dinner fundraiser on Friday July 7<sup>th</sup>. Everyone had a great time and no one left hungry. We served spaghetti, spaghetti squash, and Italian meat balls on the side. For sauces, we had a red meat sauce and a creamy Alfredo sauce. There was also salad, bread, dessert, and drinks.

In the past we made too much of everything; so, this time we cut way-back on how much we made. It was about right because we fed everyone during the dinner, we fed the Free Hot Shower and Free Hot Meal folks the next day, and finished off the last of it off during the Aloha social after Sunday Services. Yep, that was about right.

**Beach Service:** Put August 27<sup>th</sup> at 9:30 am on your calendar so you won't miss this. Our annual beach mass is scheduled for August 27th at 9:30 a.m. at Whittington Park Beach.

After the service, we'll have a potluck social with fresh grilled hotdogs and hamburgers, along with lots of potluck dishes. Everyone is welcome.

No seating is available; so, bring chairs for yourself and extras if you can.

The beach mass is a popular event, but it can be a daunting task for those in charge. Volunteers are needed to help set up and take down the barbeque and to move food items, ice chests, etc. from the parking lot to the pavilion. If you can help, please contact Thom White, Beverly Nelson, or Cordelia Burt or call 808-939-7555 and leave a message.

**Directions to Whittington Beach:** from St. Jude's, drive toward Hilo on the Belt Road, approximately 13 miles. Between

mile markets 61 and 60 turn right onto Whittington Beach Park road. Drive about ¼ mile to the park. We're on your right as you enter the park - third pavilion closest to the water

**Jumble Sale & Plant Sale with All You Can Eat Pancake Breakfast:** This is our next fundraiser. The money that is raised with this event helps pay for our outreach programs.

This year it is on Saturday, November 11<sup>th</sup> 2017. Doors Open at 8:00 a.m.

All You Can Eat Pancake Breakfast costs Adults \$3, Children (6-10) \$1, and Younger Children Free. If you are part of our Free Hot Shower and Free Hot Meal family, this will be your lunch and it is free.

We will have Potted Plants, Kitchen Tools, Hand Tools, Home Made Cookies, Gourmet Mustard, St. Jude's Coffee, Mac Nuts, Craft Products, Jams, Jelly, and much much more for great sale prices.

***You don't want to miss this sale.***

**GET YOUR  
RID OF  
STUFF**

Now is the time to start some plants and clean out your closets in preparation for the Jumble sale.

**See "Church Yard" continued on page 23**

# Ka'u Food Pantry News

By Karen Pucci

Ka'u Food Pantry, Inc. next distribution is Tuesday, August 29, 2017 at St. Jude's Episcopal Church on Paradise Circle-Mauka from 11:30a-1:00p. We ask all of our participants to respect the grounds where this will be held. Volunteers are always needed and welcomed, beginning at 0830 on that Tuesday.

We are expanding our services to include [based on availability] free clothing provided by a non-profit, Big Island Giving Tree, pet food provided by the Hawai'i Humane Society. These items are donated to the Food Pantry, free of charge. We are holding a monthly fund raising event at the Ocean View Swap Meet featuring clothing and baked goods available on 2nd Saturday of most months.

The Ka'u Food Pantry, Inc., is staffed entirely by volunteers and is a non-profit agency whose mission is to feed the hungry of Ocean View. We are currently feeding up to 120 families. Our program is designed to provide 1-3 days' worth of nutritious food to help people who run short of money, benefits and/or food by the month's end. As a non-profit, the Pantry is able to purchase food from the Hawaii Food Basket at 18¢ per pound. One dollar can buy a half of a case of food to help your community.

Feeding the Hungry



Last Tuesday of each Month  
St. Jude's Episcopal Church

## Beach Mass

Continued from page 1

If you have a pickup or van, or muscles and a willing heart, we need you! Please contact Cordelia to coordinate how you can help make our annual beach mass fun for everyone.

Remember that there is no seating at Whittington Beach, so please bring your own chairs, and if you have extras to share, bring those too. Remember to invite your friends and neighbors! Just like regular Sunday morning services at St. Jude's, everyone is welcome to attend.

## Volunteer Opportunities Abound at St Jude's

Ka'u Food Pantry ~ Beach Mass Setup ~ Saturday Showers  
Saturday Soup Serving ~ Church clean up ~ Landscaping



**Don't be shy! Get involved!**  
***We need you!!!***

## ISLAND FOOD REVIEWS BY K & A

*Groovin' with the Grazing Girls*

### The Strawberry Patch



How often have you driven by some place and thought, hmmm, this looks interesting but not today?

Well, we finally stopped and this is a delightful little shop. The Patch is only open for lunch Wednesday to Friday. Dinner is Tuesday thru Saturday. We had lunch there with a friend who has also been there for dinner.

The restaurant is right along the highway so its biggest drawback is the noise from the traffic. Those of us who like to sit outside are screened and fenced off from the view but not the noise. The food however makes up for the racket. Quite the surprise actually.

The food is locally sourced as much as possible. The lunch menu is limited to some flat bread pizzas, sandwiches, salads, soups. Prices tend to run a wee bit higher than other like stores but not by much. Most lunch items were \$15 or less. We all indulged in their delicious ice tea. Not flavor infused, just well brewed.

I had the BBQ chicken flatbread pizza (\$15). The bread was chewy with a crispy crust on the sides and bottom. The bread was painted with an olive oil and garlic concoction instead of traditional tomato based pizza sauces. The toppings, generous. I had shredded chicken with a tangy sauce and lots of other goodies mixed in, piled high on 8 pieces of flat bread. Very good.

One of our companions had the grilled cheese sandwich on their in-house baked breads and it too was a tasty combination of cheeses (\$14). A hot grilled pastrami sandwich done as Reuben was equally enjoyable (\$14). Lots of lean meat and again a delicious homemade bread. Crisp potato

chips come with the sandwiches. We even had dessert, their more or less signature dish, apple and pecan delight. Service was good and friendly. Dinner menu is far more robust. It looks intriguing enough to try it when we have an overnight in town again. Curries, chicken, salads, pastas. Dinner prices top out at about \$25 which is not so bad if the food is good. We think it is worth the try.

This is not a particularly heavily trafficked place-certainly the tourists are by passing it-but oh my don't miss it if you are on your way to or from Kona. There a few tables inside and a few outside under the covered lanai. Parking is easy. Gluten free, vegan and vegetarian folks can dine here. Coffee bar and a limited bakery are available inside too. **Girls say Go Graze!**

**STRAWBERRY PATCH:** 79-7491 Mamalahoa Hwy, Kealahou, right next to Treasure Island thrift store 808-322-9060. Open Wed-Fri for lunch 11a-3p. Dinner Tues. thru Sat., 4:00 pm to 8:30 pm. CLOSED SUNDAY, MONDAY. Credit Cards accepted.

