



Talk Story



St. Jude's Episcopal Church—Where Jesus talk is a daily walk.

92-8606 Paradise Circle
P.O. Box 6026
Ocean View, Hawaii 96737

(808) 939-7000
www.stjudeshawaii.org

Volume 6 ~ Edition 7
August, 2019



Shower crisis averted Thanks to teens

Thanks to Dejah and Zander, St. Jude's Saturday Shower stayed on schedule. When regular volunteers did not arrive last month, Dejah and Zander stepped up to help with a smile.

The two teens set up the table, secured the supplies and stayed to manage the showers until 1 p.m. at closing.

St. Jude's is blessed to have the energy and love of these amazing young people.

Thanks Dejah! Thanks Zander!



Cosmetologists, Kady and Drew Foster provide free haircuts for our Saturday shower family, one Saturday every other month. Clients sign up for about 12 slots on "hair cut day" and receive haircuts after their showers.

The next scheduled Free Haircut Day will be on Saturday Sept. 21st.



CONFIRMATION

BY CORDELIA BURT, BISHOP'S WARDEN

Confirmation: A rite in which we express faith and commitment to Christ and, by prayer and the laying on of hands by the bishop, receive strength from the Holy Spirit to continue in the life of faith and commitment. Confirmation is prepared for through a period of study in confirmation classes or enquirers' class and involves the reaffirmation of baptismal vows. The acceptance of adult responsibility in the church may be repeated; the service is then called on of Reaffirmation. Adults baptized by a

priest are expected to be confirmed also, but adults baptized by a bishop with the laying on of hands may consider themselves confirmed as well. The service of Reaffirmation is still available, however. When someone confirmed in the Roman Catholic Church or one of the Orthodox churches goes through this service as a way of identifying publicly with the Episcopal Church, the rite is said to be one of reception.

Taken from:
A New Dictionary for Episcopalians.

A surprise trip for a big birthday

Charlotte's first birthday was coming up on June 16th and everyone in the family was sad because Nana wasn't going to be there to help celebrate the milestone.

Well Papa didn't want Nana to miss out, so he sent Nana on her way to California to surprise the little miss and her mama.

Tammy, Matthew and Nana drove up to Alamo on Friday to surprise the Caporusso family (Nana had been in Taft since Tuesday and Stephanie didn't know a thing about it). When Stephanie and Charlotte opened the door to her knock Nana asked, "Can I RSVP now?"

Needless to say there were tears of gladness and many hugs, laughs and memories that will have to last another year.



Happy 1st birthday to Charlotte!
Four generations of smiles.



Around the church yard

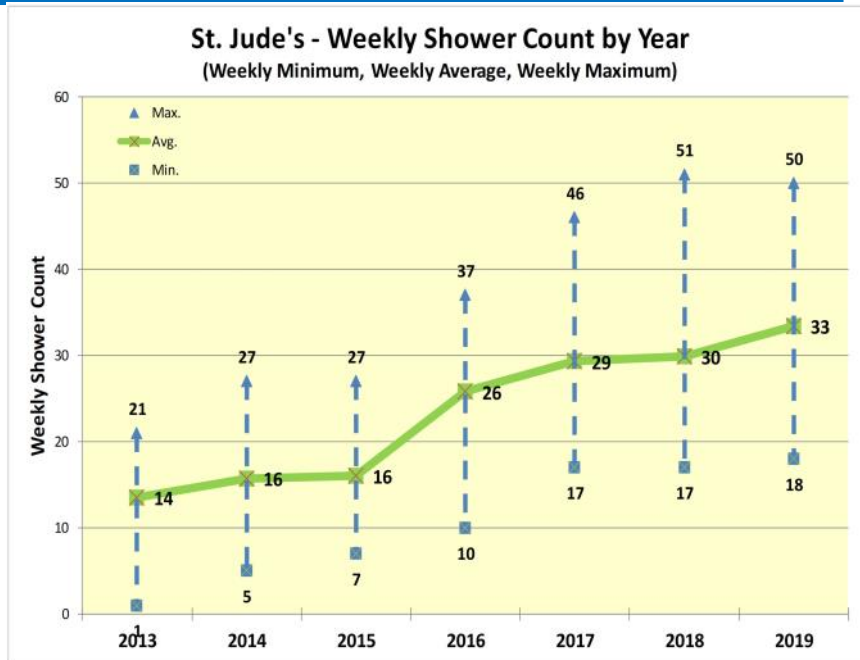
By Contributing Editor Don Hatch

Showers: We started our free hot shower service on Sept. 21, 2013 – 5 years 10 months ago. Since then we have hosted 7,267 showers. You can see from the graph of the Monthly Shower Count how we have been growing each year since we opened. In Feb. 2018 we opened a second shower booth which shortened the wait time to get a shower.

When we started this program we had planned on simply providing the free hot showers to our friends in the community, but on the first day we were open, Elaine Meier had prepared soup for a Habitat Build and Habitat Build had more food than they had people. So Elaine brought it down to St. Jude’s for the shower patrons. Soon food became part of our mission.

Over the last several months part of our congregation has been on the mainland and we have had a shortage of volunteers to fill all the necessary jobs. But we have been able to keep things going when members of our shower family volunteer to help.

I remember one Saturday when two of our teenagers, Dejah and Zandar were asked to help set up the shower supplies. They not only helped set up the table and get the supplies ready, they stayed and managed the showers until we closed at 1:00 pm.



