

# Talking Story at St. Jude's

St. Jude's Episcopal Church  
News Magazine

October 1, 2015

Edition 10– Volume 1

## Kapuna Hula Festival

*The 5 W's of Hawaii Kupuna Hula Festival*  
By Kepi Davis

The Who:

Uncle George Lanakilakiahial'i Na'ope (1928 - 2009) was responsible for starting the Hawaii Kupuna Hula Festival in 1982. He was a "Hawaiian Treasure", and a Hawaiian chanter. He composed many songs, including Ka Nani A'o Ka'u (The Beauty of Ka'u). He began to teach hula at thirteen years old, and was a kumu hula for over 60 years, teaching in Hawaii, Australia, Japan, Germany, Guam, England, and North/South America.

In 1964, Uncle George along with Helen Hale and Gene Wilhelm formed the first Merrie Monarch Festival, which was very scaled down and did not have hula competition. In 1968, Dottie Thompson and Uncle George revamped the event and drafted the hula competition rules for wahine (women) ha-laus, and nine groups performed. In 1976, the



Hula Photos by Shelley Shires  
Kapuna hula dancers Kepi Davis, Marla Hubbard and Susan Fine show their stuff at the 2015 Hawaiian Kapuna Festival event.

kane (men) division was added.

Usually a hula dancer will dance in the Merrie Monarch until they are thirty. Uncle George saw a need for the kupuna (elders) to continue to celebrate and share their knowledge and skills of hula. Thus in 1982, the Hawaii Kupuna Hula Festival was given birth.

### What:

The Hawaii Kupuna Hula Festival honors "youngsters" aged 55 and older. It celebrates and honors Hawaii's art and culture through song and dance, with Hawaii's most treasured resources, Na Kupuna. It is put on by Hawaii County's Elderly Activities Division of Special Programs. We are proud to have Kelly Hudik in charge of the program. She has put in long hours to make it what it is today. Today it is the longest running kupuna hula festival in the world. It is also an international hula festival. Each year has a different theme, and this year it was Ola Kupa'aina (Person/Persons of

(See Hula Festival continued page 18)

## Inside this Edition

Around the Church Yard	Page 3
Bus Crash	Page 7
Island Food Review	Page 8
Turning Pages	Page 9
Chasing the Saints	Page 11

*And a whole lot more!*

Sit down, relax and enjoy this jam-packed edition of our church news magazine.

# Stalking the pantry

By Karen Pucci,  
Ka'u Food Pantry Board of Directors, President



## Food Pantry:

Ka'u Food Pantry, Inc.: next distribution is **Tuesday, October 27** at **St. Jude's Episcopal Church on Paradise Circle-Mauka** from 12 p.m. to 2 p.m.

We ask all of our participants to respect the grounds where this will be held.

Volunteers are always needed and welcomed, beginning at 0900 on that Tuesday. The Pantry holds a fund raising event every month on the 3rd Saturday—(**October 17**) at the Swap Meet in Ocean View down by Malama Market. Please come down and support us and pick up some yummy home baked goods.

**The Ka'u Food Pantry, Inc.**, is staffed entirely by volunteers and is a non profit agency whose mission is to feed the hungry of Ocean View. We are currently feeding 150 families. Our program is designed to provide 1-3 days worth of nutritious food to help people who run short of money, benefits and/or food by the month's end. Donations of non perishable food items and funding are welcomed. As a non profit, the Pantry is able to purchase food from the Hawaii Food Basket at 18¢ per pound. One dollar can buy a half of case of food to help your community. Your cash donations may be deductible pursuant to I.R.S. Code §501 (

Donate to Ka'u Food Pantry by bringing food items to St. Jude's on Sunday mornings.

You can also write a check to St. Jude's with "Food Pantry" on the memo line. One hundred percent of your check will go directly to Ka'u Food Pantry.



Food Pantry  
Donations Needed



## Around the church yard

By Contributing Editor Don Hatch

Work continues on painting the outside of the church and we're slowly getting closer to having this job done. The church is used by some organization almost every day of the week (see the schedule posted in this newsletter); currently, the only day we can paint the church is on Tuesdays.

Last month I mentioned the idea of installing washers and driers so we could help people who don't have access to a washer or dryer clean their clothes. This month we are checking with the local laundromat to see if we can come up with a voucher system where we could provide someone with a voucher that would let them use the laundromat. We think this would be a simpler and more effective solution to this need.

While discussing the voucher system for the laundromat we started wondering if we could set up a similar program for food. Since the Food Pantry program is being run out of St. Jude's, it's fairly common for someone to approach the church officers or the food pantry volunteers to see if they can have some food because they are hungry and have no money. Usually when that happens, someone scurries around to get them some food. If we establish a voucher program with the local markets, we can give them a voucher so they can get food from the market.

As I pondered about what to write in this month's newsletter tried to recall what happened around the church yard this month I came up with a blank; so, I started thinking about what I had done around the church yard this month, and another blank.

The last two months has been mostly hot and humid in Ocean View and one of our major activities has been to sit in front of a fan and read.

As I watched the news this morning it reminded me of a comment I've heard ever since I was a child is "if you don't like the weather, just wait and it will change".

Since Hawaii and California share a common border with nothing but a puddle of water separating them, we usually follow west coast news. Over the last several months the news is usually about the draught, the wildfires, or the rain and flooding.

Since 2007 California has gone through a series of droughts and each one seems to be worse than the previous. The last couple of years they have had the worst draughts in recorded history.

Following a drought year, the west coast usually has a bad wild fire season, and since they've been having a record draught, they are now having a record breaking wild fire season. We all know someone affected by the wild fires, such as friends who live in the fire areas or people with family and friends fighting the fires.

Every two to seven years we have a weather phenomenon in the Pacific Ocean called El Niño. In an El Niño year, the waters in the Pacific Ocean are warmer than normal and the warmer waters affect the weather patterns.

This year we are experiencing the strongest El Nino since the 1950s. El Niño years usually means there will be more rain along the west coast of the USA, more rain and higher temperatures in Hawaii, and drought conditions in Asia.

As they continue fighting the worst wild fires ever recorded on the west coast, the El Niño rains have started and we're starting to see heavy rains and flash flooding from California to Utah.