**UPDATES:** Annie's now only open for dinner 4:30p-8:30p. CLOSED TUES/WED... **GYPSEA** gelato is either moving or opening a 2nd shop in the Coconut Grove by the Outback...A return to the **Outback Steakhouse** was equally impressive for lunch. I had a faboo Cobb salad with probably a whole grilled chicken breast. Very good Ranch dressing. Anna had their cheddar burger, done to perfection. Meat is seasoned so taste before you salt. She enjoyed the meat and the bun and the cheese! In other words - a decent burger at a decent price.



# SEE ONE ANOTHER

FATHER LESTER MACKENZIE

**Sawubona, Yebho.** This is a salutation you would hear if you were to travel to Johannesburg and Cape Town, the cities where my family live and where I was born and raised. The Zulu greeting “Sawubona” means “I see you” and the response “Ngikhona/ Yeah” means “I am here.” As always, when translating from one language to another, crucial subtleties are lost. Inherent in the Zulu/Xhosa greeting and our grateful response is the sense that until you saw me, I didn’t exist. By recognizing me, you brought me into existence. Sawubona (“We see you”) is an invitation to a deep witnessing and presence. At its deepest level this “seeing” is essential to human freedom.

From the first day of our arrival, Cordelia and the generous people of St. Jude’s Episcopal Church have seen us and welcomed us with joy and love. We experienced being part of the St. Jude’s ohana and will always remember this glorious month in Ocean View. Thank you for praying with Angela, Jonah, Oliver, Cora and I.

Thank you for sharing the Aloha spirit with us. We have been blessed to get to know people in the neighborhood. What a gift to share the shaka with folks in town at our local favorite places. Throughout all our adventures we

experienced the Aloha spirit. Indeed every place has its challenges, and so I know that I will reflect deeper on issues concerning ethnicity, identity and economic justice in Hawai’i and my Diocese.

What we can learn from island life, is how everything is interconnected. I believe that the communities of Hawai’i can lead the

conversation around how a viable future is that of interconnectedness. My future is tied up in your future. We need one another. I am excited that St.

Jude’s offers a sacred gathering space. A space where visitors and locals can affirm, “Look how different they are, but look how they love one another.” I encourage you to continue to ‘see’ one another.

*Inherent in the Zulu/Xhosa greeting and our grateful response is the sense that until you saw me, I didn’t exist. By recognizing me, you brought me into existence.*

**Father Lester MacKenzie**



**Jonah, Cora, Angela, Oliver and Father Lester MacKenzie.**



## FEELIN' GROOVY

BY BUFFY HITES

### *Have you heard the one about the duck?*

Well, it's a groovy little story that I think is worth telling. It's a story I was told by my friend Jerry Wegweiser.

Y'all know Jerry, with the feathers in his hat. I met him at the shower outreach way back, when I first came to St. Jude's. I knew the minute I laid eyes on him that he was somebody I wanted to know. There's nobody that can rock feathers like Jerry. He's a unique individual and here's the story.

A while ago, Jerry's mom was gravely ill. He visited her in Florida. She wasn't expected to live long. It wasn't easy for Jerry to see his mother in distress, but he did anyway, and the folks at St. Jude's prayed for God's will to be done.

During Jerry's visit to his mother, he often walked to a nearby spot where ducks gathered and Jerry enjoyed feeding them. It became a Zen thing for Jerry; at least for a little while, he could focus on something that gave him pleasure and not the pain and suffering of his dear mother. Feeding the ducks was a regular part of Jerry's days in Florida.

Eventually, Jerry's mother passed away. After her passing, Jerry received news that his son was going to be a father. This would be Jerry's very first grandchild, and Jerry prayed for his son and soon-to-be family. When the time came for the child to be



**Proud Grandpa, Jerry Wegweiser rocks the feathers on his hat.**

born, she was a premature, weighing a mere three pounds, one ounce and she had several medical issues.

The baby girl was named Bailey. Again Jerry prayed and the St. Jude's prayer warriors prayed for Jerry's family and for this beautiful granddaughter Bailey. Slowly, Bailey started showing sign of improving health and then one day, not long before Miss Bailey would finally come home, for the first time a duck showed up at Jerry's place. This duck took quite nicely to his water tank.

**See "Duck" continued on page 21**



## Flavor of the Month

Returning to us in August

The Reverend  
Elaine Barber

Serving St. Jude's as visiting priest in August is The Reverend Elaine Barber. This is Rev. Elaine's third visit to St. Jude's, and we are all looking forward to her return.

***Aloha! Rev. Elaine!***

## August Dates to Remember

- 5 Lemonade Party church cleanup
- 6 Bishop's Committee meeting after church
- 27 Beach Mass at Whittington Beach (9:30 a.m.)  
WE NEED HELP!
- 29 Ka'u Food Pantry distribution  
(Volunteers needed)



## Why are you here?

If you would like to share your story of how you found St. Jude's and why you are attending our church, please email it to me, in a word doc, in less than 400 words to [cindycutts00@gmail.com](mailto:cindycutts00@gmail.com). If you have a favorite photo to accompany your story, you can also attach it. If not, Don or I will take a photo of you on a Sunday morning. We will use our basic newsletter guidelines when publishing your stories including only upbeat and positive messages.

Why YOU are here is important to us.. We want to hear from everyone willing to share their experience. We will publish stories in Talk Story and include them in an on-line and retreat collection. So don't be shy! Write down your story of how you found St. Jude's, how you serve and why you are here!

*Cindy*



# We have a new Facebook page



By Don Hatch,  
If you follow Facebook, you may have noticed that the St. Jude's Facebook page hasn't been updated since December. That's because while transferring

the administration duties for the page to another person, the old administrator was dropped before the new one was activated. Despite repeated attempts to have Facebook restore administrative powers to our church page, we have been denied and there is no one who can get into this page to manage it, shut it down, copy it, or authorize a new administrator.

A new St Jude's Facebook page has been created and you are invited to "follow" it, "like" it, "share" it or "comment" on it. You can return to the old St. Jude's Facebook page to "unfollow" if it's too confusing, but the old page will not be deleted, so whatever you may have stored there, remains. If

we are ever able to contact Facebook successfully, we will ask to have the old page and the new page merged to keep the wonderful history that the original page contains.

We have set up a new St. Jude's Facebook page, with several administrators and editors assigned. The link is:

<https://www.facebook.com/St-Judes-Episcopal-Church-394424934292802/>

If you are a Facebook member, you can visit this page and click the "Like" button, you will start "Following" it. This will allow you to see the contents posted on St. Jude's Facebook page on your "timeline."

If you are posting something in your timeline and want it to show up on St. Jude's Facebook page, then simply "tag" the church.