Giving Tree: On Saturday, July 20th “Giving Tree” set up tents and tables in our lower parking lot and gave out lots of clothing and various other items like toothbrushes and razors. This time they

See “Church yard” continued on page 19

Groovin' with the Grazing Girls

By Karen Pucci

We will not bore you with our trip to Seattle and Vancouver other than to say we ate our way through the Northwest. Again. We did try some new places and hit some food trucks as well. We had our Copper River salmon but not much Chinese. I found a food truck in Vancouver that served "hosin chicken wrap" which was in fact an oversized crepe stuffed with mu shu chicken. Quite delicious but that is about as close as we got. The one thing that stood out was a place called McMenamins. This is a company that goes around and buys up abandoned property, like schools, warehouses, etc. and re-invents them as a commercial enterprises like restaurants, brew pubs, shops and hotels in Washington and Oregon. Many of you from these areas may be well aware of this but it was our first experience with them. We met a friend in one in Bothell, north of Seattle. It was situated on an old closed high school campus. The place was hopping and had all the aforementioned enterprises in this "village." Food was good BTW. I could see great things should they expand into the Rust Belt and take over some of the closed manufacturing plants.

HERBIVORES: This is a very delicious spot to indulge your food fantasies with a lot less guilt. It is a vegan walk-up that can fool most of us with its renditions of Chik'n, pork, cheeses, breads. One of the cool things we like is it offers placards on how to eat a balanced diet as a vegan. We went on the recommendation of our house sitters, Ray and Lodema Hatch. For those who were here, and

have been here when they are on island, their vegan dishes are renowned and a big hit at St. Jude's. They understand good tasting food and this little gem delivers. The menu is surprisingly diverse with things like "pizza", "tacos", "sandwiches", "bagels". The owners strive for local organically grown produce, fruit, veggies, nuts. There were four of us so we have a pretty decent sampling of its dishes. "Mostly raw" walnut tacos (\$9.75) are ground and suitably spiced walnuts. It tasted like taco meat. The taco shell was a lettuce wrap and that was perfectly acceptable. We had the "chik'n alfredo" pizza (\$24.00). No dairy, chik'n was not chicken but some plant based item(s) that sure tasted good. Budda Bowl is yummy as is the "mostly raw" Pad Thai, both priced at \$9.75 each. We have every intention to return to try more pizzas and maybe a sandwich or two. Our bill was about \$77 with tax and tip. The most expensive item was the pizza at \$24.00. Most items start at \$9 and up, so it is a mid priced food joint. Vegans, vegetarians, gluten free folks will be happy with their choices. Us omnivores will like it too. The kitchen is small building in the parking lot in front of TK Noodle. Outdoor seating only but there are umbrellas. All the dishes, cups, plates, utensils, take out boxes are recyclable to boot.

Girls say Go Graze!

HERBIVORES-75-5722 Hanama Pl (in the parking lot in front of TK Noodles and by BIG ISLAND GRILL), open daily 7:00a-8:00p. Credit cards accepted.



FEELIN' GROOVY

BY BUFFY HITES

Hey All

I've been here in Iowa a few weeks now and the weather is quite chilly for this time of year. The last couple of days have been about average in the 70's. Having 50 degree days in May is really weird and I've lived here most of my life.

It's good to be back with my family. I got a ride on the Harley with Josh which I absolutely loved. We didn't go far but I sure did enjoy it. There's just something about having that wind on my face and the rumble of the bike that just sets me free. Those of you that ride understand exactly what I'm sayin'. It's been a few years since I've been on a big bike. Don't get me wrong I loved that moped and it's a great way to get the wind at your face but nothing compares to the rumble of the Harley. The buzz from the moped just ain't the same.

In the past I've spent many hours riding on the back of a bike and quite a number of hours driving my own bike. It's really one of my favorite things to do it's definitely one of my happy places. I'm feeling real fortunate that my son Josh has a Harley and he's willing to take me riding. He told me the last time that I've been his best passenger yet. Imagine that - I still got it! (the gift of riding well).

Somehow I imagine Heaven has highways just for us old bikers to ride on. There's not much that compares to riding or driving for that matter, on a motorcycle. It's my kind of Heaven on



Josh took Buffy for a ride on his Harley.

earth. I've rode on Triumphs for the most part and they rumble like a Harley. Fortunately, the time I spent riding was done during my sober years with other sober bikers. The dark side of riding I really know nothing about. My experiences with bikes have all been good ones and I wouldn't trade those for nothing. I loved it!

As far as bikes go I love a Harley but I'm not picky. If someone were to show up on a Honda I'd be just as quick to take a ride. I'm hoping one day to have my own bike again or a moped like I said I'm not picky. The boy tells me Harley has a 500 model. Hmm...interesting but whose buying?

See "Biker Buffy" continued on page 12



GIFTS

BY PHYL LAYMON

I am finding my 80s to be a bit more challenging than the previous 70 years! Especially the past eight and a half months! A nasty fall at Walmart, on June 24th has been the last straw!

So, I have to actively look for my blessings!

I remind myself of that old premise that

every day is a gift! That's why they call it "The Present."

I remember it's like Christmas and my Birthday all rolled into one. There are big presents and little presents and even a few "what the heck is this?" presents — but mostly it is just an ever changing kaleidoscope.

I love how each "present" has its own color. I wake up to a beautiful pink and gold dawn. I take my first cup of coffee out on the lanai and savor every moment.

Later, I watch the flaming sun drop into the deep blue sea. Sometimes there is a rare green flash— sort of like a cherry on top. Then a myriad

of fiery hues

dance across

the sky, slowly

gobbled up by

the many shades

of purple —

which then morph into a

stunning cobalt blue!

I so love being surrounded in cobalt blue—it enchants me. If ever I were invited to a fancy ball, my gown would be cobalt blue!

Lastly, a black velvet blanket embroidered with a zillion twinkling lights tucks all around me. I hang over the rail as far as I dare — taking one long last look at this day's "Present" before heading off to bed, to dream of better days ahead.

I remind myself of that old premise that every day is a gift! That's why they call it "The Present."

Phyl Laymon



Flavor of the Month

Look who's coming back in August

The Reverend
Doug Coil
And his lovely wife
Carolyn

Welcome home.