We are in hurricane season in the Pacific and the warmer waters have helped make this a very active

**(See Church Yard continued on page 4)**

## Church Yard

(Continued from page 3)

hurricane season. In late August there were three category 4 hurricanes training toward Hawaii, spaced with 3-5 days between each storm. As the second hurricane came our way, meteorologists forecasted rain, measured in feet instead of inches. Then when the storm was two days out, it fell apart and moved north east of us. I didn't even get a sprinkle from that storm.



Hawaii usually has Trade Winds blowing in from the east to north east and these provide our natural air condition. When these winds hit Hawaii, the high mountain peaks changes the directions of the trade winds. On the big island we have two big volcanic mountains names Mauna Loa and Mauna Kea which are both over 13,000 feet tall. When wind hits mountains, it can't go over them; so, it goes around. Weather reports say they can see the effects of the Hawaiian mountains on the trade winds for over 1,800 miles after they pass Hawaii.

When the trade winds hit the Big Island, they usually change direction and blow south along the east coast from Hilo to south point, across south point, and then north up the west coast to Kona. When there are rain clouds with the winds, they usually go south of the island and then go up the west side of the island. The rain often misses South Point and Ocean View.

The winds usually circle the Big Island in a clockwise direction, and these circular winds affect the wind patterns for several hundred miles around the Big Island. When storms, including hurricanes, come up against these winds, they tend to change their course so they slide past the big island with minimal affect and sometimes they completely miss us.

South Point is known for an almost constant eastern wind and even the vegetation in the area show the affects from the constant wind. Shown here is a picture of a tree standing by the south point road. Note that all of the branches are on the downwind side of the tree.

There is a wind farm near south point and because of the near constant wind; it has the highest output of any wind farm in the USA.

The hurricanes I mentioned earlier crossed north and east of us and caused a weather phenomenon we don't like. They moved into the region where our trade winds come from and blocked the trade winds from getting to us.

When we don't have trade winds we usually get hot muggy weather and since we are in an El Niño year the waters around us are much warmer than normal and for the last two months we have had hot muggy days. We have set several high temperatures records for Honolulu, Hilo, and Kona.







**Friday October 2<sup>nd</sup> 2015**

Please join us for our annual Ocean View

**Oktoberfest party** Doors open at 5:30 pm

Live music provided by the **Last Fling Band**.

Along with live music you get Dinner which includes  
**Bratwurst, Sauerkraut, Boiled Potatoes, Drinks, and Dessert**

Event Tickets are available at the door for

\$8 per person or \$15 for two.

The best way to pre-purchase your tickets: Come to our **Sunday services which start at 9:30 am each Sunday**. Join us for an Aloha potluck social after the services, and get your tickets while you 're there.

You can also pre-purchase tickets from Thom White, or Cordelia Burt.

<p><b>The party takes place at</b>          The southeast Corner of Keaka Pkwy and Paradise Circle</p>	<p><b>St. Jude's Episcopal Church</b>          92-8606 Paradise Circle          Ocean View, HI 96737</p>
--	--



## Supporting Education

### St. Jude's is supporting

Honaunau Elementary **School's** second grade class as an outreach project.

If you would like to support this classroom, the wish list includes:

Tempera Paint— All colors

Construction Paper—All colors

2nd & 3rd Grade Level Story Books

Colored Pencils

Gel Pens — Purple, Green, Aqua, Orange, Pink, etc.

Treasure Box Trinkets \*

Stickers \* New Backpacks



## AND

Healthy individually wrapped snacks, such as granola bars, fruit snacks or crackers.

(No nuts, please)

## Ka'u Food Pantry Distribution

Last Tuesday of every month

Noon—2 p.m.

**St. Jude's**  
Episcopal Church



For more information contact Karen

510 778 5500

The Ka'u Food Pantry's goal is to provide 2-3 days' worth of food at the end of the month when most benefits (Food Stamps, SSI, etc.) have been exhausted. The Pantry is a full no-profit operation and it depends solely on tax deductible donations to meet our monthly goals.

Monetary donations to the Ka'u Food Pantry enable the organization to buy food for 18 cents a pound at the Food Basket in Kona. They cheerfully accept monetary donations, food donations and volunteers are always welcomed.

## *A reminder about local traffic safety*

# School bus crashes in Ocean View

Story & Photo

By Contributing Editor Don Hatch

A school bus was involved in an accident in Ocean View recently, as result of another driver failing to stop for a stop sign. Fortunately no one was hurt when the bus, carrying 12 children on the way to school, was broadsided by an SUV that ran a stop sign.

Wednesday Sept. 2<sup>nd</sup> around 6:45 am a school bus carrying 12 children, ages 13-16, was going south on Princess Ka`iulani Boulevard, when a SUV traveling west on Lehua Parkway ran a stop sign and broadsided the school bus, driving it off of the road and into an embankment.

The school bus was a full size bus (around 38 feet long) which is built on a truck frame and is much heavier than the SUV; so, instead of rolling and demolishing the bus, it was forced it into a bank along the road and while everyone was bounced around, there were no injuries. The crash caused substantial damage to both vehicles. The bus was towed after the crash.

In St. Jude's travel guide (Things to do, when you're in Ocean View), I used most of a page warning about the drivers in Ocean View and this type of wreck is far too common in Ka'u.

I talked to the bus driver a few hours after the wreck and he told me he didn't smell any alcohol and the SUV driver and he didn't act like he was intoxicated or high. Also, the SUV driver wasn't an inexperienced youngster, he was 42 years old.

The SUV driver was simply a type of driver that is fairly common around Ocean View, he ignores traffic signs. Since Ocean View is lightly populated, he has probably run stop signs hundreds of times before he found this one with a school bus going through the same intersection he was going through.

If you drive in Ocean View, it's up to you to



prevent an accident. Defensive driving means being prepared to stop at intersections, when oncoming traffic fails to stop for stop signs.

Many Big Island drivers ignore the traffic signs by schools and I have seen a few drivers pass school busses that have flashing lights and with their stop sign extended. The traffic laws are federally regulated for school buses.

Below is an extract from the National Traffic Safety Website regarding school bus laws.

