St. Jude's Episcopal Church Monthly News Magazine



Talk Story



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The little church that could

By Don Hatch, Contributing Editor

Editor's Note: This article was written after the author spent dozens of hours scouring Bishop's Committee minutes. His intent was to glean events, statics and benchmarks to reveal a data-driven look at St Jude's history. The information and figures were compiled and processed to give our congregation an idea of where we were just a few short years ago, and where we are today. Thank you, Don, for your tenacious research and this comprehensive report.

On May 21st 2017, Roberta Kennedy shared a story with the congregation. She said that while she was reading her grandchildren the story about "The Little Engine That Could," she realized the similarities between that children's story and what she has seen St. Jude's going through over the last nine years. She was referring to how the church struggled with overwhelming obstacles, but kept saying "I Think I Can, I Think I Can," and never gave up.

Roberta was born in Oahu and is a childhood friend of Cynnie Salley. She currently lives in Portland Oregon and each year she comes to the Big Island and to St. Jude's.

Roberta has a unique perspective of what has happened at St. Jude's, because each time she visits, she sees a snap-shot of what has happened or changed since her last visit. Therefore, instead of living the daily struggle and seemingly slow progress at St. Jude's over the last nine years, Robert's view is fast forward changes that have taken place.

Have you ever watched a time-lapse movie of a flower opening? The hours or even days needed for a flower to form and open are compressed into a two to three minute movie? It looks like magic as the flower forms and opens as you watch. That's how Roberta has watched St. Jude's struggle, change, and grow over the last nine years.

See "Engine That Could," continued on page 9



Blessing & promise Of commitment

When the Eucharist service ended on May 28th, Faye Miller and Glenn Cera received a special blessing from Rev. Constance Garrett as they made a promise of commitment to each other.

Filomiena (Faye) Miller & Glenn Cera

Congratulations to this special couple.



FEELIN' GROOVY

BY BUFFY HITES

Editor's Note: This article is written as part of our "Why are you here?" series, which explores the various ways our membership has found St. Jude's, how we are blessed by our church and how we serve. Thanks to Buffy Hites who tells this story, with Vinnie's approval.

His name is Vincent, to those who know him, he's "Vinnie." He has a heart of gold and for the most part, a sunny disposition. He is a real gem.

I first met Vinnie about two years ago. He was a pleasant fella and people seemed to enjoy him. He was kind and helpful to a fault. It seemed there was always somebody at his place, usually in need of tools, out of smokes or they needed his skill sets to fix this or that.

If I'm not mistaken, I believe I had something going on with my scooter that I needed him to figure out. He was a great host, and usually there were people hanging out at his house, talking story. For me, his place always had a homey feel, which was nice.

Vinnie and I hit it off well. He was one of the most genuine, generous human beings I'd ever met. I saw him go without groceries so someone else wouldn't have to. If someone needed and Vinnie had, he gave. A number of folks took advantage of Vinnie's heart of gold and genuine kindness. And that really irritated me. Vinnie's type of generosity is rare. I felt a connection to him and he became family; I appreciated all he'd done for me, and he became my brother.

I did all I could to help the dude and I contributed groceries. It wasn't much, but at least for a couple meals, Vinnie was set. He was so grateful for my contri-

bution, no matter how little it was. What a guy! Chillin' at Vinnie's was a treat. I don't think I ever left his place feeling anything but happier and more peaceful than when I'd arrived and I felt so blessed.



was during a time when my life

This

Vinnie

was falling apart and I felt like running from my circumstances. Somewhere in my twisted head, I thought that when things got tough, I'd up and run; and I sure could use a safe place to run to. My self-esteem was at an alltime low, and I thanked God for putting my friend Vinnie in my life. I didn't deserve such a gift. I was a mess and feeling like I just wanted to die.

Vinnie had shown me time and time again that he was a faithful friend. Trusting that Vinnie could and would be my friend was a turning point for me. Vinnie's been living in Ocean View since 1989 and on the Big

See "Vinnie," continued on page 21



Around the church yard

By Contributing Editor Don Hatch

<u>Spaghetti Dinner</u>: Our next fundraiser is on <u>Friday July 7th 2017</u>.

Doors will open at 5:30 pm and dinner will be served from 6:00 pm until 8:30 pm.

Event Tickets are available at the door for \$8 per person, \$15 for two, or \$20 for family

Since the menu we served at our last Spaghetti Dinner was so well received, we decided to stay with that same menu which includes Spaghetti, Spaghetti Squash, and your choice of Sauce, Meatballs, Salad, Drinks, and Dessert

The Profit from this event will go to funding our outreach programs; so, please join us.

Crash Paddle Training: Last Month we had training on our new defibrillator, donated by Hilo Hospital Foundation. Around 20 people attended the training.

The week after the training we mounted the defibrillator on the wall near at the back of the church near the kitchen and beside the door to the women's restroom. You can see it from almost anywhere in the church.

Parish Nurse: St. Jude's has seven nurses in the congregation. Some are retired, and some are still working.

Several of them have expressed an interest in helping out in Ocean View. Currently there are no medical facilities in our community.

We are investigating the possibility of a Parish Nurse to take blood pressure and blood glucose tests during out Saturday Free Hot Shower and Soup Kitchen and also during the Seniors Nutritional Program, which meets three times each week at St. Jude's.