Birthdays

- 4 Rev. Elaine Barber
- 8 Anna Towner
- 9 Ben Houghton
- 14 Stella Kiberu
- 15 Mark Shattuck
- 18 Ann Houghton
- 19 Jerry Wegweiser
- 22 Carolyn Coil



Anniversaries

- 4 Lee & Carolyn Sampson
- 25 Gary & Deborah Johnson





WHAT'S COOKIN' AT ST. JUDE'S?

For I was hungry, and you fed me. I was thirsty, and you gave me a drink. I was a stranger, and you invited me into your home. Matthew 25:35

Baked Oatmeal

Ingredients

- 3 cups Old Fashioned rolled oats (not instant oatmeal)
- ¼ cup Agave syrup (Or 1 cup sugar)
- 3 teaspoons ground cinnamon
- 2 teaspoons baking powder
- 1 teaspoon salt
- 1 cup milk
- 2 eggs
- 2 teaspoons vanilla extract
- 1/4 cup melted butter
- ¼ cup melted coconut oil
- ½ cup unsweetened applesauce
- 3 small bananas mashed
- ¾ cup blueberries
- ½ cup chopped walnuts
- 1 cup coconut for topping



Directions

1. Preheat oven to 350 degrees.
2. In a large bowl, mix together oats, cinnamon, baking powder, and salt. Beat in milk, syrup or sugar, eggs, melted butter, mashed bananas, applesauce and vanilla extract.
3. Stir in blueberries and walnuts.
4. Spread into a 9x13 inch baking dish or spread into individual baking dishes.
5. Sprinkle with coconut.
6. Bake in preheated oven for 45 minutes or until coconut is brown and toothpick comes out clean.

In our prayers...

We offer thanksgiving for the many answered prayers we have received at St. Jude's.

This month we pray for:

Kindness, tender-hearted forgiveness and love in our relationships.

Healing: Elisha, Marvelle, Faye, Jim, Leah, Thom, Jeanne, Cordelia, Sigi, Steve, Phyl, Tammie, Carrie, Kym, Frankie, Max, Austin, Thom, Brian, Stella, Richard, Constance, Britney, Labra, Chuck, Naomi, Ray, Cynn timer, Amy, Sam.

Strength and comfort for Sandra, Leonard, Lindsay and all who suffer loss.

Healing and restoration of broken hearts, families and relationships;

Safety for all who are traveling.

Safety, wisdom and courage for all those in protective or public service (law enforcement, firefighters, emergency responders, military personnel, teachers, administrators, clergy, physicians, nurses, medical team members, civil leaders);

For protection from natural disasters, violence and tragedy and restoration of lives forever impacted.

For more volunteers, willing hearts to support the shower ministry, the Saturday soup kitchen and the computer lab.

Blessings and encouragement for the leaders of St. Jude's and for the many volunteers who keep our church operating.

Longs Drugs

Prescription medication delivery to Ocean View

Longs Drugs in Pahala is now delivering prescriptions to the Ocean View Community Center (OVCC) on Tuesdays between 8am and Noon.

When patients receive alerts that their prescriptions are ready, they are to call Longs at (808) 928-6252 to request delivery to OVCC. No controlled substances are included in this program.

If payment is required, patients must have a payment card on file at Longs in Pahala.

Note: Ka'u Wellness patients' prescriptions will be delivered to Ka'u Welless (92-8691 Lotus Blossom Lane, Ocean View) for pick up.

Questions? Call Longs at 928-6252 and ask for Leisha.



	8:00 AM	9:00 AM	10:00 AM	11:00 AM	Noon	1:00 PM	2:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	9:00 PM
Monday				Senior Nutritional Program					Women's Bible Study (@ Bev's 10:00 am)					
									Ka'u School District Computer Lab					
Tuesday														
Wednesday														
Thursday														
Friday														
Saturday														
Sunday														

Indicates this is a St. Jude's Function

AA = Alcoholics Anonymous
 NA = Narcotics Anonymous

St. Jude's Weekly Schedule

www.stjudeshawaii.org

Shower Day



We need Bingo Prizes!

Anything from trinkets, candy & toys for the kids, to socks, toiletries, & other items for adults.

The last
Saturday of the Month
The next Bingo Days
August 31st
9 a.m. to 11:00 am.

Dates To Remember in August

- 3 Lemonade Party
- 4 Bishop's Committee
- 11 Bishop's visit
- 11 Confirmation Sunday
- 27 Ka'u Food Pantry
- 31 BINGO Saturday

Coming up

September 17th—Mobile Veterinary Spay & Neuter Clinic
September 21—Free Haircut Saturday
October 4th—Oktoberfest.

Biker Buffy continued from page 5

I just need the wind and the road to be part of my world. God has given me Josh and his beautiful Harley Sportster for now and I'm just gonna enjoy every minute he gives me.

I can remember when I was very young being taken for a motorcycle ride and I was hooked. My first vehicle was a Yamaha moped which we called a "Yamahopper." I had that baby awhile until I upgraded to an Olds Cutlass.

Whether I'm driving my own or riding with someone else the world looks different from a motorcycle or scooter as I prefer to call them. Although riding has it's down side like bugs, weather, traffic and such things as safety. What about an accident with a scooter?! Deadly situation right! Taking the good with the bad is what we all have to do everyday of our ever-loving lives. I pray every time I ride and fortunately God has kept me safe. I have lost a few friends who passed in motorcycle accidents. My family knows that if ever I'm killed in a scooter fatality that I died happy. (And hopefully quickly). Anyways folks that's my view on the 'happy place' junction.

I've heard that my next adventure will be kayaking. I've always loved floating the river on an innertube, not so much a canoe person but only because I lack experience. I'm a bit nervous about it but I know I'll be just fine and I guess if I suck at it, I'll just have to tie my tube to their kayak so I don't get behind too far.