*Whenever a school bus is stopped on a highway with alternating red signal lamps flashing, the driver of any motor vehicle on the same highway in the lane occupied by the school bus and all lanes adjacent to the lane occupied by the school bus shall stop the driver's vehicle before reaching the school bus and shall not proceed until the school bus resumes motion or the flashing red signal lamps are turned off. However, vehicles proceeding in the opposite direction on a divided highway are not required to stop. A divided highway is two roadways separated by a strip of land or other space not intended for vehicular travel.*

***Drive safely and please stop for screaming yellow monster buses with bright red eyes flashing at you!***



## ISLAND FOOD REVIEWS BY K & A

### *Groovin' with the Grazing Girls*



## Mercado Rincon is the real deal

This is an unpretentious Mexican walk-up food restaurant, located in the Food Court of the International Market in Kona. We had heard primarily good reviews about this place and we have been in search of decent Mexican [we're from California and it is a staple there].

They boast "authentic" Mexican food and some menu items appeared to be the real deal. For instance, the taco options included shredded beef as well as what all you Taco Bell junkies like, hamburger. I ordered the burrito Carne Asada, Anna had a pork tamale and her Holy Grail, Chile Relleno. I really enjoyed the burrito. The tortilla was nicely browned here and there. The Asada was very good. Real steak and a nice cut of beef to boot. The meat was medium rare mostly, tender and tasty. The burrito was stuffed with the carne asada, lettuce tomatoes, rice, cheese and tomatoes.

At \$10.95 it seemed pricey but it was HUGE. Big enough for 2 people to share. The combination, while quite good, was not particularly spicy. This is good news for many but I would have enjoyed some heat inside. I'll have to ask next time to see if I can kick it up a notch.

Anna's pork tamale was done to her satisfaction which is no mean feat, as Anna can make some killer tamales. She said the pork was not drowned in sauce, the

masa was the perfect amount and it tasted faboo. Her next huge grin was complement of the relleno. She said it was very cheesy but not quite evenly distributed and she would like it more melted but overall, she enjoyed it.

All in all, this is a good place to stop off to relax a bit. Prices range from \$3.75 to \$16.00. Menu items include enchiladas, tostados, sopes, salads, quesadillas, seafood options including fish or shrimp ceviche. Mexican sodas are available as well the usual non alcoholic offerings, and sangria for those who need a little relaxing beverage.

Quite a variety for a little walk up place. Vegetarians could find some nice items but vegans and gluten free are likely outta luck. The Girls say this is the best Mexican we have sampled here so far, so go graze!

**Mercado Rincon.** No a/c. Table service delivery and clean up, very quiet and had some breezy areas outside for relief from the Kona humidity.

We paid cash but I think they take M/C and VISA. Hours M-Sat 10a-6p; Sundays 8:30a-5p. 808 327 1110. 74-553 Luhia Street [International Market] in Kailua-Kona.

Take out menu is available.



# TURNING PAGES

BOOK REVIEW BY ANNA TOWNER

## Daughters of Fire

By Tom Peek and John D. Dawson

You know how those blurbs on books are there to entice you, but rarely live up to their promise? Well, This one almost works truthfully. "A gripping adventure of romance, intrigue, myth and murder set amid the cultural tensions of contemporary Hawaii." The blurb forgot to mention cross cultural tensions/fusions, volcanic eruptions, suspense, politics and governments. There - everything covered.

Maile, Gavin and Pele are the main characters who involve us in Hawaii's struggle to maintain a balance with nature, spirits and customs. Real estate developers' massive hotels, condos and apartments mean limited access to once public areas, encroaching on or even the complete destruction of sacred sites. How to find a solution to everyone's satisfaction. Can one be found? Humans can't find a satisfactory solution; Pele can.

While waiting for Pele's response Maile confronts her own issues: doing business with those who work at diminishing Hawaiian

culture and tradition? how much of her culture can she embrace and believe? does her bond with and love for Gavin stronger than his not being Hawaiian?

As you read and consider these various issues you will recognize many of the places mentioned, even if given different names. Decide how you feel about "progress" versus native rights and culture.

For more information please visit the following sites:

**tompeek.com** - information about the author, the Big Island, volcanoes and more.

**daughtersoffire.com** - about the book, native culture and much more

**Don't forget to check out these authors:** Kiana Davenport, Alan Brennert, and Marjorie Sinclair.



Please join us at our annual Ocean View Jumble Sale and Pancake Breakfast.

**Saturday, November 14<sup>th</sup> 2015**

**Doors Open at 8:00 am**

All You Can Eat Pancake Breakfast

Adults \$3 - Children(6-10) \$1 - Younger Children Free

We have Potted Plants, Kitchen Tools, Hand Tools, Home Made Cookies, Gourmet Mustard, St. Jude's Coffee, Mac Nuts, Craft Products, Jams, Jelly, and much much more

*We Have Quality Items at Great Prices*

**Takes place at**



**St. Jude's Episcopal Church**  
**92-8606 Paradise Circle**  
**Ocean View, HI 96737**  
**The southeast Corner of Keaka**  
**Pkwy and Paradise Circle**



**We Are Less Than one Mile From The Post Office**

Proceeds from this event helps pay for our community service programs such as Free Hot Showers, Free Hot Lunch, and Free WiFi



## Chasing the Saints

By Cynn timer Salley, Grandmother of New Orleans Saints Center, Max Unger

*Editor's Note—Cynn timer and Ray Salley are on an NFL sojourn. At my request, Cynn timer has provided a travelogue to share the crazy life of NFL families.*

TRIP-phase 1 9/2/15

Sandy OR... Linner at Shirley's Tippy Canoe...Took the car to the Dealers for a tutorial...these OPs ( old people) need lessons!! Still I'm confused! The car is magical and does everything but produce a chauffeur! But, we have the AC down pat...and the remote starter. So, we can go and we can be coolly comfortable!

9/4/15

Two day drive to LA, arriving Sat. afternoon. Stopped for the night in Woodland, above Sacramento. Doctors' appointments this week...

9/8 & 9/9/15

Many medical appointments and we're healthy and Ray can hear!! Hooray!

9/10/15

Went to the Getty Museum for lunch. We all had a squash risotto, served in half a cabochon . Two of us had it with lobster, one without. It was fabulous! It is hot, hot, hot here!

9/12/15

Off to Phoenix, about a 7 hour drive...pretty desert-like all the way! We're having dinner with John and Rick tonight. Looking forward to seeing them. Then Holly flies in, in the morning and we'll be off to the game!! Had a wonderful time with John and Rick. It was so good to see them again and catch up with all that has happened in our lives.