Water System for McKinney Place: We plan on upgrading the water system in McKinney Place to include a High Intensity UV Sterlite water purifier.

The Sterlite goes in the water line after the

filters. After the water has been filtered, it goes through the Sterlite and is subjected to a Hi Intensity UV light. This will kill, any microbe that might make its way through the filters. We have already purchased the Sterlite unit and will get it installed soon.

Diocesan Mutual Ministry Review Work-

shop: The Hawaiian Diocese is holding review workshops at each ministry in Hawaii. We had our workshop last month. Dixie & Fr. JaR led us through the process.

For this workshop, they prepared a page on each Episcopal Church in Hawaii showing what they were doing 10 years ago, 5 years ago, and today. Most of them showed a decline in attendance while St. Jude's attendance has grown.

For our workshop, 24 people attended.

The norm for a St. Jude's business meeting or workshops is to include a meal and fellowship. We believe this increases participation. For this event we had a huge potluck dinner, which gave us the opportunity to spend time with Fr. JaR and Dixie as well as our fellow congregation members.

All Comers Dinner: We had an All-Comers potluck dinner as a social gathering to welcome the new members to St. Jude's, to have a chance to know them, and for them to know us. This was a new version of the New -Comers dinner we had in 2015.

We enjoyed a huge variety of delicious foods. There were over 20 people at the dinner, we all enjoyed ourselves and became a little better acquainted.

Free Hot Shower and Free Hot Meal: Last month we upgraded the location where our volunteers who work the shower sign in are stationed, with a large sun umbrella.

Each Saturday we have a man and woman volunteer, who sit by the outdoor showers

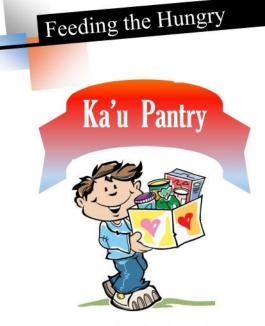
See "Church Yard," continued on page 16

Ka'u Food Pantry News

Ka'u Food Pantry, Inc. next distribution is Tuesday, July 25, 2017 at St. Jude's Episcopal Church on Paradise Circle - Mauka from 11:30 a.m. -1:00 p.m. We ask all of our participants to respect the grounds where this will be held. Volunteers are always needed and welcomed, beginning at 0830 on that Tuesday.

We are expanding our services to include [based on availability] free clothing provided by a non-profit, Big Island Giving Tree, pet food provided by the Hawai'i Humane Society. These items are donated to the Food Pantry, free of charge. We are holding a monthly fund raising event at the Swap Meet featuring clothing and baked goods available on 2nd Saturday of most months in Ocean View.

The Ka'u Food Pantry, Inc., is staffed entirely by volunteers and is a non-profit agency whose mission is to feed the hungry of Ocean View. We are currently feeding up to 120 families. Our program is designed to provide 1-3 days worth of nutritious food to help people who run short of money, benefits and/or food by the month's end. As a non-profit, the Pantry is able to purchase food from the Hawaii Food Basket at



Last Tuesday of each Month St. Jude's Episcopal Church

18¢ per pound. One dollar can buy a half of a case of food to help your community.

Donations of non-perishable food items and funding are welcomed. You may donate funds via St. Jude's-just write Food Pantry in the memo area of your check.

Checks maybe written directly to the Food Pantry as well. Make the checks payable to the Ka'u Food Pantry, Inc., P.O. Box 6184, Ocean View, HI 96737. Your monetary and food donations may be deductible pursuant to I.R.S. Code §501 (c) (3).

Mahalo nui loa for all your support.

ISLAND FOOD REVIEWS BY K & A



This is a very nice surprise. It's a na- tacos, meat tacos, shrimps, steak tional or international chain of restaurants with steak of course as its showcase food. It is often the annual only but it's a good sized space, a/c winner as best steak house in the West Hawai'i news. However, they offer a whole lot of other things if you want to dodge the heavy meals.

A friend took us there for lunch. We all ordered the surprisingly delicious 2 fish taco lunch (\$11.99). The lunch menus are very reasonable and most of the specials are paired with soup or salad.

Since we all had the same thing, we are unable to recommend if most other items are equally good. None the less, the prices are budget friendly, our tacos were good [grilled, not deep fried, fish but cannot vouch for the source] and the side salads were generous with real lettuce and good dressing choices. Even though we have had only one item, it passed muster.

We can at least recommend this stop for lunch. Lunch Combo menus start at \$9.99. Soups, salads, fish quesadillas, steak, burgers, etc. can be had at this time. Inside seating and low lighting. Full bar. It was very quiet when we were there but there were at least 10 tables occupied so good noise suppression. I believe even vegans can find a few things to make them smile. Girls say go graze!

OUTBACK STEAKHOUSE. In the back, behind the mall at the Coconut Grove. 11a-10p every day. 75-5809 Ali'i Dr. in Kailua-Kona 808 326 2555. They have a take-out menu available too.





Flavor of the Month

Coming to us in July

Father

Lester V. Mackinzie

Serving St. Jude's as visiting priest in July is Father Lester V. Mackinzie and his wife Angela. They will be coming with their three children: Jonah – 11, Oliver – 6 and Cora age 3. Father Mack comes to us as the Priest in



Charge at St. Mary's Episcopal Church in Laguna Beach, California.