God is so good. I'm grateful for my loving and supportive family. It means a lot to know that people love and care and pray for me. It's a new chapter in my life. I don't know what this life has in store for me only God does and He's not telling. I'll have to trust that he knows what's best for me and that He won't give me any more than I can handle.

I also believe that God has more faith in me than I do because I've made it this far and I've had many times that I doubted myself. These days I just do my best to keep on doin' the next right thing and so far I gotta say it's working.

Our God is an awesome god indeed and I'm blessed to be a child of His. Some days are better than others and I've had my share of disappointments in this life. I have to say though that everything has happened for a reason and that my mistakes have taught me lessons. At times I've made mistakes that don't make me a failure, they just tell me what doesn't work. If I tried 10,000 times unsuccessfully, I'm not a failure because I have successfully found 10,000 ways that it doesn't work.

I've been counting on God to keep me positive and in the right frame of mind and as long as I keep doing this - my life will be peachy keen.
Y'all have a good one and mahalo for reading.

Aloha to All,

Buffy



ON THE ROAD

BY THOM WHITE

Alaska called this year and like the humpback whales I too journeyed north on a red-eye flight arriving at 5 a.m.

The sun had been up for several hours and it felt more like noon. The snow covered mountains glistened in the distance. Daughter Shanti and granddaughter Ayla were there to meet me. I felt honored our teenage granddaughter would get up at 4 a.m. to welcome me.

As we drove thru Anchorage the city was a picture of color. Lilacs and ornamental plum and crabapple trees were blooming every where along with massive hanging baskets and flower beds of red, purple, orange, yellow transformed the last reminders of winter.

Our grandkids had a lot to celebrate this year. Sweet sixteen birthday for Ayla, high school graduation for Kalya and a wedding for Austin's brother Robert. Also I would get to have Father's Day with our Alaska family, which we did at Benihanas.

Watching Austin and Ashton play video games made such tender loving memories. Midnight barbecues and boating and fishing always remind me that I am in the Land of the Midnight Sun.

I hosted a Jambalaya Party for the family. Throw a salmon on the barbie anyone?? We had glorious sunny weather in the 70's. I got to visit some of my favorite places, Mat Su Valley, Chickaloon, Talketna, Hatcher Pass, Girdwood n Alyeska reminding me why this is called the Great Land.

After 2 weeks in Alaska I flew down to Portland, Oregon with daughters Shanti and



Breakfast with Austin and the gang.

Devki and grandson Ash for a road trip to see our old homestead in Cottage Grove from the 70's. Our youngest daughter Devki was born there. This visit was on my bucket list.

After picking up our SUV we headed south. We were spending the first two nights at Bellnap Hot Springs Lodge on the Mc Kenzie River a couple hours south of Portland. It's a wonderful lodge and garden, with a huge swimming pool of 104 degrees water, which soothed out travel aches. The hot springs, used by native people goes back thousands of years. It was discovered in 1870 and over time developed into the modern day lodge.

Throughout the lodge historical pictures show travelers coming by horseback, horse and buggy and wagon and Model T. In the 1920's the resort was popular with famous people such as Clark Gable and Hubert Hoover.

See "On the road," continued on page 17

Ka'u Food Pantry Distribution

August 27th

By Karen Pucci

Ka'u Food Pantry, Inc., next distribution is TUESDAY, August 27, 2019 at St. Jude's Episcopal Church on Paradise Circle-Mauka, from 11:30a-1:00p or until the food runs out, whichever comes first. We ask all of our participants to respect the grounds where this will be held. All dogs, including service dogs, must be on leash and out of the way of foot traffic. Volunteers are always needed and welcomed, beginning at 8:30 a.m. on that Tuesday.

For emergency assistance please call Allan Humble at 253-486-3917.

The Ka'u Food Pantry, Inc., is staffed entirely by volunteers and is a non profit agency whose mission is to feed the hungry of Ocean View. We are currently feeding up to 120 families. Our program is designed to provide 1-3 days worth of nutritious food to help people who run short of money, benefits and/or food by the month's end. As a non profit, the Pantry is able to purchase food from the Hawaii



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Food Basket at 18¢ per pound. One dollar can buy a half of a case of food to help your community.

Donations of non perishable food items and funding are welcomed. You may donate funds via St. Jude's-just write Food Pantry in the memo area of your check. Checks maybe written directly to the Food Pantry as well. Make the checks payable to the Ka'u Food Pantry, Inc., P.O. Box 6184, Ocean View, HI 96737. Your monetary and food donations may be deductible pursuant to I.R.S. Code §501 (c) (3). Mahalo nui loa for all your support.

Volunteers are needed

Saturday Showers Saturday Soup

Saturday Clean Up Saturday Bingo

Saturday Fun!

Join our members and Jesus as we share our church facility and our neighborhood resources with the community.



Education for Ministry mentor training

An Education for Ministry (EfM) Mentor Training took place at the St. Anthony's Retreat Center on O'ahu, May 24-26, 2019. Pam McCoy, a trained Mentor and organizer of the training, has been a strong advocate for EfM, and encourages all persons interested in furthering their call to Christian service, to explore this program and perhaps become a mentor in their church and community. The following is shared by Pam McCoy:

Education for Ministry is a four-year program in religious studies and reflection from the School of Theology at the University of the South. Participants enroll one year at a time, meeting weekly in a small group (no less than 6 people, no more than 12), with a trained mentor. The program has existed since the 1970's and currently has about 6,300 enrolled.