**Max Unger , #60, Center  
for the New Orleans Saints.**

9/13/15 Lost to Arizona 31—19

Well, that was a horrible game...but Max played really well. Our seats were good...our "handicap parking pass" was miles away from the stadium and the heat was intense. School buses ( air conditioned ) ferried us to the stadium...then we walked forever through the adjacent parking lot to even reach the stadium doors.

**(See "Chasing Saints" continued on page 12)**



## Flavor of the Month



### Aloha Father Roger

Rev. Roger E. Sonnesyn and his wife Trisha, will arrive October 17<sup>th</sup> and serve St. Jude's through November 15<sup>th</sup>. Father Roger and Trisha have been married for 36 years and have a rich history of serving several congregations in the Minneapolis area as well as in Africa. Welcome Father Roger and Trisha.



### Farewell Father Leonard

Father Leonard and Vicki will serve St. Jude's through October 11<sup>th</sup>. We are grateful for their many gifts and talents they have shared with us, and will miss Vicki's kind heart and Father Leonard's delicious sense of humor. We wish them sweet aloha and hope they will return again.

## Chasing Saints

(continued from page 11)

By that time I was half melted! Thank goodness the AC inside the stadium was cranked up!!

Walked another mile to reach our seats! And then watched the horrid game surrounded by Cardinals! Couldn't use our passes to see Max as we would have missed the school bus back to our car...woe is us!! A total pity party was had by me...by that time completely melted!! Took Holly back to the airport, went to our room, had a room service dinner and went to bed! WHEW!!

9/14/15

An early breakfast, so that we could get an early start to Albuquerque en route eventually to NOLA. Drove up to Flagstaff so that we could get on Rte. 40 and head east. It was a beautiful drive. It seemed like high desert in places and gorgeous colorful mesas throughout the drive. The rust and ochre colors are so intense.

Went through a time change on the way and the drive took about 8 hours. Tonight we're meeting a high school friend and her daughter for dinner. She's driving down from Santa Fe to see us. It will be wonderful to see them! Tomorrow we drive to Amarillo. It will be a short 4 hours, which will give us time to poke around Albuquerque in the morning.

September 20th Lost to Tampa Bay 26—19

**Go Saints!**



# Ocean View Ranchos proposed solar project sparks concerns

**By Don Hatch**

St. Jude's is known for their dedication for helping the citizens and other organizations in their community. They also try to help with any problems that are affecting the people in their community.

The latest problem facing Ocean View is already having a major impact on the community and has the potential for changing the type of community Ocean View is.

The Hawaiian Electric Light Co. (HELCO) and SPI Solar are in the process of installing massive commercial solar installations on lots interspaced among homes in the Ocean View Ranchos Estates. SPI Solar is starting this project with 26 lots in the Ocean View Ranchos.

SPI Solar started business in Roseville California in 2006 as Solar Power Inc. In late 2014 they announced they were entering the Hawaii market by acquiring Hawaiian Power, LLC. In early 2015 they announced their headquarters was moving to Shanghai China as part of their ownership change to a China-based parent company. Their agreement with their China-based parent company is that all solar equipment in their projects has to be supplied by the China-based parent company. PSI Solar say they are a vertically-integrated photovoltaic solar developer, which should mean they are involved in the entire process from making the solar equipment to installing it. In this case the manufacturing is done by their China-based parent company and SPI is responsible for the design and installation.

The national average for electricity rates are around 12.5 cents per kilowatt-hour. The rates in Ocean View are around 40 cents per kilowatt-hour which is among the highest in the nation. One of the goals of using solar and wind power to generation electricity is to

help lower that power cost.

St. Jude's is a strong supporter of the goal Hawaii Governor David Ige set for Hawaii being at 100% renewable energy by 2045. However, this project doesn't help achieve either of those goals. It won't help meet the state's goal of 100% renewable energy by 2045 and it won't help lower the cost of electricity.

HELCO reports show they are already curtailing power generation from the existing solar installations and wind farms during daylight hours because during that time their exiting power generation exceeded their daytime power loads. They say they need additional power generation from sundown until 10:00 pm because those are the hours when the demand exceeds the power generation.

Consumer cost savings appears to be suspect, because HELCO and SPI Solar have agreed to split this major project into 26 smaller projects so SPI Solar could get a 60% higher price for the electricity than they qualify for. HELCO will pass the higher price to their customers as a normal operating expense.

Large solar projects have a much smaller overhead cost per kilowatt-hour, and a large project like this would normally qualify for around \$0.135 per kilowatt-hour. To encourage the small rural solar installations on farms and co-op solar projects in rural residential communities there is a special pricing tier of \$0.236 per kilowatt-hour. Although this project doesn't qualify for the small project price tier, HELCO and SPI Solar have agreed on the 60% higher price.

You would expect HELCO to be bargaining with SPI Solar to get the best price possible, but they aren't doing it in this case because PSI Solar has agreed to build HELCO a new

**(See "Solar Project" continued on page 14)**

# Coming Up

OCTOBER 2	OKTOBERFEST 6PM
OCTOBER 4	BC MEETING
OCTOBER 10	ANNUAL O.V. ROAD MAINTENANCE ANNUAL MEETING
OCTOBER 11	REV. LEONARD EVANS LAST SERVICE
OCTOBER 18	REV. ROGER SONNESYN FIRST SERVICE
OCTOBER 23 & 24	DIOCESE ANNUAL CONVENTION, HONOLULU
OCTOBER 31	LEMONADE PARTY

## Solar Project

(Continued from page 13)

power transfer station, a communications tower, and high voltage transmission lines. These facilities are costing SPI Solar several millions dollars. It's not clear if they are doing this to pay HELCO a finder's fee or to repay them for supporting the split of this massive project into 26 smaller projects so they qualify for the 60% higher price for the electricity they produce. Whichever it is, this definitely wasn't the intent when the Statute was rewritten and they added a special higher price for electricity to encourage small solar installations on farmland and in rural agricultural zoned residential communities.

Although HELCO and SPI Solar have a signed agreement on this, it hasn't been approved by the PUC and neither has building the new substation. If the PUC authorizes this project, we will be paying these inflated prices for electricity until the contract runs out in 20 years.