Father Mack was born and raised in an Apartheid South Africa and as result, reconciliation and healing of communities is his passion, as well as helping those on the margins and the poor. At his home church Father Mack is known as the "praying, dancing, teaching, preaching, surfing, web developer priest."

We can't wait to put all those talents to work!

Aloha! Father Mack, Angela, Jonah, Oliver and Cora.

July Dates to Remember

- 1 Lemonade Party to clean the chairs at church
- 2 Bishop's Committee meeting after church
- 7 Spaghetti Dinner 5 pm
- 25 Ka'u Food Pantry Distribution





Baptism

Pentecost was a perfect day for a baptism.

Reverend Connie was pleased to baptize Carmen Kathrine Sumida. Steve Stigal & Dan Garret were Carmen's sponsors.

Welcome to the St. Jude's family, Carmen!

In Loving Memory of The Reverend Anne Scheible



Scheible, Anne (Elsworth) Peacefully left this earth on June 13th with her family by her side. Rev. Anne was a cherished visiting priest for St. Jude's congregation.

Anne grew up in Jamestown, ND, attended Hamline University and spent her career as a Med Tech. She lived in the Boston, MA area the first ten years of marriage; moving to Chatfield, MN in 1979 with their two children. She spent their retirement years at the cabin and recently moved to Minnetonka, MN to be closer to the grandkids.

Anne loved to experience the world around her. She spent 7 years TRYING to learn the bagpipes. She became an Episcopalian priest to assist her beloved small-town church. She volunteered in Hawaii (we know, big sacrifice) to provide spiritual guidance to a local congregation. She spent many winters RVing with her husband around the world (USA, Canada, Mexico, New Zealand & Australia). Anne is survived by her husband, Jim; children Trish (Michael) Sandness and Mark (Beth) Scheible; her grandchildren whom she adored, Madeline, Chloe & Hunter and sisters Mary (Kern) Walker and Jean (Chuck) Folz.

A memorial service was held Saturday, June 24th at 11 AM at St. George's Episcopal Church, 5224 Minnetonka Blvd., St. Louis Park, MN, 55416. Memorial donations can be sent to: Fairview-Ridges Hospital, Northwoods NETS Support Group, 201 E. Nicollet Blvd., Burnsville, MN 55337.

THE ST. JUDE'S JESUS MOVEMENT

BY THE REVEREND CELINE BURKE



Aloha Friends,

Recently Presiding Bishop Michael Curry addressed the Executive Council of the Episcopal Church. In his speech, he said such a time as this is a "strange national, cultural and global moment – when things are being turned upside down, when old patterns don't work anymore, when the old rules don't even seem to apply anymore, truth doesn't seem to be what the truth used to be, and all of a sudden what's wrong is right. All of a sudden, even Christianity is co-opted by injustice, by lack of compassion, by inhumanity, by indecency."

I read these words soon after I came to St. Jude's. I find that it is good to be in a place where truth seems to be what truth used to be. It our Christianity on a daily basis. St. is good to see compassion in action. Where all people are treated with dignity and humanity.

This is what we are called to be as Christians in this world. We are called to care for those who need our help. I see that happening as you open your space to the Senior Nutrition Program and the various AA and NA groups that meet at St. Jude's. I see it on Saturday when

you offer hot

showers to those that don't have a way to take a hot shower at home. You also offer lunch to all who are hungry when they come for a shower.

I think this is who we are called to be if we call ourselves Christian. We are to be welcoming to all who come to our door. Jesus didn't ask to see if a person was following the Jewish law of his time. He ate with tax collectors and prostitutes. He spoke with those who did not follow the Jewish ways he was raised with. He welcomed all people who were willing to be near him.

If we are to be part of the "Jesus Movement" as Bishop Curry has named our call, we have to live out Jude's congregation teaches us how to do that at church. Now it is up to us to live that way wherever we are.

Blessings to you all,

Celine +

Engine that could

(continued from page 1)

When Roberta visited St. Jude's nine years ago, she saw the members struggling and then in early 2011, after the church lost their priest, Roberta observed a greater struggle, when the church service became Morning Prayer, led by one of the congregation. During that time, about once a month, a priest would come to St. Jude's to lead a Eucharist Service. Despite the lack of a priest leader, the faithful members of St. Jude's never lost hope; they kept pushing ahead, struggling, and saying "I think I can, I think I can," but never giving up.

Roberta observed a slow and then accelerated growth in the size of St. Jude's congregation. Since 2011 the church has experienced an increase in regular Sunday services every year, going from an average attendance of 26 people in 2011 to 50 in the first half of 2017.

Over the last 9 years Roberta watched St. Jude's go from "I think I can, I think I can" to "I know I can, I know I can."

Here are a few of St. Jude's milestones that Roberta may have observed

2012

Fr. Thomas Beuchele and his wife Jean joined St. Jude's as the Interim Priest for one year. They stayed until Feb. 2013 and their goal was to help revitalize St. Jude's fledging congregation.

That year was like a rebirth of St. Jude's because many of the congregation's dreams became a reality and plans were put in place to continue the work on other goals and dreams.