Andrew Han, a first generation Korean American, was the trainer, and three mentors returned with plans to lead groups at their churches: John Condrey plans to start EfM at St. Mark's in Honolulu, and Cynn timer Salley and Teri Martindale will be restarting a group at St. Jude's on the Big Island

For the first time, Education for Ministry in Hawaii included native Hawaiians among the trainees. Kahu Ha'aheo Guanson, Kent Ka'ahanui, and Kahu Kaleo Patterson, who are all active in prison ministry, attended the mentor



Teri & Cynn timer joined in celebrating EfM Mentor Training with Kihei and Coconut.

training to investigate the possibilities of offering EfM to those incarcerated in Halawa Prison on O'ahu. They brought kihei for all to wear at the celebration of the Eucharist, with a coconut to serve as a metaphor for our connection to God (pictured at top).

They also brought each attendee a gift to treasure always, Ka Baibala Hemolele, the Holy Bible in Hawaiian and English, to remember our training together.

They were joined by the Rev. Phil Paradine, a retired Episcopal priest, who has an active ministry in the Hawai'i State Hospital and the Honolulu Federal Detention Center.

All attendees completed training and are certified to lead EfM. It was a joyful and Spirit-filled weekend.

EfM begins at St. Jude's on September 3rd. **Pre-registration is required.**

See Teri or Cynn timer to register.

THE BISHOP IS COMING!

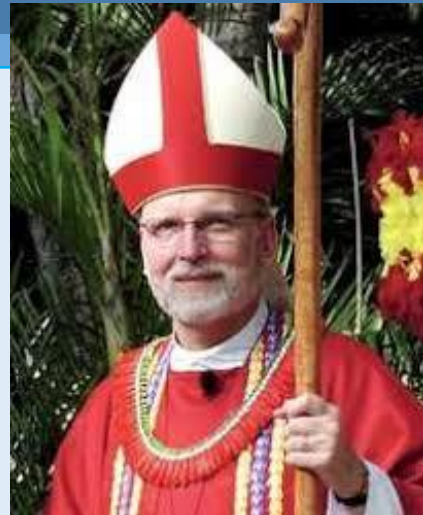
August 11th

Confirmation Sunday

The Right Reverend Robert Fitzpatrick

Will visit St. Jude's for Confirmation

and Aloha Hour.



Marvelle Rau, Steven Soren and Steven Houston will be confirmed and Kepi Davis, Phyl Laymon, Diane Nelson, Thom White and Buddy Sherfield will be Reaffirmed. Be sure to come out for this event because at St. Jude's the whole church sponsors the candidates.

We at St. Jude's are the community which has supported, loved and raised up the Confirmands in their spiritual journey to become full members of our Christian family, which encompasses the whole world. On August 11th, several of our regular worshipers will be confirming, or re-affirming as adults the promises their sponsors made for them at their baptism. And we, their church community, are invited to be there to support them. It is wonderful that the Bishop is now confirming people at St. Jude's instead of an Island wide confirmation, so all of us can gather around for the special occasion.

The Bishop visits each congregation in the Diocese, at least once a year. Other than confirmation, which is one of the Bishop's duties, it is a time for him to see how we are doing and for us to listen to what he says about events happening in the Diocese.

As we are a Diocese that is composed of Islands, communication between the headquarters and the nether lands is difficult and expensive. So, the Bishop's visit is an important opportunity to hear and be heard.

Don't miss it!

On the road Continued from page 13



We continued on to Eugene and Cottage Grove. Eugene has grown a lot in 50 years but our Cottage Grove seemed the same charming place. Founded in 1848, it is famous for its covered bridges. Other trivia: in 1926 Buster Keaton made his movie, "The General" here. Also in 1977 some scenes of Animal House with John Belushi were filmed here. You might catch us in a street scene. Also annual toga parties still celebrate the film.

From here we headed through the picturesque Willamette Valley to the coast. We passed and visited numerous elegant wineries that soon will rival Napa Valley.

The Rose Garden was something to celebrate!

Florence has miles of sand dunes along the coast. We went dune buggy riding. When Devki wasn't going fast enough Shanti said, "Let me drive," then hit the gas like it was a snow machine and took us on a death ride over the dunes. I was glad for the roll over bar and we lived to tell the story.

The Oregon coast is spectacular and is created by volcanic action and the sea. We traveled up the coast and spent a weekend in Portland. Another wonder not to miss is the International Rose Garden in Washington Park overlooking the city. The garden has 10,000 roses and June is prime time for blooming.



As I headed back home to Hawaii, I reflected on these many new family memories and gave thanks for all these Fathers' Day blessings.

Amen.



STANDING IN LINE AT THE POST OFFICE

Cynthia Cutts, Editor in Chief

A funny thing happened at the post office this week. I was standing in line to pick up a package, before the post office opened.

There were about six people ahead of me, all chatting about the price of gas or how much rain fell the night before. I slipped in behind the last guy in the line, with my little yellow card ready to claim my Amazon package.

"It's 9:32," the man at the front of the line complained. "What time do they open?"

"The sign says 9:30 a.m. for opening," a tall gentleman in the middle of the line answered. "But my watch says it's 9:27, so they should open pretty soon." He straightened a small stack of boxes ready to be mailed.

"I don't know why they can't be open earlier, if you just want to pick up a package," another person grumbled. He had three yellow cards clutched in his hand.

"I just want a stamp!" the guy ahead of me exclaimed, rubbing a handful of coins together, ready for a quick transaction. .

"It would be nice to have a stamp machine," the fourth chap in line sympathized.

I nodded. "That would be great," I agreed

thinking about all the other things I would add to that tiny post office, so lacking in space and services. Then, it dawned on me...

"You're just waiting for a stamp?" I asked my neighbor in line.

He nodded and held up a small envelope, all addressed and ready to be dropped into the mail box out front.

"I have a stamp!" I piped up. "You don't have to wait."

I dug into my wallet and pulled out a pack of stamps, peeled one off the page and he pressed it onto his envelope.

"Thanks!" he chuckled, and handed me three quarters.

"You don't have to pay me," I replied. "I'm happy to help you," and I handed him back the coins.

"No. Keep it," he insisted, as he scooted out, toward the mail box. "You made my day."