Your Facebook administrators are following the same guidelines and protocol with our

Facebook page as we do with our newsletter, keeping with upbeat, positive and encouraging information that reflects well on our church. Please keep this in mind if you "tag" the church.

We will not give up on regaining access to our old Facebook page, and we are grateful for all the hard work that went into creating and maintaining the original page. We are also determined to keep the wonderful history that's recorded there. If anyone has an inside name or number with Facebook, please share it with Cindy or Don and we'll do our best to plead our case with the Facebook giants.



Gabe Morales volunteered to do some grounds keeping at the church during the month of July.

Gabe has a new business—**Ocean View Landscaping Service**. If you or friends are interested in his help, contact Gabe at [808-339-4672](tel:808-339-4672).

# TURNING PAGES

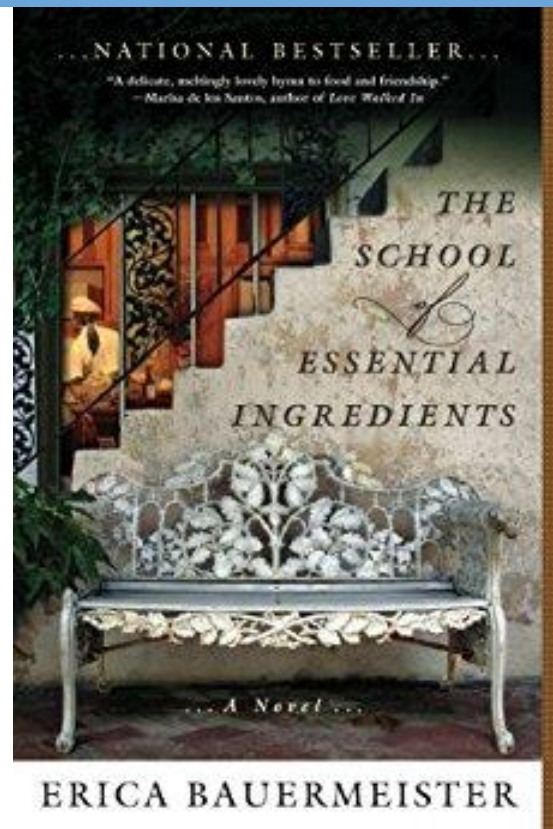
BY ANNA TOWNER

Aloha One and All

Well, I have had so many books and topics run through my mind this time, I just couldn't make up my mind what to write about! That and being so busy that I haven't felt "retired" since July 3<sup>rd</sup>. So here goes....

Back to my original find, Erica Bauermeister. Thank You Judy R. for sharing Bauermeister's The School of Essential Ingredients ( SEI for future reference). For you fans of Joanne Harris' Chocolat and/or Chitra Banerjee Divakaruni's The Mistress of Spices: A Novel, you have a treat awaiting you.

SEI's diction is a tribute to eloquent word choice; just when you think she can't get better, she does. Lillian, the main character becomes interested in cooking when her mother has become none responsive to most external stimuli, except for reading. Reading has become the mother's obsession to the point where eating is only for sustenance, not enjoyment and cooking risky. In fact "...When Lillian reached the age of eight, she began to take over the cooking... [and that] was met with a certain amount of relief on both sides."



Since Lillian couldn't turn to her mother for cooking instructions she began "years of experimentation" not through cookbooks, but through a "pedagogical approach" which is another way of saying "trial and error." Tilo in *The Mistress of Spices* has someone to train her in reading people's needs and which spices to combine for her clients' needs. Vivianne Rocher in *Chocolat* guides

See "Pages" continued on page 14



## WE NEED YOU

BY PHYL LAYMON

**Editor's Note:** *We are compiling a collection of stories from members about how they came to be part of the St. Jude's family. If you'd like to share your story of how you found St. Jude's, please email it to [cindycutts00@gmail.com](mailto:cindycutts00@gmail.com).*

It's an amazing feeling – being needed. It warms my heart and makes me grow as I step outside my comfort zone. I believe the longing to be needed is a basic part of the human soul. When no one needs you, a person tends to shrivel up inside.

I had reached that scary stage in my life. I was handed a plaque saying, "Thank you for your service," and not so gently shoved out the door. "Too old," was never mention – that was illegal. But my career was over. My husband and my son had passed, my other four children were grown and gone. I was no longer needed by anyone.

I retired January 21, 2000 and I was on a jet for the Big Island the very next day. I yo-yoed between Hawaii and Alaska for the next three years, before making that final commitment. Besides separating

from the Greatland of Alaska, I was also in the mental process of separating from the church of my childhood. I hadn't actually taken that final step; it was hard to let go of a lifelong piece of my heart.

I wasn't in a crisis of faith, just at a crossroads of where I had evolved and here my home church had not. Regardless, I needed a church family, especially because I had no family here in Hawaii. As I slowly began to meet people in Ocean View through Seniors, Alanon, Cursillo and other events, St. Jude's Church began to stand out as the center of my world.

Father John Turner was our pastor back then. Long before my time, he had been raised up by the St. Jude's congregation to be their priest. The congregation had nurtured him as he studied for the priesthood and they celebrated his anointing. Everyone loved Father John! Life had honed him, but had not hardened him. He was the most Christian man I have ever met and made it so easy to slide into parish life at St. Jude's.

**See "Needed" continued on page 20**

*I was struck dumb! No one had ever said those words, "We need you."*

Phyl Laymon

## In our prayers...

*We offer prayers of thanksgiving for the countless answered prayers we have received at St. Jude's.*



### This month we pray for:

**Healing:** Peter, Kathy, Larry, Stella, Glenn, Nancy, Mike, Marla, Lee, Jim, Clifton, Sam, Carrie, Richard, Brian S., Bill, Ray, Cynn timer, Beverly, Austin, Thom, Doug, Greg, Norma, Donna, Ted, Austin, Rev. Doug, Greg, Norma, Donna, Ted, Darlene, Stella, Baby Bailey, Richard,, Amy, Dennis;

**Strength and comfort** for all caregivers, mourners and those who face daunting life challenges;

**Safety** for all who are traveling;

**Safety and courage** for all those in protective service (law enforcement, fire fighters, emergency responders, military personnel);

**Blessings and encouragement** for the leaders of St. Jude's and for the many volunteers who keep our church programs operating.