While with St. Jude's, Fr. Tom and Jean helped the church accomplish the following:

- Congregation: Averaged 27 attending Sunday services. The maximum non-holiday Sunday was 41, and the minimum Sunday was 19.
- Helped justify and fund a Free Hot Shower Outreach Program (opened in 2013)
- Start the tradition of an annual Beach Mass at Whittington Beach

- Start process for a Free Medical Van to be parked in our parking lot each week (available in 2013)
- Redecorated McKinney Place, our vicarage, to be a place for our priests to live
- Helped organize and establish a Visiting Priest Program (Flavor of the Month). This was a critical piece of the success of the church solvency. The new and innovative program allowed for St. Jude's to provide a visiting priest and his/ her family with a home to live in and a car to drive while they served the congregation, in exchange for conducting Sunday morning Eucharist services each week of their stay.
- St. Jude's women started a weekly Women's Bible Study. Attendance ranges from five to 15 members.
- 2013
 - Congregation: Averaged 33 attending Sunday services. The maximum non-holiday Sunday was 47, and their minimum Sunday was 18. Of special interest is the maximum attendance for the year was the day when Cynnie Salley's grandson Max Unger (Center for the NFL New Orleans Saints) and his wife Leah joined us for Sunday services.
 - The first of the visiting priests arrived in March when Rev's Leonard & Lindsey Freeman arrived. Across that first year we had six priests serve the congregation. Four of them have come back for a second visit, and one is planning a third visit later this year.
 - The Free Medical Van arrived. It was available in our parking lot, three days a week, every other week. We credit that van with saving the lives of two of our congregation.
 - The church built an outdoor hot shower that opened in September. It has been open every Saturday since and provides a Free Hot Shower to the Ocean View community. On the first day only one person took a shower, but by the end of the year the event averaged 13 showers each week. The maximum number of showers

See "More Engine that could" continued on page 10

More engine that could

(Continued from page 9)

- for a Saturday was 21. The church provided 203 showers that year.
- Along with the Free Hot Shower St. Jude's members served a free hot lunch. When the program first started one pot of soup was enough, but now it takes 3-5 pots each week.

2014

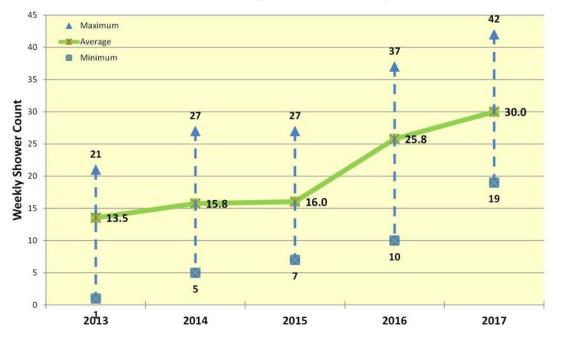
- Congregation: Averaged 37 attending Sunday services. The maximum non-holiday Sunday was 51, and the minimum Sunday was 28.
- Priests: In 2014 we had seven new priests and one priest from prior years returned to be with us. Of those seven new priests, three of them have returned to be with us for a second time.
- The second year of the free hot shower and free hot meal program, the average week was 16 showers, the maximum week was 27 showers, and the minimum week was five. The total for the year was 819 showers.

A website was built for St. Jude's that includes information on St. Jude's philosophy, mission, goals, activities, ministries, schedules, and events. Recently this web-site has been receiving around 135 unique visits each week, with around 425 pages viewed.

2015

- Congregation: Averaged 42 attending Sunday services. The maximum non-holiday Sunday was 59, and the minimum Sunday was 28.
- Fr. Moki become our Priest with Oversight.
- Priests: In 2015 the church welcomed five new priests and four priests from prior years returned again. Of those five priests, one has returned to be with us a second time.
- The third year of the free hot shower and free hot meal program, the average week was 16 showers, and the maximum week was 27

See "Even more engine" continued on page 11



St. Jude's - Weekly Shower Count by Year

Even more engine

(Continued from page 10)

- showers. The minimum week was seven. The total for the year was 834 showers.
- The first edition of a monthly St. Jude's newsletter called "Talking Story, at St. Jude's" which was renamed in March 2016 to "Talk Story." This is a professionally edited magazine style format covering a wide area of interests and activities within the parish.

Each month stories are contributed by congregation members and priests. It is posted on our web site, copies are handed out during Sunday services, Copies are emailed to church members and our clergy.

- The first version of St. Jude's travel guide called "Things to do When You're in Ocean View" was published. Ocean View is located in a rural area an hour drive or more from most of the tourist sites described in commercial travel guides. This guide is for our visiting priests to help them find things of interest closer to home, but also a helpful guide for anyone visiting the District of Ka'u.
- A new car was required for our visiting priests. The Episcopal Diocese of Hawaii provided a \$10,000 grant to help with the cost and a new Kia sedan was purchased for the priests to drive during their stay.
- Over the last three and a half years St. Jude's has many new members in its congregation; and a new-comers dinner was hosted to greet and get to know those new members. There were 37 people at the dinner and after that dinner, many of those newcomers became new volunteers for our outreach programs.
- The lava flow in Pahoa started going across some roads and isolating the residents. The Medical Van that was parked in our parking lot was, moved to Pahoa to support the people being isolated by the lava flow.

Ka'u Food Pantry moved to St. Jude's for their food distribution. The church is the host site for distribution of food to hundreds of Ka'u residents on the last Tuesday of each month.

2016

• Congregation: Averaged 45 attending Sunday services. The maximum non-holiday Sunday was 58, and their minimum Sunday was 33.

• Priests: We had seven new priests in 2016 and one priest from a prior year came back to be with us a second time. One of this year's priests has already returned for a second visit.