The reason they are almost ready to start the installation on this project without the people in Ocean View knowing about it is because the Hawaiian Statute 205-2 was revised to make it easier for farmers and ranchers to install solar without the normal environmental

or impact studies and it minimized the permit requirements. The intent of the change was to encourage farmers to use some of their farm land for solar installations to generate enough solar power to supply their power needs, and sell the excess power to the HELCO, which would give them another source of income for their farms. The new statute was also intended to encourage agricultural zoned residential communities like Ocean View Ranchos to work with the solar companies to build Co-op community solar projects which would help each community offset the high cost of electricity. Since they envisioned the residential community installations would be community Co-ops, they reduced the need for impact studies so communities could decide what was in their best interest and also let them take responsibility for handling the hazards inherent in commercial solar projects. Since small solar projects are marginally economic, they also authorized a pricing tier that was substantially higher than the price of regular commercial solar installations.

What they didn't expect was that HELCO would bring in a commercial solar company and use the changed Hawaiian Statute 205-2 to ignore the community interests, bypass impact studies, and ignore community safety concerns.

(See "More Solar" continued on page 21)

## Dancing in the Kapuna Hula Festival

By Thom White



This is the fourth year I've danced in the annual Hawaiian Kupuna Festival and my second time dancing a solo hula. The theme this year was "OLA KUPA'ANIA" a place that holds special meaning. Our Kumu Hannah Uribes chose places that were dear to her growing up in Oahu and living in Hawaii. For the Wednesday solo Kane competition she chose "Royal Hawaiian Hotel." The song was written in 1927 for the grand opening of the Royal Hawaiian Hotel, the pink palace on Waikiki Beach. Hannah remembers as a child running thru the hotel lobby, playing and drinking juice from the pineapple fountain in the center of the lobby. This was when there were only two hotels on Waikiki Beach. The song and hula celebrates the beauty and magic of the hotel. This was a fun and energetic hula to dance. My costume was created by Marla Hubbard and was a

spectacular pink tunic like jacket trimmed in turquoise. My huge lei of pink carnations was created by Bucky, the florist at the Sheraton.

For the Wahine solo, danced by our hula sister Mary Ramsdell, Hannah chose "Akaka Falls". The song sings of the beauty of the 400 foot waterfall on the Hilo side of our island. We finished our Wednesday night dancing in the Ho'olaule'a. This is

*Dancing at the festival is to connect to the culture n history of the Hawaiian people and the aina.*

the fun non-competitive part of the program. We danced our signature fun cowboy hula "Hard To Be Humble".

Thursday night was the Group competition. Ron Eberg and I danced "Hi'ilawe" in the Kane division. This hula was about the beautiful waterfall in Waipio Valley honoring our kupuna. Then our ladies danced "Alekokoi" in the ladies division. This song from 1850's tells the story of a rendezvous with a beautiful girl at the Alekokoi Pool in Nu'uuanu. Hannah chose this song because of her fond memories as a child when she would swim here and jump off the cliffs and rocks. For the Mixed Wahine Kane division we danced "Koke'e", a song and hula about the sacred highlands of Kauai and its swirling winds and rainy mist. This completed our program in the festival.

Twenty Halau from all the Islands, California, Japan and Okinawa came to compete. Dancing at the festival is to connect to the culture n history of the Hawaiian people and the aina. I am honored to be in the presence of these Kupunas, who share so joyfully their stories, songs and hula from generations and allowed us to participate. This is the best show in town for \$10 and you can't beat the price. Hope to see you there next year.

Blessings and Aloha,

Thom

	8:00 AM	9:00 AM	10:00 AM	11:00 AM	Noon	1:00 PM	2:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	9:00 PM	
<b>Monday</b>	Senior Nutritional Program								Hula Practice	NA	AA				
<b>Tuesday</b>			Women's Bible Study @ Bev's 10:00 am	Food Bank Monthly Last Tues.						Exercise Class					
		Veterans Affairs (Heimburger Hall)													
<b>Wednesday</b>	Senior Nutritional Program									Brownie Meeting		NA			
<b>Thursday</b>		Hula Practice	Head Start (1st & 3rd Thurs. each month)					Exercise Class	Al-Anon	AA					
		Veterans Affairs (Heimburger Hall)													
<b>Friday</b>	Senior Nutritional Program							Reserved For St. Jude's Special Projects							
		Men's Bible Study @ McKinney Place													
<b>Saturday</b>		Free Hot Shower								AA	NA				
		Free Hot Lunch With Shower													
<b>Sunday</b>		St. Jude's Eucharist Services & Aloha Poluck Social After Services						Marshallese Full Gospel Church			Marshallese First Assembly of God Church				

Indicates this is a St. Jude's Function

AA = Alcoholics Anonymous  
 NA = Narcotics Anonymous

# St. Jude's Weekly Schedule



# In our prayers this month

Prayers for safety for all travelers& for James Fitzpatrick as he begins his mission.

Prayers for healing: Elaine, Ann, Melissa, Brian, Thom, JYM, Bill, Christine and all who are having surgery, treatment or procedures.

Prayers for comfort, healing and strength for all those suffering with mental distress, Austin, Andy, Sharon, Maria, Shannon.

Prayers for wisdom, comfort and strength for all caregivers.

Prayers of Thanksgiving for Father. Leonard and Vicki and all the priests that come to care for St. Jude's family, for Fr. Moki, for Bishop Bob, for the rain that we have been having.

Prayers of Thanksgiving for the rains that helped to quench the wild fires on the West Coast.

Prayers of Thanksgiving for the storms that have skipped past the Big Island this hurricane season.

Prayers of Thanksgiving for the arrival of Baby Colette Ann Cutts, perfect new granddaughter of Jerry & Cindy Cutts.

Prayers of Thanksgiving for the friendships that develop through service at St. Jude's.



# Celebrating this month

## October Birthdays

2 Mike Hubbard

6 Fred Honnold

28 Ray Salley

## October Anniversaries

Oct. 12 Sandy and Fred Honnold

Oct. 21 Frank and Conny Santana



# Hula Festival

Continued from Page 1

the Land). The halau must meet a deadline of January 1st each year for their music/dance submissions, and by January 3rd, the 20 halaus to perform are chosen.

## Where:

the Hawaii Kupuna Hula Festival is held at the Sheraton Kona Resort and Spa in Keauhou, Hawaii Island. Their accommodations are 5 stars and they always have good rates for the event. There are excellent restaurants, as well as plate lunch sold during the event. There is also Hawaiian made art being sold by vendors.