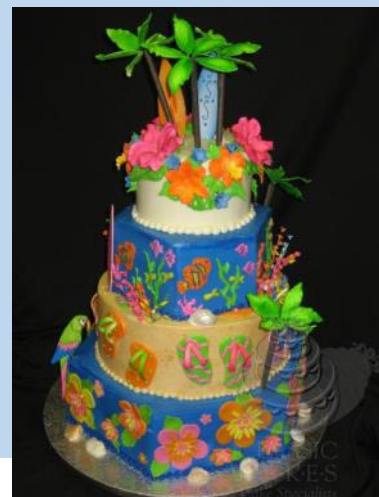


## August Birthdays

- 4 Rev. Elaine Barber
- 8 Anna Towner
- 9 Ben Houghton
- 10 Clifton Hopper
- 14 Stella Kiberu
- 18 Ann Houghton
- 19 Jerry Wegweiser
- 22 Carolyn Coil

## August Anniversaries

- 4 Lee & Carolyn Sampson
- 25 Gary & Deborah Johnson



# Women's Bible Study

**By Beverly Nelson**

I started attending St. Jude's a little over six years ago. When I first started I asked Cordelia if St. Jude's had a women's Bible study. She said, "No, but you can start one!"

Well, I laughed. You see, for most of my adult life I have been studying one form or another of women's Bible study.

Almost a year later, with a lot of encouragement from Phyl Laymon, I took a leap of faith and started a St. Jude's Women's Bible Study, which would be held one day a week at my house. When we first started we had four women in attendance. Now we average between 6 and 12, and our record high was 14.

Our format is very simple. Each week, we study a chapter of the Bible. We begin with praise and prayers, going around the table including all the women attending. We then take turns reading each verse for the chapter we are on.

After this, we answer eight questions, one at a time. (The worksheet with the questions is available on St. Jude's web site.) The questions are designed to help each of us discover how the scriptures speak to us individually. One of the best things about this format is, there are no right or wrong answers, but instead thoughtful revelations of how God touches each of our hearts with His word.

We have a few "hard and fast" rules. One, we do not criticize other churches. Two, we do not discuss politics. Three, what we say and discuss stays in our group; which means - no gossiping.



**Beverly Nelson welcomes you to St. Jude's Bible study, hosted at her home on Monday mornings.**

The women in our study have truly become sisters in Christ, and we trust and respect each other. We laugh and sometimes cry, but feel joy in learning and teaching each other. Along with Sunday at St. Jude's, my week doesn't feel right without Bible Study.

After five years, St. Jude's Women's Bible Study is still going strong. While our group is close in heart and spirit, everyone is welcome to join us. So feel free to make your Monday mornings brighter and join us.

*Beverly*



## Pages

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those who enter her chocolate shop to just the right sweet to make them feel better. Lillian is searching for the right spices and food to “wake up” her mother, to break the obsession with reading and to become the mother Lillian once knew.

Abuelita (means “Little Aunt – an honorific of respect”) has become Lillian’s mentor in all things kitchen. Abuelita scribbles a few things down for Lillian who immediately went home, “opened the bag and inhaled aromas of orange, cinnamon, bittersweet chocolate, and something she couldn’t quite identify, deep and mysterious, *like perfume lingering in the folds of a cashmere scarf.*”

When Lillian brings her mother some of the chocolate milk, mom asks “What is that amazing smell?” Lillian’s Abuelita tells her that this success, Lillian’s success in cooking is “... a gift from her mother...

[because] Sometimes, Nina (daughter), our greatest gifts grow from what we are not given.” It would behoove us to remember that when we are complaining about what we don’t have.

One last thing before signing off on EIS; the student who is a lifetime learner about cooking has become an instructor herself, still using her edalogical approach, has begun a cooking class with life lessons on the very first meeting. One student asks Lillian if they are going to kill the crabs and Lillian says “yes, ... It is the first, most essential lesson.” She compares the killing of animals and harvesting of plants, and even the mold on cheese to “...giving life to something else....” Life, and killing of these items is “an equation” in Lillian’s eyes.”

It is always a treat to find an articulate, nuanced writer who draws the reader into her world with the imagery and passion. Thank you Erica Bauermeister. Thank you Judy.



# THOM WHITE

## North to Alaska

I was blessed this year when our kids sent me a ticket to Alaska for Father's Day. It had been five years since I had been home, even though the kids come each year to Hawaii. After flying for several hours over snow covered mountains, blue glaciers and rivers, and green valleys we landed in Anchorage. It was 5 a.m. and grandkids Ayla and Ashton greeted me at the airport. I felt honored they would get up so early to welcome me.

For the next three weeks, it was family barbeques, baseball games and soccer games. Spring flowers were in bloom and the city was green after the long winter. King salmon were running in Ship Creek downtown and I was able to snag one.

We headed to Palmer an hour north of Anchorage to see Tina and Austin. Austin has become quite the celebrity with his special Spider Man Bus. He was invited to ride in the 4<sup>th</sup> of July Parade and other events.

Tina has started a foundation to recycle wheel chairs and medical equipment and loan out free to those in need. She bought and remodeled a 10 bedroom house with ramps so Austin could ride his wheel chair around like a maze. Tina is amazing but she always says it is Austin that is amazing.

A road trip in the motor home to Homer, Halibut Capital of the World, 200 miles south of Anchorage, took us thru some of my favorite places. We feasted on fresh halibut, shrimp and clams. Don't forget the rhubarb pie.

We attended the opening of grandson Ashton's play "Shriek" where he had the lead as Shriek. He is doing a summer theater camp.



We spent time at Rocky Lake the family retreat, hot tubbing and sailing and inner-tubing.

We made some wonderful family memories. As my time came to return to Hawaii, I felt blessed to have such abundance and love in my life. I am humbled by these gifts and give thanks to our heavenly Father.

Amen *THOM*



## *The time is now*

# Hurricane season preparation

It's hurricane season and a good time to remind everyone to be prepared for an emergency. While the District of Ka'u has been relatively undamaged from recent storms, if a big storm hits the islands, we could all be without electricity or highway access to Kona or Hilo for as long as a week, maybe even longer. It takes time and manpower to clean up after a big storm, and our remote location puts us last on the priority list for damage control after a storm.



**Storm damage can close roads and suspend electricity for over a week in remote areas of Hawaii.**

The County of Hawaii Civil Defense agency now recommends that everyone on island have a disaster preparation kit with supplies for up to 14 days. This is a change from their previous recommendation of being prepared for seven days.

An emergency prep kit should contain the following: Portable radio and flashlights with extra batteries, cell phone battery charger to use in your car or a cell phone pocket charger, first aid kit, prescription and regular over the counter medications, non-perishable foods, Hibachi or gas grill or camping stove with fuel, manual can opener, matches or lighter, paper plates, pet food, and most importantly water. The agency recommends you stockpile one gallon of water per person per day for drinking and personal hygiene. And they recommend that you save empty liquid containers, just as milk or juice jugs, to fill a few days in advance for additional water use.

Hawaii Civil Defense strongly recommends all households sign up for direct notification of emergency information. They will email, text or call you with information on emergencies such as tsunami warnings, earthquake damage advisories, wild fire or storm warnings.