• This was the fourth year of the free hot shower and free hot meal program. The average week was 25 showers, and the maximum week was 37 showers, and the minimum week was 10. The total for the year was 1,366 showers.

- An upgraded St. Jude's Directory to include photographs was published. The new directory also included our priests and our extended family. Our extended family includes people that participate in our Saturday free hot shower and soup kitchen. The photographs have helped our new priests recognize the congregation and help the people working the shower and soup kitchen recognize the people using our services.
- The Diocese of Hawaii provided a \$5,000 grant to replace range and refrigerator in the church kitchen and the refrigerator in McKinney Place.
- The Diocese of Hawaii also provided a \$4,975 grant to support Saturday soup kitchen ingredients.
- St. Jude's received the donation of a large scale Thomas Kinkade Nativity Set. The set includes ten individual figurines, ranging in size from 12 inches to 36 inches tall. Mary, Joseph and Baby Jesus, shepherds, kings, angels and assorted animals have been lovingly designed by

See "Engine story" continued on page 12

Engine story (continued from page 11)

West Coast artist Thomas Kinkade, known as the "Painter of Light." Each figurine is an exquisite piece of artwork. See the story in the Feb. 2016 newsletter.

- St. Jude's received a grant for \$15,000 to replace St. Jude's 43 year old kitchen. The church was able to use the entire grant to replace the kitchen cabinets, counter top, movable serving island, and microwave oven. The congregation includes several retired tradesmen including general contractors, carpenters, electricians, and plumbers; so, in addition to the grant, the church also received in-kind donations of professional services from members in the congregation. While the value of these donations can't be accurately measured, it exceeds \$5000.
- Members hosted a Thanksgiving dinner for our Saturday shower extended family, on the Saturday before Thanksgiving.
- Members hosted a Leftover Party on November. 25th (day after Thanksgiving)
- Cindy Cutts composed a song about St. Jude's called "The Little Red Church at the End of the Road", which she sang for Fr. Moki's going away party, when he moved from the Big Island to become Canon Administrator and Priest-in-Charge of the Cathedral of St. Andrew on Oahu. The words for the song were posted in Feb. 2017 newsletter

A task force completed Operational Support Duties

2013

2014

2015

2016

2017

2010

2011

2012

(Duty Roster) which is a document defining the various jobs that have to be done to keep St. Jude's operating. The congregation volunteered to fill those duties.

In early December 2016, I was helping install our new kitchen when two men visiting the Big Island dropped by the church. They told me they were going to be in the Ocean View area for a few days before moving on toward Hilo, and were thinking about attending our services the next Sunday. They asked me how many people usually attended our Sunday services, and when I said "around 40 or 45". He looked surprised and replied. "I'm surprised there are that many Episcopalians in Ocean View". I told him that he was right, there aren't. Our congregation is comprised on Episcopalians, Lutherans, Catholics, Methodist's, Baptists, and who knows what else. Many of our congregation joined St. Jude's so they can be part of and help with our community support efforts.

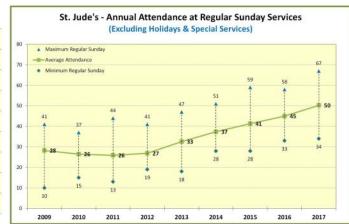
2017

• Congregation: Averaged 50 attending Sunday services. The maximum non-holiday Sunday was 67, and the minimum Sunday to date was 34.

• Priests: So far, this year, we have had three new priests and plan on having two more new priests. We

have also had two of our prior priests join us and expect another later in the year. We also have one priest scheduled for a 3rd visit. We had a special treat in January when Fr. Thomas Beuchele and his wife Jean

See "Engine can" continued on page 13



Marengo and Chocolate gifts

On Saturday, June 17th, Ed Rau brought Marengo and

Chocolate seedlings to the church. The trees were from his research nursery and Ed donated them to anyone in the St. Jude's family





that wanted to try to grow them. Not only did Ed provide the seedlings, he also offered a comprehensive seminar on growing the trees.

Engine can (continued from page 12)

joined us as our "Flavor of the Month"; so, we had a chance to show them what their help and guidance had enabled St. Jude's accomplish.

- The Fifth year of our free hot shower and free hot meal program started. Through June there was an average of 29 showers each week, and the maximum was 42. The minimum week was 19. The total for the year was 647 showers. In February and again in April there were days when the shower count exceeded 40 people. The demand has exceeded the capacity of a single shower stall; so, one of St. Jude's top priority is to build a second shower stall.
- The new kitchen was completed. It has light oak cabinets, light colored counter top, and white walls lightens the kitchen and makes it feel larger. It has a cathedral ceiling painted white, with six lights that make it feel even larger. The cathedral ceiling makes enough room for a ceiling fan. The ceiling fan provides adequate air circulation to our little kitchen. The upper cabinets are taller, giving additional storage. One bottom cabinet has full extending drawers, and the corner cabinet has Lazy-Susan revolving storage, which increases the storage.
- An All-Comers potluck was hosted as a social gathering to welcome the new members to St. Jude's. It provided an additional opportunity to socialize and become better acquainted with one another. This was a new version of the new-comers dinner we had in 2015.

Beverly and I were dining at a table with our new priest Celine Burke, who had just arrived few days before the event. During dinner, she said, "This isn't a normal church dinner; it is more like a family gathering." I'm sure I was beaming with a smile from ear-to-ear because,



for many of us that is what St. Jude's has become – It's not just a church, it's a family and a way of life.