"At least take a quarter back," I called out the door. "The stamp is only fifty cents."

"Nope. I'm paying you 25 cents to stand in line for me," he laughed as he hopped in his truck to start his day.

Church yard

Continued from page 3

had a lot of new clothing to give away as well as some used. They also had some shoes and coats.

Many of the people visiting them came on up to the church to have a bowl of soup and some took showers.

Their plan is to be at St. Jude's each month on the third Saturday of each month, but they missed being here in July and will miss again in August. Their next planned visit to St. Jude will be Saturday Sept. 21st.

Mobile Spay and Neuter Wagin': The Hawaiian Humane Society usually has their state-of-the art Mobile Spay & Neuter Clinic at St. Jude's lower parking lot one day each month.

Hawaii Humane Society strives to make spay and neuter accessible and affordable for the Big Island, Hawaii residents. Low-income pet parents and those with limited transportation qualify for their free spay neuter service.

Services they provide are spay or neuter surgery, nail trim for an additional \$5 per animal with spay/neuter surgery, Micro-chip for an additional \$10 per animal with spay/neuter surgery, Hawaii County dog license, available for \$10 per animal with spay/neuter surgery.

Surgery is done by Appointment Only.

The next scheduled visit to St. Jude's is September 17th. You can make an appointment by going to **HIHS.ORG** on the internet, but the best way is to phone 808-796-0107, which is the direct phone to the Mobile Spay and Neuter Wagin' appointments.

Free Haircuts: On Saturday, July 20th Kady and Drew Foster provided haircuts

for our Saturday family. There was a sign-up-sheet hanging on the church bulletin board. There was room for 12 people to sign up, and while only 10 people signed up, there were several drop-ins; so they provided 15 haircuts.

This service integrates with our Free Hot Shower and Soup Kitchen program. First the recipients will finish their shower, and then come for their haircut.

The next scheduled Free Haircuts will be on Saturday Sept. 21, 2019.

A new sign-up sheet is hanging on our bulletin board at the back of the church, by the kitchen.



The Giving Tree offers free clothing to the community.

Oktoberfest is our next special event. It will be on Friday, October 4, 2019.

Doors open at 5:30 pm and we will start serving at 6:00 pm. Live music provided by the Last Fling Band.

Along with live music you get dinner which includes Bratwurst, Sauerkraut, Boiled Potatoes, Drinks, and Dessert.

Tickets available at the door: \$8 per person, \$15 for two, or \$20 for family.

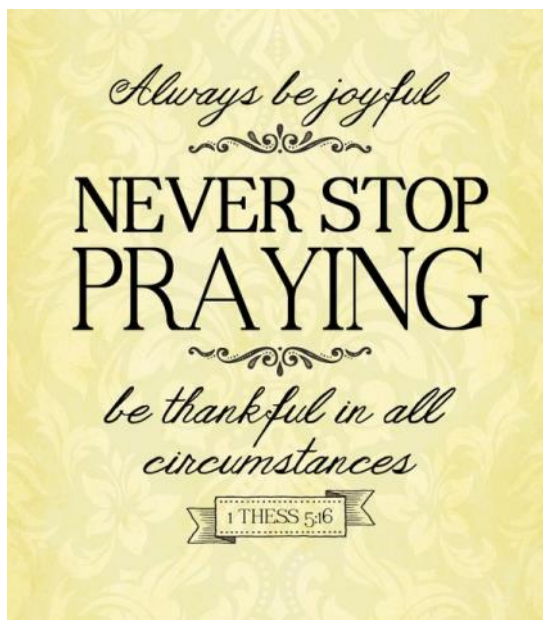
Everyday Stewardship: “Time is a Gift”

So many times in my life, I have failed to start something because I had not yet adequately prepared. I would have started working out or going for a jog, but I needed to get the right shoes. I would have started eating right if only I could find the time and money to buy the right foods. I would have started that journaling project, but I couldn't without a really nice leather-bound journal. I would have, I would have, and I would have!

I know many people can relate. We offer up excuses for so many things. Sometimes we even get to the point where we do start something, but by then, we have already lost so much time.

Some of us are thinking about taking a stewardship way of life seriously, but we are just not ready yet. We would be more generous if we can first get out of debt. We would give of our time, but we have to wait until the kids get older or until we fully research our options. The truth is, we don't have to be in any particular state of life or have any specific financial portfolio to start giving our very selves to God. God takes us as we are now. No resume needed. Why waste so much time thinking about getting started and becoming serious? Time is a gift given to all of us. As we think and prepare endlessly, we are practicing poor stewardship. The time to start is today. Who wants to answer God one day at the gates of Heaven saying, “I would have...”?

-Tracy Earl Welliver, MTS



Parish Spotlight: Reaching Out at St. Jude's

June 1, 2019, Ocean View, HI

Back at the 2017 Annual Meeting of Convention, St. Jude's Episcopal Church on the Big Island was one of three churches featured in a video that was a part of Bishop Robert Fitzpatrick's Address to the Convention. He highlighted the three churches (St. Elizabeth's, St. Columba's and St. Jude's) as being "at the forefront of the renewal of the Episcopal Church in Hawai'i."

Those bold words captured everyone's attention, especially since two of the three churches featured are located on the Big Island, and were relatively unfamiliar to many in the Diocese.

What was even more fascinating was learning that St. Jude's, which is located in Ocean View on the Southern most tip of the Big Island, for years has had no permanent priest, relying on visiting clergy to lead Sunday services. As a mission church, members handle all aspects of church operations, guided by a Bishop's Committee.

So how does a small church with no resident priest, located in an extremely rural area where many live off the grid, become one of the most vibrant in the Diocese with an astronomical growth rate?