Sign up for the Hawaii Island Civil Defense notification system at <http://www.hawaiicounty.gov/active-alerts/> .

**In the event of an emergency in our community**, be assured that St. Jude's will bond together to work to support our church family.

Listen to radio broadcasts and follow directions from local authorities.

Check your email for messages from Cordelia, the St. Jude's website and the St. Jude's Facebook Group and Facebook Page. Stay calm, pray, help if you can (without being asked) and remember that we serve a bigger God than any crisis.



# Hawaiian culture and customs in Worship at St. Jude's 17

St. Jude's Sunday service is very interesting, because the service is a little different than what you will find in most churches. There are several Hawaiian customs incorporated into worship. Services start by blowing a Ceremonial Pu Shell Horn to the east and the west, in most services. Each Sunday during the service "The Queens Prayer," composed by Queen Liliuokalani of Hawaii in 1895 is sung in the Hawaiian language. Once each month and on special occasions, a prayer is offered through traditional hula.

First time visitors are welcomed with a traditional Hawaiian shell lei, and dear ones who are leaving our congregation are sent off with floral leis. The altar at St. Jude's is also decorated weekly with tropical arrangements that honor time-long Hawaiian tradition.

The Episcopal Church in Hawaii began in 1862 when King Kamehameha IV and Queen Emma invited the Church of England to Hawaii. Back then, they customarily started their services and other ceremonies, by blowing a Ceremonial Pu Shell Horn.

Back in the 1800's they sang most of the songs in the Hawaiian language and a few in English, as a way to help the congregation learn English. Today, St. Jude's does most of the service and songs in English and sings one or two in the Hawaiian language.

Back in the 1800's, the church custom included saying several prayers and songs with a hula. Today, the Hannah Makana Ohana Hula practices at St.



**Buddy calls Sunday morning services to order with his talent on the conch shell.**

Jude's twice each week, and many of our congregation are part of that Hula Ohana (family). Hannah Uribes is the Kumu for the group, which means she is their leader, teacher, model, and guide. She is also their choreographer; so, she designs each dance and then she teaches it to her Ohana (family). All of the music

**See "Culture & customs" continued on page 28**

# St. Jude's WORDFIND #2

Words May Be Found: Forward, Backwards, & Duagonally

A	S	C	I	T	S	O	N	G	R	F	Q	H	P	H	O	I	N	J	A	K
C	W	D	X	A	H	Y	P	O	C	R	I	T	E	S	Q	K	P	L	T	M
W	Q	M	E	X	I	C	A	N	S	B	M	C	L	R	K	E	J	F	H	G
A	U	B	V	C	T	D	D	G	R	F	Q	G	P	H	E	I	N	J	I	K
S	M	T	S	O	B	V	U	S	J	X	I	B	I	G	O	T	S	B	E	C
W	Q	X	N	L	P	Z	L	R	N	B	M	U	L	D	K	E	I	F	S	G
O	I	P	A	L	H	R	T	E	F	T	E	D	D	E	C	W	B	C	T	Y
Q	K	C	I	E	J	T	E	G	N	I	Y	D	F	L	S	Y	D	Z	S	A
K	K	L	S	C	D	N	R	N	B	P	A	H	Z	B	Y	B	X	T	W	U
S	J	N	A	T	I	V	E	A	M	E	R	I	C	A	N	S	I	D	G	E
G	A	E	B	O	Z	J	R	R	X	L	W	S	V	S	U	O	T	A	S	Q
Y	S	Z	W	R	R	B	S	T	P	D	O	T	H	I	E	V	E	S	N	I
S	M	I	L	S	U	M	K	S	J	X	I	S	U	D	N	I	H	B	E	S

## Word-List

TAX COLLECTOR	DYING	AGNOSTICS
THIEVES	NATIVE AMERICANS	ATHIESTS
ADULTERERERS	MEXICANS	JEWS
HYPOCRITES	ASIANS	MUSLIMS
GAYS	BLACKS	HINDUS
LESBIANS	BIGITS	BUDDHISTS
DISABLED	HERETICS	STRANGERS

Word Find is created by Buffy Hites and formatted by Don Hatch. Answers can be found on page 19.

“WE ARE  
 THE **Episcopal** BRANCH  
 OF THE **Jesus movement**”  
 —Presiding Bishop Michael Curry

# Random parish photos



Fae's grandchildren have been visiting from California. Shaden, Autumn and Jazalle have kept Fae entertained and on the go.



Vacation picture from Thom. Perhaps Thom was getting into moosechief?

**St. Jude's WORDFIND ANSWERS**

Words May Be Found: Forward, Backwards, & Diagonally

A	S	C	I	T	S	O	N	G	A	F	Q	H	P	H	O	I	N	J	A	K	L
C	W	D	X	A	H	Y	P	O	C	R	I	T	E	S	Q	K	P	L	T	M	N
W	Q	M	E	X	I	C	A	N	S	B	M	C	L	R	K	E	J	F	H	G	H
A	U	B	V	C	T	D	D	G	R	F	Q	G	P	H	E	I	N	J	I	K	L
S	M	T	S	O	B	V	U	S	J	X	I	B	I	G	O	T	S	B	E	C	D
W	Q	X	N	L	P	Z	L	R	N	B	M	U	L	D	K	E	I	F	S	G	H
O	I	P	A	L	H	R	T	E	F	T	E	D	D	E	C	W	B	C	T	Y	Z
Q	K	C	I	E	J	T	E	G	N	I	Y	D	F	L	S	Y	D	Z	S	A	B
K	K	L	S	C	D	N	R	N	B	P	A	H	Z	B	Y	B	X	T	W	U	V
S	J	N	A	T	I	V	E	A	M	E	R	I	C	A	N	S	I	D	G	E	F
G	A	E	B	O	Z	J	R	R	X	L	W	S	V	S	U	O	T	A	S	Q	R
Y	S	Z	W	R	R	B	S	T	P	D	O	T	H	I	E	V	E	S	N	I	J
S	M	I	L	S	U	M	K	S	J	X	I	S	U	D	N	I	H	B	E	S	D
O	I	P	J	Q	H	R	G	S	F	T	E	U	D	V	C	W	B	X	A	Y	Z
K	E	L	F	M	D	N	C	O	B	P	A	Q	Z	R	Y	S	X	T	W	U	V
G	A	H	B	I	Z	J	Y	K	X	L	W	M	V	N	U	O	T	P	S	Q	R

## Needed

Continued from page 11

One Sunday, Father John announced that Bishop Chang was coming from Honolulu for his annual visit and would be conducting a confirmation service. I had been confirmed at another church at age 9, so I didn't think this pertained to me. However, after Aloha Hour, Father John walked with me to my car. As he opened my door, Father John softly asked, "Phyl, will you join our church? St. Jude's needs you."