Last month, in the June issue of Talk Story, Cindy Cutts did a great job of summing up what St. Jude's has become when she wrote, "The success of St. Jude's and their out-reach programs may be due to the open hearted philosophy of the parish. Basically, at St. Jude's, if you want to be in, you're in. If you want to volunteer, be prepared to go to work, because you will be included."

The graphs and statistics show that Roberta's observations have substance. St. Jude's is the Little Engine that Could. The devoted leaders and dedicated volunteers strive to serve God by serving the community of Ocean View. They work together with cheerful tenacity to meet the needs of our neighborhood and creatively solve problems.

In our prayers...

We offer prayers of thanksgiving for the countless answered prayers we have received at St. Jude's.



This month we pray for:

Healing: Larry, Glenn, Nancy, Marla, Lee, Jim, Clifton, Sam, Carrie, Richard, Rev. Brian S, Bill, Ray, Cynnie, Beverly, Austin, Thom, Doug, Greg, Norma, Donna, Ted, Austin, Darlene, Stella, Baby Bailey, Richard, Brian, Amy, Dennis

Strength and comfort for all caregivers, mourners and those who face daunting life challenges;

Safety for all who are traveling;

Safety and courage for all those in protective service (law enforcement, fire fighters, emergency responders, military personnel);

Blessings and encouragement for the leaders of St. Jude's and for the many volunteers who keep our church programs operating.



July Birthdays

- 7 Conny Santana
- 19 Susan Fine
- 20 Jerry Cutts
- 21 Lee Sampson
- 24 Zachary Debernardi
- 25 Cindy Cutts
- 28 Bud Sherfield
- 29 Mariah Ancona

July Anniversaries

3 Ron Woiff & Evelyn Cossich24 Rev. Doug & Carolyn Coil



St. Jude's								WORDFIND #1													
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Answer key on page 23

Editor's note:

The creative and clever Word Find above was created by Buffy Hites, and formatted by Don Hatch. I must confess, I had to look up rexroat! What church has their own puzzle game??? And what are you guys going to come up with next???

Church Yard Continued from page 3

from 9 a.m. to 2 p.m. It can get very hot while sitting there all day in the island sunshine. The umbrella will make their job a little more comfortable.

We continue having around 25-35 shower clients each Saturday with a few days into the low 40s. Adding a second shower stall is one of our high priority projects, but there are other more pressing projects that are higher on the priority list this month.

<u>Medical Van</u>: Bay Clinic in Na'alehu owns a medical van, which has facilities for both a doctor and a dentist. The medical van will operate like a regular doctor's office.

Last month, during the Bishops committee meeting, Cordelia told us that Bay Clinic is training the staff for the van and they are getting bugs out of the van. This being Hawaii, I had to ask if by "bugs" she was talking about fixing problems with the van, or were they talking about the creepy crawly type of bugs. She smiled and said, "Problems with the van."

<u>Maringa Tree</u>: Last month I came into our house after Women's Bible Study was over and was asked if I had ever heard of a Maringa tree. I said, 'Yes, the Maringa tree is used in many places around the world as a source of food because almost every part of the tree is eatable."

Then they told me that Ed Rau has too many Maringa seedlings in his nursery, and needed the space; so, he was going to bring them to St. Jude's and give them away.

Maringa is an ideal plant to grow in your own backyard. In fact, in the Philippines that is exactly what they do. You can pick its leaves and make it part of a delicious fresh salad, use it in one of our many Maringa recipes, (It goes especially well with chicken). Or you can dry the leaves to make a delicious green tea.

That Saturday I dropped by the church to see what he had, he actually had several tables full of plants, and he didn't only have a single type of Maringa, he had several varieties from around the world. He had some local seedlings from Kona, but also some from China, India, Philippines, and others.

Mele O'hana

Faye Miller danced to Mele O'hana on Father's Day.

The song speaks about a love placed in our hearts, given by "Him," our Father, "God." That we remember that family O'hana is our love from God.



Faye Miller dancing hula on Father's Day.

Ed doesn't have an ordinary nursery, he has a research nursery and is trying to understand how the various types of plants do in our area.

The next day I was told that when he has too many seedlings in his greenhouse he plans on giveaway them away during our Saturday Shower and Soup days.



Strategic Initiatives/Mutual Ministry Review

Recently, St. Jude's was visited by Diocese leaders as part of a Strategic Initiatives/Mutual Ministry Review. All of the Episcopal churches in Hawaii were invited to similar meetings across the state.

The purpose of the meeting was to gather information regarding church strengths, blessings, concerns and growth. St. Jude's combined the meeting with a potluck dinner, and 27 people attended.

The information gathered will contribute to the Diocesan Convention coming up in October. The discussion centered around specific questions:

What are you grateful for?

How have you been blessed by this church? How have you been a blessing to this church? What have you been praying for in your church, in your community?

How do we become the church that God is calling us to be?

Why are you here?

If you would like to share your story of how you found St. Jude's and why you are attending our church, please email it to me, in a word doc, in less than 400 words to <u>cindycutts00@yahoo.com</u>. If you have a favorite photo to accompany your story, you can also attach it. If not, Don or I will take a photo of you on a Sunday morning. We will use our basic newsletter guidelines when publishing your stories including only upbeat and positive messages.