The answer may well be in the Bishop's Address: "Being with those churches, I

can tell you that they are boldly faithful. They not only care for their neighbors, they expect those they serve will become part of their Church 'ohana." He goes on to say, "They share the bold face of Jesus Christ. These are people of God who are not afraid to fail, and who celebrate every little triumph. Bold faith, engaged service, courageous hearts and much food permeate the lives of these congregations."

Although St. Jude's was thrust into the spotlight back in 2017, they are our featured Parish Spotlight today. Not only do they continue to honor their commitment to serve others, but they have expanded upon it, spreading the love of Jesus through every bowl of soup and meal they serve, every shower they offer, and every smile they bring to a young child in their computer lab--- and that generosity of spirit and love has been infectious!

Individuals and several non-profit organizations have come to St. Jude's to partner up with or extend a helping hand to enhance the outreach services they provide. The Big Island Giving Tree, sets up tents during the Saturday shower ministry to distribute clothing, shoes, toiletries, and other items that struggling families may need. Community members who heard about the shower ministry saw an opportunity to serve, and now

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Spotlight

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show up on shower days to provide free haircuts to patrons. A member of a Catholic Church heard about the computer lab, and wanted to offer her time and talent while addressing a need in the community. She now teaches tech skills to the seniors in St. Jude's computer lab on Mondays. The list goes on.

"Cordelia Burt, is our Bishop's Warden and the Shower Ministry is her baby," says Cindy Cutts, the editor of their engaging Talk Story newsletter. "Every Saturday, Cordelia coordinates the volunteers for making the soup, opening and managing the two showers, Bingo, haircuts, Giving Tree donations, crisis counseling, etc. No story about St. Jude's is complete without mentioning Cordelia, because she is the heart of the church."

Along with their outreach programs, St. Jude's has become a hub of services for the community that includes a food pantry, spay and neuter clinic, a County Senior Nutrition Program, college financial aid sessions and a place where recovery groups meet.

But none of it would be possible without the dedication, commitment, and leadership of every member of the church. When they uncover a need, they find a way to fill it through grants and lots of elbow grease.

Challenges have become opportunities for expanding outreach, as was the case

during the Saturday Shower Ministry. Member Cindy Cutts candidly shared how Bingo was recently integrated.

"It started out as a kids craft day to keep the kids occupied while they waited for showers," says Cindy, "They were monsters! But having an organized activity stopped the craziness. When the craft person left, another less-crafty person thought Bingo would serve the same purpose. She didn't expect it to be such a big hit with the adults! Bingo has created a micro-community of friends who cheer each other on and win prizes for one another. Who would have ever thought 'Anything shaking in Ocean View this weekend?' would be quickly answered, 'Bingo at St. Jude's!'"

Another popular ministry was developed by Don Hatch, who is also a member of the Bishop's Committee (and plays Santa at the keiki Christmas party). He serves as the administrator and computer engineer for the computer lab that has flourished since its inception a little over a year ago. The lab is the only place in Ka'u to offer free computer services and printing, and recently partnered with Ka'u High School to run an after school program for students. That opened up an opportunity for Jasmine Arguello, one of their members who Don was mentoring, and had been helping to manage the lab. She is now in a paid position to run that after school program, funded by the Department of Education.

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More spotlight

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As Bishop Fitzpatrick mentioned in his address, "much food permeates the lives of these congregations," and St. Jude's knows how to serve it up! Whether it's a bowl of steaming soup on shower days, distributing canned goods, or flipping pancakes at a church gathering, food has played a huge role in the life of the church. Their newsletter even boasts recipes on their "What's Cookin' at St. Jude's" feature! To help raise funds for their many ministries, they regularly hold spaghetti fundraiser dinners and celebrate seasonal occasions with festive meals like Cinco de Mayo and Oktoberfest. Of course, it goes without saying that they turn out a large feast for their annual Thanksgiving meal that is organized and co-sponsored by Junior Warden, Steve Stigall.

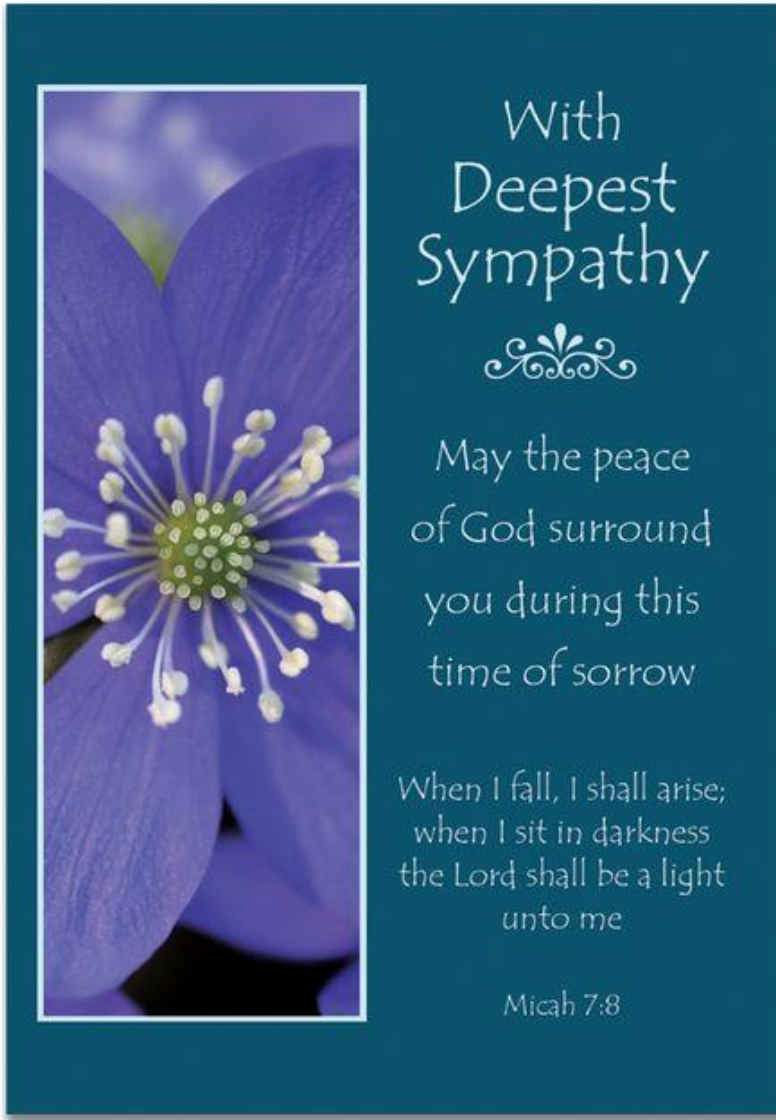
"The thing about St. Jude's outreach is we try to serve what's at the door. And you don't have to be a member to serve. We provide thousands of meals on a meager budget and no one ever goes hungry, the catchment tanks stay full of water - either with rain or purchased delivered water, the lab is always full of users, whenever it's open. Everyone is welcome and encouraged to get involved in service. Some of our most faithful volunteers started out as shower clients." -- Cindy Cutts