I was struck dumb! Never in all my 67 years had any church priest, leader, teacher, member... *anyone* specifically ask me to join the church. No one had ever said those words, or added, "We *need* you."

"Will you join us at St. Jude's Church? We do need you!"

That's the most loving statement we can make to each other. I get chicken skin every time we join hands across the aisle and say the "Our Father" together on Sunday mornings, because we do need each other to make His circle of love complete.



## Kepi's Daughter Update

In early July, Kepi's daughter, Kathy was critically injured in an automobile accident in Florida. Kathy suffered head trauma that included a serious eye injury. Our congregation has been praying for Kathy's recovery; and we also pray for Kathy's medical team, her three children (who were uninjured in the accident) Kathy's husband and Kepi.

The latest update on Kathy as of July 20<sup>th</sup>:

Kathy remains as an ICU patient, in a drug-induced coma as her body rests and heals. Her kidneys are improving and continuing to work. Today the medical team will start to wean Kathy off the thiopental (coma drug). This may take several days depending on any unforeseen complications. Her doctors say Kathy is doing very well considering what she has been through, and are thinking positively about her recovery.

Kepi is extremely grateful for the love, support and prayers from her family at St. Jude's. She sends us the following message: "Your prayers are working. Mahalo nui."

### prayer for the sick

May you be wrapped up in God's love,  
Found deep in His everlasting wings,  
Carried and kept, safe and cherished.  
May the healing power of Christ  
Breathe across your being now.



## Duck continued from page 7

The duck reminded Jerry of his mom. He recalled his walks to feed the ducks during his mother's final days and it was a comforting feeling. Oh, and y'all want to know something else? That duck dropped outta the clear, blue sky, and stuck around Jerry's place for a good bit.

It wasn't long thereafter that Miss Bailey finally grew strong and healthy enough to leave the hospital for home. God is good! Jerry was so grateful that things were looking up.

I believe that signs and messages from God come to us each differently, and by various means. As for Jerry, he believes that the duck was a sign that Bailey was gonna be

just fine. And he takes comfort in thinking of his mother in Heaven, perhaps earning her angel wings and being assigned to be Bailey's guardian angel.

The duck spent a lot of time in Jerry's water tank. Until recently, the duck was a constant sight, but now only drops by in the mornings. Bailey is doing well and Jerry feels fortunate and appreciative that he has been gifted with photos of his precious granddaughter. He is proud to share them with everyone!

I'd have to say the clincher to Jerry's interpretation of the sign of the duck happened plum in the middle of Sun-

day service. Our own Kepi made a baby quilt specifically for Bailey. Kepi designed the quilt with Bailey in her mind and prayers in her heart. When Kepi finished the quilt, she brought it to church to ask the



**Baby Bailey, Jerry Wegweiser's granddaughter.**

priest to bless it, before she sent it on to baby Bailey.

*I believe that signs and messages from God come to us each differently, and by various means. As for Jerry, he believes that the duck was a sign that Bailey was gonna be just fine.*

**Buffy Hites**

When the quilt was unfolded in front of the congregation, Jerry was stunned to see that it was a series of lovely, colorful ducks!

It seems to me that the ducks and God have this baby covered.



**Jerry was delighted to accept Kepi's colorful quilt for Baby Bailey.**



## WHAT'S COOKIN' AT ST. JUDES?

*For I was hungry, and you fed me. I was thirsty, and you gave me a drink. I was a stranger, and you invited me into your home. Matthew 25:35*

# EASY CREAMY NO BAKE CHEESECAKE

## INGREDIENTS

1. 8 ounces cream cheese, softened
2. 1 cup powdered sugar
3. 1 cup heavy whipping cream, whipped
4. 1/2 Tablespoon vanilla extract
- 1 (10-inch) prepared graham cracker crust

## 1 INSTRUCTIONS

1. In a large bowl, with an electric hand-mixer, beat together cream cheese and powdered sugar until combined.
2. In a separate bowl beat whipped cream until light and fluffy and vanilla extract until smooth and combined.
3. Gently stir the whipped cream into the cream cheese and sugar mixture until thoroughly combined.
4. Pour mixture into prepared graham cracker crust.
5. Refrigerate cheesecake for 3 hours or until set. ( I like to refrigerate mine overnight)
6. Serve as is, or with other toppings such as sliced strawberries, liliko'i sauce, pineapple, coconut, chocolate sauce, caramel sauce, or ???



no-bake **CHEESECAKE**

## Church yard

Continued from page 3

**Jack in the Beanstalk:** I like fresh green beans and to make sure I have a ready supply I usually have some Blue Lake Pole Beans growing in my back yard.

This year I've had a Jack in My Bean Stalk almost every week. The Jack I'm talking about is a Jackson Chameleon.

Last week, from a bedroom window, I noticed one resting on the stakes I use for my beans to climb up. Since he was in the brown stake, he was mostly brown, instead of the vivid green the males usually display.

I knew it was a male Jackson because he has three horns on the front of his head male - females don't usually have horns. This was a different way for me to see Jackson, because I usually find them when I reach in to pick a bean or tomato and they move when I get too close. Usually when they move, I do to because all I know is that something moved, but I don't know what moved. They look fierce, but they are harmless, unless you are a bug.

I decided to go out and get a picture of him, then he started to move. He turned sidewise then he got very still again. Then his tongue shot out at least a foot to get some juicy morsel he had spotted. That was the longest I've seen them grab a meal from a nearby leaf. I thought a Jackson Chameleon's tongue was around the same length as its body, but this was at least twice that length.

The Jackson Chameleon or three horned chameleon is from Africa and were brought to Hawaii in the early 1970s. They're similar to the chameleons you see in TV commercials. They have bulging eyes set on the sides of their head. Each eye moves independent of each other, they have pincher shaped toes for holding onto branches, prehensile tails, and long sticky tongues. The one shown here is a male - females don't usually have horns.

**Water System for McKinney Place:** Last month we upgraded the water system at McKinney Place (our vicarage) to include a Sterilight UV Systems.



A Jackson Chameleon snags bugs with a very long tongue. He is a welcome addition to your garden.

Ocean View is a rural area and we don't have community water coming to our houses. Most people have a large water tank on their property ranging in size from 5,000 gallons to over 18,000 gallons.

The water to fill these tanks are hauled from a community water system or collected from rainwater. The water in the tank is treated with Chlorine to keep mosquitos out of the water and kill any pathogens that might find their way into the tank.

The water being pumped out of the tank goes through filters, and then through the High Intensity Sterilight UV System. If anything gets past the filters, the UV system will do a final sterilization of the water.