## When:

The festival is always the first Wednesday and Thursday after Labor Day. On the first day, you will see the tutu wahine and tutu kane competition, as well as twenty halaus performing their non-competition International Hoolaula (Fun Time). The last day is filled with the Hawaii Island Festival Royal Court, and the hula haluas in group competition. The awards are presented on the last night, along with the



overall group winner being named.

## Why:

The Hawaii Kupuna Hula Festival encourages seniors to stay physically active, mentally strong, and to socialize with other dancers and halaus. Their knowledge of the songs and dances are invaluable to all ages, especially the younger hula dancers. It is the kupunas' goal to make sure that the hula and music are preserved and remembered.

I consider it a great honor, whether we win or lose, to have participated. See you next year for the 34th Hawaii Kupuna Hula Festival!

*Kepi*

## Editor's Note

*Kapuna hula is offered at St. Jude's on Mondays and Thursdays. New members are welcome.*

**Photos by Shelley Shires**



# Things to Do in Ocean View

By Don Hatch

This is a continuing travel guide. The complete edition is available on our website.

## Kona Historic Society



Coffee was first grown in the Kona districts in 1828, but the history of “Kona Coffee” really began in 1850 when Henry Greenwell came to Hawaii and started growing and marketing his coffee as “Kona Coffee”. At the 1873 World’s Fair in Vienna Austria, he received an award for his Kona Coffee.

The Kona area has a unique environment for growing coffee with its volcanic soil, mild weather, and frequent gentle rain. Kona Coffee is known for its mild and subtle flavors and it commands premium prices far above similar quality coffees of the world. Some coffee growers in other parts of the world have tried to market their coffee as Kona Coffee so they could get the higher prices. After Hawaii became a state in 1959 Hawaii established laws defining that only coffee grown in the two Kona districts can be called “Kona Coffee” and later they patented the “100% Kona Coffee” label.

When the sugar plantations started closing in

the 1980’s, many were converted to coffee plantations. Today some of the coffee is grown on those plantations, but there are hundreds of small growers and most Kona coffee is grown and hand-picked on those small private farms.

These tours are about H. N. Greenwell, his general store, and his coffee business. H. N. Greenwell is the person who invented the term Kona Coffee and without his marketing, there probably wouldn’t be Kona Coffee.

The Kona Historic Society will take you back into two different times in Hawaiian history.



## Greenwell Farm Museum

The Kona Historical Society is located next door to the original Greenwell farm and H. N. Greenwell general store.

They take you back in time to the 1880’s when

**(See “Things to Do” continued on page 20)**

# Things to do

(Continued from page 19)

the H.N. Greenwell General Store was the place to go to buy everything from clothes to farm tools.

As you enter the store you can smell the aromas of coffee beans, fresh fruits, and fresh bread blend together, just as they did over 100 years ago when it was the place to go to buy household supplies. The shopkeeper will show you around help you with your shopping.

Stone Oven Cooked Portuguese Bread: As you enter the museum parking lot you will see a tent to the left of the driveway.

They have an authentic stone oven and every Thursday they fire up the oven to cook Portuguese sweet bread, and sell it from the tent.

If you want fresher bread, you can take a 5 minute stroll to where the oven is and buy it as it comes out of the stone oven.

Every Thursday starting around 11:00 am they begin rolling the dough into round balls and placed into pans. The first batch of bread usually goes into the oven around Noon, and the first batch of hot bread is ready by about 12:30 pm. Bread sells for \$7.00 a pan for White, Wheat, or Sweet Bread.

Location: It is located on the ocean side of the Belt Rd, (Hwy 11) midway between mile markers 111 and 112. 81-6551 Mamalahoa Hwy Kealahou, HI (808) 323-3222

## Kona Coffee Living History Farm

This is called a Living History Farm because you stroll through the farm with historians dresses in authentic attire for the time. They will explain what life was like for a Kona's coffee pioneers during the years 1926-1945.

The Farm is open with interpreters Monday – Friday, 10:00am-2:00pm.

Admission is \$15 for adults, \$13 for seniors (60+ years old), \$5 for children (5-12 years), Free for children under 5 years old.

Location: It is located on the ocean side of the Belt Rd, (Hwy 11) around 200 feet north of the 110 mile marker. 82-6199 Mamalahoa Hwy, Captain Cook, HI 96704

This is around 1 1/2 miles south of the Greenwell Farms



## More Solar

(Continued from page 14)

This Ocean View situation is an unintended consequence of the poor wording of the revision. This problem has been pointed out to the state legislature and they say they will correct this in next years' session, but by then it may be too late for Ocean View.

Even though environmental impacts studies aren't required, the area where they plan on installing this project is the habitat for two endangered species - the Hawaiian Hawk and the Hawaiian Hoary Bat. The proposed Solar Project has already negatively impacted real estate sales in Ocean View with home sale offers being withdrawn; and sellers in the area are now required to disclose that commercial solar installations may be built next door.

Christine Gallagher has lived in Ocean View for 36 years and she loves her relaxed country life with her ocean view. SPI Solar purchased the three lots circling her Hawaiian Ranchos property and they plan on installing 12 ft. tall chain-link fences topped with barbwire on three sides of her property. If SPI Solar has a problem with people stealing their solar panels, which has been the case in most other solar sites, their first line of protection is to install floodlights and cameras. Christine's quiet country home could become a place where it is as bright as daylight 24 hours a day 7 days a week. Instead of her ocean view, the picture shown here is similar to the view Christine will have on three sides of her property.



I read one article which said the Ocean View citizens are split on what they think about this project. The Ocean View Rancho sent questioners to their residents to get their feedback. I was told they received responses from 349 people with 339 opposed to the project and 10 supporting it. That means they are split with a little over 97% opposed to the project and fewer than 3% supported it.

St. Jude's is not taking an official position on this issue. But our congregation encourages everyone in our region to educate themselves on this issue and to become part of the democratic process. Your voice can be heard. Since the PUC will make a decision on this project soon, we have provided their address below, if you wish to share your thoughts with our island Public Utility Commission.