Why YOU are here is important to us.. We want to hear from everyone willing to share their experience. We will publish stories in Talk Story and include them in an on-line and retreat collection. So don't be shy! Write down your story of how you found St. Jude's, how you serve and why you are here!

Cindy

King Tide close call

By Gabe Morales

Recently, I had a life experience that reminded me of how fragile life is and how I'm never too old to learn important lessons.

Approximately one month ago I was seriously hurt and almost died by drowning. Many people asked me what happened that day and it has played over and over in my head. I now realize I made three major mistakes that fateful day.

#1) I was fishing alone during "King Tide!" A keen observer might have also noticed nobody else was fishing (for good reasons). I had no idea what a King Tide was and didn't bother asking.

People asked me later in bewilderment, don't you watch the news? No, we are off grid so I don't watch the news anymore and seldom read the paper, but especially as a newbie here I should have been with somebody nearby, not solo. That is a big reason why many Search & Rescue missions end up in tragic discovery.

#2) Never take your eye off the water! I did so only for a few seconds to bait my hook, but never means exactly that NEVER, not even for a second. The approx. 15 foot wave that hit me was like a sucker punch by Mohamed Ali. It knocked me clear off my feet into the sea wall where I hit my head and shoulder. On the second wave, I protected myself, but my hands and wrists were cut. The third wave was the worst, not as high, but it crashed my body and legs into the jagged lava rocks.

#3) Don't risk your life over material pos-



Yolanda & Gabe Morales agree there will be no more solo visits to the Hawaii coastline for their family, after Gabe's narrow escape from a King Tide.

sessions! After I was relatively safe by clinging on to the rocks, I jumped back in to retrieve my gear bag with cell phone, keys, etc. That was really stupid, because there was a wicked current. I kept chasing my bag until I finally gave up, but by then I was way off shore. I was bleeding badly and could have been shark bait. I wasn't wearing a life jacket because "I was only shore fishing," yet here I was fighting for my life in the water. Desperately, I tried to make it in but about half way back, I ran out of gas. I yelled for help and was very lucky there were young men watching and they acted quickly. I'm quite sure a few seconds later and I would not be writing this.

I don't just pray when in trouble, but I remember asking God to spare my life that day. I also remember a scripture about Jesus in 1 Timothy 6:15 *"He will bring about at the proper time--He who is the blessed and only Sovereign, the King of kings and Lord of lords."* I'm sure it was the King of Kings who saved me from the King of Tides that day.



If your banana tree is producing more bananas than you know what to do with, try this simple, easy recipe!

Banana Bread

INGREDIENTS

5 - 6 ripe local Hawaiian bananas, peeled
1/3 cup melted butter
1 teaspoon baking soda
½ teaspoon salt
2 tablespoons cinnamon
½ cup brown sugar
2 large eggs, beaten
2 teaspoons vanilla extract
1 teaspoon butter flavor extract

1 1/2 cups flour

Preheat the oven to 350°F and spray 4x8-inch loaf pan with Pam or other nonstick product.

Smash bananas with a fork until completely smooth. Stir the melted butter into the mashed bananas.

Mix in the baking soda and salt. Stir in the sugar, beaten egg, and vanilla & butter flavor extracts.

Mix in the flour.

Pour the batter into a loaf pan. Bake for 50 minutes to 1 hour at 350°F or until a toothpick comes out clean.

Cool and then take the banana bread out of the pan. Serve with whipped cream.

For variations add nuts, pineapple, coconut or even chocolate chips.

You can also use muffin tins or cupcake wrappers for individual servings.



Kids craft activity a big hit on Shower Saturday



Rev. Connie shares her artistic talents with children during Saturday showers. The children learned to sculpt with clay.

During the month of May, Reverend Connie shared her love of children and art on Saturdays during the shower ministry. The kids loved it!

If you'd like to share a craft with children on Saturday, you are welcome to sign up. Keep in mind that you will be responsible for purchasing and paying for all supplies required, and you will also be expected to thoroughly clean up when you are finished.

There are always children running around at the church on Saturdays. Some are there to shower and some of them are overflow from the park. They like to eat our soup and bread! A craft project was a great way to keep the kids occupied with something meaningful and to allow parents an opportunity to relax a bit.

Talk with Cordelia, if you have an art project to share with kids.

Vinnie (continued from page 2)

Island since 1972. Well Gee Whiz! No wonder he knows and is known and respected by butt-tons of people from all walks of life.

Vinnie is the all-around good guy, but he's not perfect. I knew Vinnie hadn't always kept his nose clean. He had a past, which was just that, in the past. I chose to focus on

But it wasn't until one of the outdoor Easter

fortunate enough to witness Vinnie's face,

when he truly felt completely accepted for

who he was at St. Jude's. Buffy Hites

services, that Shannon and I were

what Vinnie was today rather than listen to any old rumors. After all, I certainly wouldn't be much of a hippie, if helped haters.

I like to think that God puts people places and things

in my life for reasons. For me, being new to Ocean View and in a bit of a predicament, this was a time when I couldn't ask for direction from anyone but God. My situation eventually became more unpleasant and my life sent me running to Vinnie's on several occasions.