**Free Hot Shower and Free Hot Meal:** St. Jude's has been providing Free Hot Showers and a Free Hot Meal since Sept. 2013 – Almost four years.

When we first started, our shower count ranged between 13 and 20 showers each week. So far this year we have ranged between 19 and 42, with an average of 28.5 showers each week. The number would be even higher, but we have reached the capacity level for one shower. One of our high priorities is to add a second shower stall.

Last month we added a feature to help the volunteers working the shower that in hind-site, should have added in the first few months of operation. We added an umbrella so the volunteers don't have to sit out in the hot sun every Saturday.

## Pets continued from page 2

cat named Legs that has been at St. Jude's longer than I have. He has become very persistent at coming into the church and we have become lax and have started letting him stay there. And whether Legs knows it or not, he's an animal and no longer allowed inside the church. So in the future, we will gently take Legs outside any time he comes into the church and if he persists, we will put him in Heiburger Hall until the church function is over.

Bishop Bob Fitzpatrick was in immediate support of the decision to enforce the no animals in the church rule. In an email, Bishop Bob wrote, "This is an important conversation and appropriate action. The "conflict" over dogs in church is increasingly common. In one congregation, it resulted in a break of relationship between friends (one seeking comfort from her pet and the other with worsening COPD). I also know of a situation wherein a lay leader of a congregation stopped attending church because of a profound fear of dogs. Leaving aside issues of liability, the Bishop's Committee is taking the faithful course to hold the community together as sisters and brothers in Christ. As Bishop (and therefore Rector), I approve."

We want the folks, that need to bring their



dogs with them, to come to the church functions; so, if we do have that situation, we will open the side doors and the dogs and owners can sit outside, and still be a part of the service or activity. We've done this for Christmas Eve, when attendance exceeded the capacity of our church and it worked out very well.

You're invited to help support the "No Animals in Church" rule. Please welcome dogs and owners to sit outside near the back door. And we will need to be collectively vigilant with helping Legs adjust to the rule. Legs has become very persistent about coming into his church. If you see him inside (or any other animal inside the building,) please take them outside.



From Anna—A BIG thank you to Buddy for all the flower pots he donated for the plant sale. Now the plant sale will be larger than originally planned.

Also, we need containers for leftovers at the church. Please look through your cabinets and drawers for larger plastic containers to recycle. They should hold at least 16 ounces or 2 cups. Cottage cheese, sour cream and yogurt containers are great.



# Medical Van

Continued from page 1

as if it was made for it. The test supervisors discussed setting up a table and chairs on the lanai for a waiting area, similar to the previous medical van protocol.

The Bay Clinic medical van houses both a physician and a dentist. The main door into this van is in the middle of the vehicle. It enters into a reception and waiting area. From the waiting area, if you go to the front of the van you will find a doctor's examination room, and to the back you'll find a dentist's examination room.

The van will be operated like any other Bay Clinic doctor's office, with most of their patients coming in with appointments; however, they will take drop-in patients. Unlike the previous medical van, services will not be free. However the Bay Clinic plans on helping people who don't have insurance, complete the paperwork and go through the procedure to apply for medical insurance. The schedule isn't finalized yet, but the current plan calls for the Bay Clinic medical van to be at St. Jude's one day each week. On the other days, the van will be in Volcano. This schedule may change, depending on the demand.

In the past, St. Jude's has been a faithful partner to the medical van in Ocean View. Along with providing a safe and secure parking area, we also promoted the van with flyers and our website to advertise the services offered and hours open. The church is ready to develop the same relationship with Bay Clinic medical van and looks forward to hosting the many health care professionals that will come to Ocean View.

Bishop's Warden, Cordelia Burt has been instrumental in bring a medical van back to St. Jude's. She is quick to recall the two lives that were saved at St. Jude's because trained medical personnel were in the parking lot when two different life-threatening scenarios occurred.

"Remembering as a child how hard it was to wait



**The Bay Clinic medical van includes a wheel chair lift.**

for Christmas to get here... well, I feel the same about the arrival of the Medical Van from Bay Clinic," Cordelia said.

Cordelia fielded phone calls when the large blue motorhome, with the Bay Clinic logo splashed across its side was spotted parked in the bus stop area at the entrance to Hawaiian Ranchos.

"For those that saw the van in the area by Malama Market, it was here on a 'get the bugs out' run. It seems that they are having a problem with the hydraulics and the expert from the manufacturer was driving with them to see if all was well. They will do another run before time comes for them to set up shop and take appointments."

So when will the Bay Clinic medical van be open at St. Jude's? Stay tuned and watch for a banner to be put up at church announcing dates etc.

Cordelia is hopeful, optimistic, but realistic, "Like Christmas the van will appear," Cordelia chuckled. "But I'm not promising which will be first."

	8:00 AM	9:00 AM	10:00 AM	11:00 AM	Noon	1:00 PM	2:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	9:00 PM
<b>Monday</b>		<b>Senior Nutritional Program</b>							<b>Hula Practice</b>		<b>NA</b>	<b>AA</b>		
			<b>Women's Bible Study @ Bev's 10:00 am</b>											
<b>Tuesday</b>		<b>Food Bank</b> (setup & Divide food)		<b>Food Bank</b> Monthly Last Tue.										
<b>Wednesday</b>		<b>Senior Nutritional Program</b>							<b>Brownie Meeting</b>			<b>NA</b>		
<b>Thursday</b>		<b>Hula Practice</b>								<b>Al-Anon</b>	<b>AA</b>			
<b>Friday</b>		<b>Senior Nutritional Program</b>						<b>St. Jude's Events</b>						
		<b>Men's Bible Study @ McKinney Place</b>						<b>Band Practice</b>						
<b>Saturday</b>		<b>Free Hot Shower</b>									<b>AA</b>	<b>NA</b>		
		<b>Free Hot Lunch With Shower</b>												
<b>Sunday</b>		<b>St. Jude's Eucharist Services</b> & Aloha Poluck Social After Services						<b>Marshallese Full Gospel Church</b>			<b>Marshallese First Assembly of God</b>			

Indicates this is a St. Jude's Function

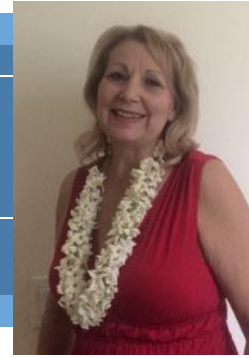
AA = Alcoholics Anonymous  
 NA = Narcotics Anonymous

# St. Jude's Weekly Schedule

[www.stjudeshawaii.org](http://www.stjudeshawaii.org)

# CAMERA SHY CAT

BY CINDY CUTTS, EDITOR



I wanted a photo of Legs, the church cat, to go with the story on page 2 about enforcing the church's "no pets inside the church" rule. That decision meant that Legs was getting kicked out of his favorite snoozing place. So a photo of Legs was the perfect accent to draw attention to the story.