PUC Hawaiian District Office 688 Kinoole St. #106-A

Hilo, Hawaii 96720 808-974-4553 | 808-974-4534 (fax)

<http://puc.hawaii.gov/contact/send-us-message/>

# From the St. Jude's Kitchen

## Chicken Spaghetti Casserole ✓

In 1995 my brother-in-law Jeff, and some of his friends, organized a bicycle riding team called the Clydesdales. Their motto is "Big, slow, and able to carry lots of beer."

Their biggest ride each year is the MS150 which is a 150 mile two day ride from Houston to Austin.

My house in Katy was located on the West side of Houston; so, it became their base of operations for that event and a few others. Members of their team and sometimes their families started arriving mid-day Friday with food and beverages - and the party began.

This recipe is one of the dishes Pat, one of their team members, brought several times and it's always one of our favorites. I've varied it a little to match my tastes preferences.

### Ingredients

	1	lb.	package	Spaghetti
	1-3	lbs.		Chicken (white & dark meat)
sauce	2	cups		Mushrooms
	2	Tbsp.		Vegetable Oil
	3	medium	chopped	Onions
	2	cups	chopped	Poblano, Hatch, or Bell Peppers (optional)
	1-2	cups	chopped	Celery (optional)
	1-2	cups		Sour Cream (optional)
	2			Bay Leaves
	2	cloves	minced	Garlic
	1-2	10 oz. can		Ro-Tel - Tomatoes and Pepper
	1	8 oz. can		Tomato Sauce
				Salt & Pepper to taste
	1	14 oz. can		Chicken Broth or Chicken Soup Base Paste
	1/2	cup		Parmesan Cheese (optional)
	2-3	cups	shredded	Cheese-American or Cheddar and Jack mix

Sauté the mushrooms, onions, peppers, celery, and garlic until the onions are transparent. The original recipe used chicken fat for this – I use canola or olive oil.

Add the chicken broth, Ro-Tel tomatoes, tomato sauce, and bay leaves. Cook slowly for 15 minutes then add the pieces of uncooked chicken and cook another 30-45 minutes.

Take the chicken out and shred, cut, or pull it into bite size pieces. (The original recipe used stewed chicken). I use a rotisserie chicken or chicken breasts and thighs.

Add the chicken into the sauce and continue cooking for 30 minutes. Season if necessary.

Cook the spaghetti until limber and barely al-dente. Oil a baking dish and fill with several alternate layers of spaghetti, chicken mixture, and cheese.

**Cover** and bake at 350°F until the casserole is bubbling - about 30 minutes.

Variation: Add half of the cheese to the sauce, and when the spaghetti is barely cooked, drain and add it to the sauce – then immediately put the sauce-spaghetti mixture into the casserole dish. Sprinkle the top with the remaining cheese, cover and cook.



# HAWAIIAN GARDENERS

## HOW DOES YOUR GARDEN GROW?

### Nature Abhors an Imbalance

By Don Hatch

Many of my friends and family have become Vegans and with so many people eating plants, instead of meat, I suspect Mother Nature has a problem staying in balance; so, I decided to start growing carnivorous plants to help Mother Nature stay in balance.

I envisioned getting a **manly carnivorous plant** like the one shown here, but all I could find was the small Venus Flytrap shown below.



They are native to North and South Carolina where they grow in bogs in soil is low in nitrogen and phosphorous. They trap bugs and digest them to get the nutrients most plants get from the soil. Since they create their own nutrients you shouldn't add fertilizers to the soil they are growing in.



The directions said it usually grows in swamps, but they won't tolerate their roots being wet all the time. Mine is planted in peat moss. I put it on the window sill behind the sink and water it twice a week. It seems to like it there - in the first week it grew, spread out, and put on more leaves (traps).

In Hawaii, fruit flies can be a big problem because most of the fresh fruit you buy or grow here has fruit fly eggs on them. We haven't had a big problem with fruit flies and even though we have kept them under control in our house, they were a nuisance.

Around the second week I had the Venus Flytrap I noticed something I hadn't expected - The fruit flies were no longer a problem in our house and they kept disappearing until now we seldom see one.

I was fascinated with the plant and learned that if I trick the plant by tickling inside one of the  
**(See "Flytrap" Continued on page 24)**



## St. Jude's annual plant sale is November 14<sup>th</sup>

### Flytrap

(Continued from Page 23)

leaves (traps) with a toothpick, it will close and then reopen in 1-2 hours. When it has trapped a bug it will stay closed for 1-2 days. Sometimes when it reopens there is a small black lump in it, and sometimes you don't see anything left of the bug.

Since this has been so effective at controlling fruit flies I think I'll start looking for a larger one that I can put on the patio table. A Venus Flytrap should love it out there with all the fruit flies, house flies, and mosquitoes to munch on.

My niece, Caryn, told me she's had several Venus flytraps, but she didn't think they were fast enough to actually catch the flies by themselves; so, she killed the flies and feed them to her plant. She said "apparently Venus Flytraps didn't take too well being force feed because hers always died".

### St. Jude's Christ Mass Photo Contest

#### Enter Your Favorite Christmas Photo

**1. Photo per person**

**2. Submit via emailed jpg to  
cindycutts00@yahoo.com**

**3. Include your name, name(s) of who is in the  
photo and  
year photo was taken**

**4. Deadline is Oct. 20th**

*Winning photo will be featured on  
the front page of the November  
issue of Talking Story.*



**Enter TODAY!!!**



# Book sites on the Web

By Anna Towner

Amazon and Barnes and Nobles electronic purchases are not restricted to Kindles and Nooks/Samsung tablets; you can go to the web, download a Kindle or B & N app, or both, and download it to your device. For example, I downloaded the Kindle app to my Nook HD and currently have more free ebooks than I have time for. You cannot download any apps to devices that are readers only.

Both Amazon and B & N offer free e-books. Amazon's Kindle provides categories for its free e-books while B & N has you go to web and enter "Free Book Sifter". You can go directly to B & N for free e-books but they are listed in no particular order.

## FAQ - OverDrive Read

### OverDrive, Inc.

**OverDrive Read** allows you to read books in your web browser. This FAQ contains information for readers, publishers, libraries, and schools about how... With *OverDrive Read*, you can borrow eBooks and read them right in your browser with a single click. There are no downloads or software

<http://www.fantasticfiction.co.uk/>

Lots of fun because it has a list of all the books, a blurb for each, then "recommendations" based on what other authors people have searched for along with the author you're looking at. You can get lost in it for hours bouncing from one author to the next. The site links you to reading clubs with similar interests. It also recommends books on the basis of what you have already read, as does the

Amazon and B & N. Additionally Fantastic Fiction provides Trivia and quizzes for the addicted readers along with book lists. Have fun at the library!