But don't be fooled into thinking that all St. Jude's does is outreach. They are a

deeply faithful people with an active women and men's Bible Study, Hannah Makana Ohana Hula, a group that performs at their worship services (and who also performed at the Annual Meeting of Convention in 2018), and even a Handbell Group! They have been designated "my church" by the community if a funeral, wedding, baptism, etc., is needed. When the church was vandalized, there were as many non-members who turned up with their own equipment to help clean it all up. "The outpouring of love and support was heartwarming," said Cindy.

It is obvious through their pictures, newsletters, and support from the community, that this church is very special and very beloved. They enjoy each other and the people they serve. St. Jude's is a wonderful example of people living into their baptismal covenant by spreading the love of our Lord each and every day in everything they do.





From Far Away

We continue to keep our dear friends Rev. Leonard and Rev. Lindsay Freeman in our prayers, as they mourn the sudden death of Leonard's son, Michael.

For those who want to send a card, the address is:

Rev. Leonard and Rev. Lindsay Freeman

190 Cygnet Pl.

Long Lake, MN 55356-9734



Friday, October 4th 2019

**Please join us for our annual Ocean View
Oktoberfest party**

Doors open at 5:30 pm Serving Starts at 6:00 pm

Live music provided by the **Last Fling Band**

Along with live music you get Dinner which includes
Bratwurst, Sauerkraut, Boiled Potatoes, Drinks, and Dessert

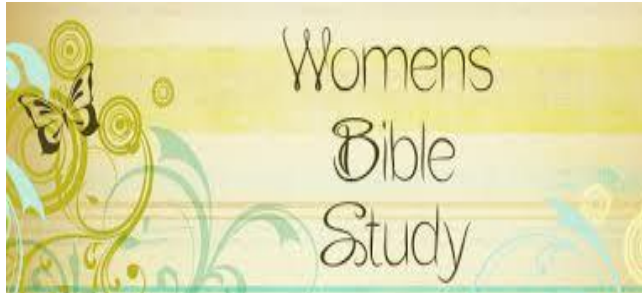
Tickets available at the door: **\$8 per person, \$15 for two, or \$20 for family.**

The best way to pre-purchase your tickets is to come to our **Sunday services which start at 9:30 am each Sunday**, join us for an Aloha potluck social after the services, and get your tickets while you are there.

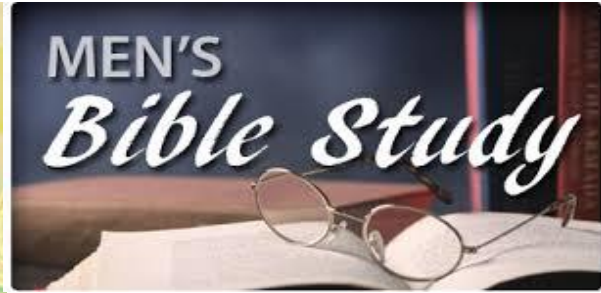
Tickets are available from Thom White, Beverly Nelson, or Cordelia Burt.

The event contact number is 808-939-7555 (leave a message)

The party takes place at ➡ **St. Jude's Episcopal Church**
The southeast Corner of Keaka Pkwy **92-8606 Paradise Circle**
and Paradise Circle **Ocean View, HI 96737**



Mondays at 10 a.m.
Back at Beverly Nelson's home



Fridays at 9:00 a.m.
McKinney Place



Lemonade Party

August 3rd, 9 a.m. to 11 a.m.

Monthly Church Clean up

Talk Story

A monthly news magazine published by St. Jude's Episcopal Church
in Ocean View, Hawaii.

P.O. Box 6026 ~ 92-8606 Paradise Circle ~ Ocean View, Hawai'i 96737 ~ (808) 939-7555

Email : StJudeHawaii@bak.rr.com or cynthiaanncutts@gmail.com

Previous *Talk Story* editions available on our website at www.stjudeshawaii.org

Publisher: St. Jude's Episcopal Church **Production Manager:** Richard Burt

Editor-in-chief: Cindy Cutts ~ **Contributing Editor** Don Hatch

Photographer: Don Hatch

Columnists & Contributors: Don Hatch, Karen Pucci

Thom White, Buffy Hites, Phyl Laymon, Cordelia Burt

Proofreader & Fact Checker: Beverly Nelson, Cordelia Burt, Cynn timer Salley

We welcome submissions!

Submission Guidelines: 500 words maximum.

Uplifting, informational and reflective stories, news,
recipes, photos, memories, etc.

For more guideline details visit www.stjudeshawaii.org



Photos must be submitted as jpgs & emailed as attachments.
Submit via email to: cynthiaanncutts@gmail.com

Deadline for newsletter submissions is the 20th of each month.

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