After Don turned in his story, he drove over to the church twice to snap a quick picture of Legs. But he couldn't find the cat. Both times Legs had been spotted earlier, but wasn't there for a photo. Then Don and I both searched the old Facebook page to see if there was a picture of Legs, but we couldn't find one. Don promised to go back and try to photograph Legs on Saturday.

On Friday, I had business at the church, and when I pulled into the lower parking lot, I was surprised to find two police cars parked in the lot. Then I noticed an unusual quiet at the church. I knew that the seniors group was meeting at the church, and usually when I stop by the church on a seniors day there's a buzz in the air with laughter, loud voices and activity. But this day, it was totally, eerily still.

I sat in the truck for a minute, wondering if I had stumbled onto a hostage crisis, or some other criminal activity. I called Cordelia to see if she wanted to know the cops were there, but she didn't answer her phone. It was so strangely quiet; I didn't even see anyone outside using the WiFi. I fidgeted in the truck a bit, trying to gather my courage to go check things out, when I remembered that I wanted that photo of Legs.

Without hesitation, I grabbed my cell phone, locked up the truck and went on up toward the

church, in search of the fugitive cat. When I walked up the steps, I could see two uniformed officers conducting a lecture of some sort to a very solemn group of seniors. So much for my hostage theory.

I didn't go inside the church, but I scoured the church grounds, looking for hidey-holes or places where I thought a cat might hang out... and I couldn't find Legs!

I went home without the photo. But I thought about how silly the whole thing had been. My brain had leapt from worry about a serious crime in progress, to my persistent, obsessive need for a photo - *in a millisecond*. I was willing to stand by and let a crime happen, but I wasn't willing to let a photo opportunity sneak by. Is there something wrong with me?!

Maybe. But my thought process was focused on my reality. The photo was for an important story! I wanted to be sure to draw attention to Don's story. Not the part that animals are no longer allowed inside the church—but WHY the rule is being enforced.

Undoubtedly there will be pet lovers unhappy with the new rule without an explanation. But the health and safety concerns involved are real, and I'm pretty sure there is no one in the St. Jude's family that would intentionally put someone's health in jeopardy, just to have a pet inside the church. I'm confident that if everyone understands that we have members with life-threatening conditions that make it unsafe for them to be around those loveable furry critters, we will have complete support for the new rule.

Now if somebody can just find that darn cat...



**Left to right Marty Marsh, Sandra Yokum, Sue Fine, Thom White, Sandy Shelton and Kepi Davis dance to “Power of His Love” on Sunday morning.**

## **Culture and customs** continued from page 17

Hannah choreographs is used by the church, or approved by the church and some are actually based on prayers. For example, the group dances hula to "The Queens Prayer."

In Hula, the hand motions are graceful hand signals, similar to what a deaf person might use, and when dancers perform a hula they are actually saying a prayer telling a story or singing a song with their hands. At least once each month, and on special occasions, such as Weddings, Memorials, Easter and Christmas Eve, the hula group performs a hula prayer as part of the service.



# St. Jude's Beach Mass



## Please Join us

**August 27th at 9:30 a.m.  
At Whittington Park Beach**

**After the service, we'll have a potluck social  
with fresh Grilled Hotdogs and Hamburger,  
along with lots of potluck dishes**

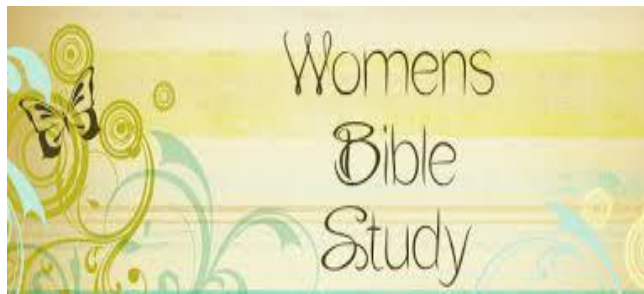
## Everyone is Welcome

**No seating is available; so, Bring chairs for yourself and extras if you can**

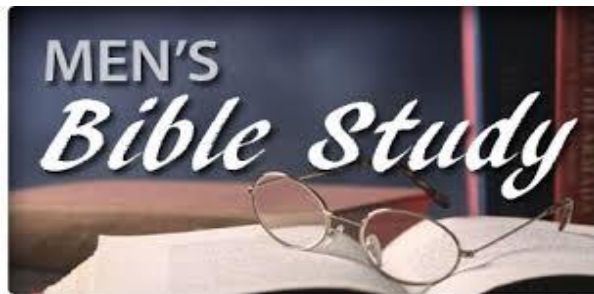
Directions: from St. Jude's, drive toward Hilo on the Belt Road, approximately 13 miles. Between mile markers 61 and 60 turn right onto Whittington Beach Park road. Drive about 1 mile to the park. We're on your right as you enter the park - third pavilion closest to the water

**Volunteers are needed to help set up and take down the barbeque**

Contact Thom White, Beverly Nelson, or Cordelia Burt or call 808-939-7555 (leave a message)



**Mondays at 10 a.m.  
At Beverly Nelson's Home**



**Fridays at 9:30 a.m.  
McKinney Place**



## Lemonade Party

August 5, 9 a.m. to 11 a.m.

Monthly Church Clean up  
Followed by lemonade & hot dogs.  
*Many hands make light work.*

## Talk Story

A monthly news magazine published by St. Jude's Episcopal Church in Ocean View, Hawaii.

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Previous *Talk Story* editions available on our website at [www.stjudeshawaii.org](http://www.stjudeshawaii.org)

**Publisher:** St. Jude's Episcopal Church **Production Manager:** Richard Burt

**Editor-in-chief:** Cindy Cutts ~ **Contributing Editor** Don Hatch

**Photographer:** Don Hatch, Cindy Cutts, Thom White

**Columnists:** Don Hatch, Karen Pucci, Buffy Hites, Phyl Laymon, Anna Towner, Beverly Nelson, Thom White

**Proofreader & Fact Checker:** Beverly Nelson, Cordelia Burt, Cynn timer Salley

***We welcome submissions!***

**Submission Guidelines:** 500 words maximum.



Uplifting, informational and reflective stories poems, recipes, memories, etc.  
Submit as a Microsoft Word doc attachment, or as the text of your email.

**For more guideline details visit** [www.stjudeshawaii.org](http://www.stjudeshawaii.org)

Photos must be submitted as jpgs & emailed as attachments.

Photographs will not be returned.

Submit via email to: [cindycutts00@gmail.com](mailto:cindycutts00@gmail.com)

**Deadline for newsletter submissions is the 20<sup>th</sup> of each month.**

Authors retain copyrights to submissions