I praise God for giving me a friend when I felt I needed one most. I felt a connection to Vinnie. He was good at listening even when I didn't say anything. He was great at staying neutral and changing topics, which worked great for me, as it helped me to stop focusing on what was wrong. Vinnie talks story very well and I became caught up in his tales. Wow! What a lot of living this guy had done! What a lot of loss he has suffered. From the death of his brother, mother and numerous friends, a girlfriend, plus a divorce and even his will to go on. Vinnie had seen down times and yet somehow God brought him through all of it.

Vinnie believes that God sent his friend to talk him out of giving up. Thankfully his friend knew what to say. Basically it all came down to Vinnie's need to be here for his kids. I believe God blessed Vinnie with good energy. People see kindness (enough for everyone) and respect for humanity. Yet Vinnie has had a lot taken from him. Tools borrowed and not returned, but even worse four boxes of tools, his work boots and even a half-empty bag of dog food stolen! What kind of a crappie thing is that to happen to someone who does nothing but help folks? As God would have it, my friendship changed with Vinnie and we became a couple. I believe this was completely a God thing because I never dreamed men like Vinnie even existed and if they did, I surely didn't deserve him. But God knows why and who am I to question God.

It wasn't long after the theft, that I talked Vinnie into checking out St. Jude's. He came to Saturday showers a couple times. He found the folks at St. Jude's kind and friend-

ly, and he was appreciative of the hospitality and food. He thanked the volunteers at the showers personally, and I thought he blended in quite well. But Vinnie felt that he wasn't measuring up. He detoured St. Jude's because he felt others

needed the showers more than he did. Vinnie has a shower at his place; but Vinnie doesn't have hot water to shower.

Eventually Vinnie finally gave in to Shannon and my urging him to come to St. Jude's Sunday service and to socialize during the Aloha hour after. Vinnie felt welcome and enjoyed the friendly folks, but most of all he loved the grinds. Once we got him to St. Jude's the first couple times, it became a habit that he's getting something good out of.

But it wasn't until one of the outdoor Easter services, that Shannon and I were fortunate enough to witness Vinnie's face, when he truly felt completely accepted for who he was at St. Jude's. It was the moment when Cordelia stepped up to him and said, "Vinnie, Mother needs you."

Vinnie's smile told the story as he responded, "Sure, what do you need?"

Cordelia then asked him to read a part in the dramatization of the service. Vinnie read the part for the service and it was very well received.

Now, Vinnie looks forward to spending time at St. Jude's. He comes to St. Jude's with helping hands as well as a fill-in weed whacker, ready if needed. Vinnie feels blessed with acceptance by people who care for him, like he's family. Because at St. Jude's – he is.

21

WOMEN'S Bible Study



Happy Birthday, Marty!

Each week, Women's Bible Study opens with "Pray & Praise" where the members take turns around the table sharing what each has been praying for, and praising God for.

A few weeks ago, Marty Marsh shared a sweet prayer with the group. Here is an excerpt:



Beverly Nelson (front left) hosts the weekly study. Members gather in her kitchen and dig deep into the scripture.

My prayer is for the church family of St. Jude's... I pray that we always remember that our help comes from the formation of relationships. We have a Gospel of partnership. We are not a one man band, but in and through Christ, we form and strengthen these relationships...

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St. Jude's Weekly Schedule www.stjudeshawaii.org

Spaghetti Dinner



Friday July 7th 2017

Please join us at St. Jude's Spaghetti Dinner

Doors open at 5:30 pm and dinner will be served from 6:00 pm until 8:30 pm

Dinner includes Spaghetti, Spaghetti Squash, your choice of Sauce, Meatballs, Salad, Drinks, and Dessert

Event Tickets are available at the door for \$8 per person, \$15 for two, or \$20 for family.

<u>The best way to pre-purchase your tickets</u> is to come to our **Sunday services which** start at 9:30 am each Sunday, join us for an Aloha potluck social after the services, and buy your tickets while you are there. Tickets are available before and after services.

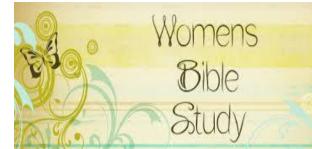
You can also pre-purchase tickets from Thom White, Beverly Nelson, or Cordelia Burt. The event contact number is 808-939-7555 (leave a message)

The party takes place at ⇒

The southeast Corner of Keaka Pkwy and Paradise Circle

St. Jude's Episcopal Church 92-8606 Paradise Circle Ocean View, HI 96737

Proceeds from this event helps pay operating expenses for our community service programs such as Free Hot Showers, Free Hot Lunch, and Free WiFi



Mondays at 10 a.m. At Beverly Nelson's Home Fridays at 9:30 a.m.

McKinney Place

Bible Stud

Lemonade Party July 1, 9 a.m. to 11 a.m.

MEN'S

Monthly Church Clean up Followed by lemonade & hot dogs. Many hands make light work.

Talk Story

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We welcome submissions!



Submission Guidelines: 500 words maximum. Uplifting, informational and reflective stories poems, recipes, memories, etc. Submit as a Microsoft Word doc attachment, or as the text of your email. For more guideline details visit <u>www.stjudeshawaii.org</u>

Photos must be submitted as jpgs & emailed as attachments. Photographs will not be returned.

Submit via email to: cindycutts00@yahoo.com

Deadline for newsletter submissions is the 20th of each month. Authors retain copyrights to submissions

Mistakes happen ... If you find a typo or tiny error in this publication, please do not report it. We don't want to know.