### goodreads - How It Works

Goodreads is a free website for book lovers. Imagine it as a large library that you can wander through and see everyone's bookshelves, their reviews, and their ratings. You can also post your own reviews and catalog what you have read, are currently reading, and plan to read in the future. Don't stop there – join a discussion group, start a book club, contact an author, and even post your own writing.

**Signing up** is simple — you just enter your name, email, and a password. If you are a published author, take a look at the **Goodreads Author Program**.

### Www.bookbub.com

Free Ebooks - Great deals on bestsellers you'll love

**BookBub.com** alerts you to limited-time **free** & discounted ebooks matching your ... It's **free** to join, you can read on any device, Get *free* and bargain bestsellers for Kindle, Nook, and the **books** are yours to own.

Sign in - Free Ebooks - Partners Overview - Submission Form

There is something for everyone here and at least two free books a per daily mailing. The priced books are significantly lower than at other sites. Bonus? If free you can dump the book without qualms or guilty conscience since it was a freebie.

(See "Booksites" continued on page 26)

*I would like to thank everyone at St. Jude's for contributing to my upcoming mission trip to Panama. I will be leaving for Panama on September 14<sup>th</sup>. Thanks to the support of your congregation I have raised the needed \$10,000. I would like to invite you to join my journey this year by visiting my blog at <http://www.jamesyasc.blogspot.com/>.*

*Thank you all for your support. Please pray for me during my journey this upcoming year.*

*Mahalo,*

*James Fitzpatrick*

*Thank You*

## Booksites

(Continued from page 25)

<http://www.cozy-mystery.com/>

" **most of the cozy mysteries ...take** place in a small, picturesque town or village, with characters who I could envision having as neighbors or friends... Cozies don't usually involve a lot of gory details or explicit "adult situations," either.

This site does it all: blogs, new releases, by the series, author or theme. Its search engine can take you to 1st person narratives, culinary themes etc. Can spend way too much time here.

<http://www.crimewriterscanada.com/>

A site for Canadian crime writers and aspiring writers. Writes listed alphabetically and with their books. We are familiar with Carolyn Arnold and Louise Penny, but many more Canadians write crime mysteries, thrillers, suspense fiction crime non-fiction.

Good site to scroll through with a cup of coffee and need new authors to find at the library or website.

<http://www.mysteryscenemag.com/>

The magazine contains articles, reviews, blogs and even reader recommendations. Participating in the latter might win you a book!! Can subscribe online or digitally.

<http://freshfiction.com/book.php?id=252>

Monthly contests (20+ for Valentine's month), authors, review, blogs, columns on historical novels, cozies, gardening, freshfictionTV, etc. Publishes a monthly newsletter. (The ads can be annoying on this site but it has some good points - not just mysteries and it gives you an excerpt of the book along with a plot summary.)

# Distractions or blessings?

By Cindy Cutts, Editor

I've just finished editing this month's issue of Talking Story and I'm overwhelmed with so many emotions. Over 10,000 words! TEN THOUSAND WORDS! That's a lot of editing, reviewing, fact-checking, website confirming, emailing, phone calling, revising, rewriting, un-rewriting, deleting and starting over!

I love it! I love that a tiny congregation at the southern tip of practically NO WHERE has so much to share. I am so proud of the combined efforts of several faithful writers, who budget time each month to share their writing talents and make our news magazine lively and

different than most. I am blessed to provide a platform for these writers to develop their talents and I love bossing them around with story ideas and assignments.



This month I've been traveling, working at a Northern California high school as an education consultant and visiting family. My days at school whip past, crammed with so many

appointments, meetings, student contacts and parent nights and then when I leave school for the day, my kids have my evenings equally busy.

I was fortunate to be in California when Coco, my new granddaughter was born. She certainly added to the mix of frantic family activity, particularly when her big sister Lulu (age 18 months) hung out with me while Mom and Dad were busy at the hospital. It's been hard to find time to focus on the newsletter, when I have so many distractions! (Actually I have another word for these distractions – it's *blessings*.)

There are lots of action items in this issue. So order your shirt, sort your jumble, find your October fest outfit, protect your neighborhood, donate food and I will see you soon.

Cindy

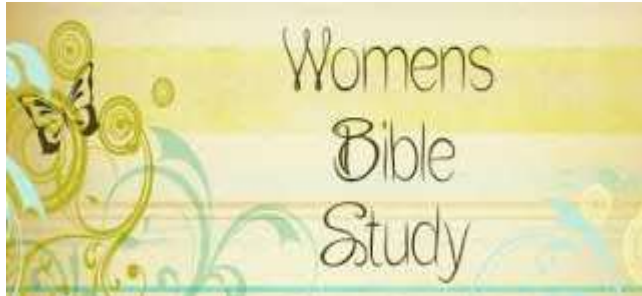
**St. Jude's Episcopal Church**

	Polo	Sleeveless Polo	Printed Shirt	Embroidered Shirt
	\$25	\$22	\$15	\$15
				
	#1001	#1002	#1003	#1004
	Maroon	Red	Maroon	Maroon
				
	Embroidered Logo		T-Shirt Logo	

2XL size will have a up charge of \$2.00 and 3XL will have a up charge of \$3.00

Name: _____		Email: _____		Phone: _____		
ITEM #	(Please Print All Information) ITEM DESCRIPTION	SIZE	COLOR	QTY	PRICE EACH	ITEM TOTAL
					\$	\$
					\$	\$
					\$	\$
					\$	\$
					\$	\$
					\$	\$
					\$	\$
					\$	\$
					\$	\$
ORDER TOTAL					\$	\$

Make checks payable to: St., Jude's Episcopal Church



**Tuesdays at 10 a.m.**

**At Beverly Nelson's home**



**Fridays at 9:30 a.m.**

**McKinney Place**



## Lemonade Party

October 31st 9 a.m. to 11 a.m.

Monthly Church Clean up  
Followed by lemonade & hot dogs.  
*Many hands make light work.*

## Talking Story at St. Jude's

A monthly news magazine published by St. Jude's Episcopal Church in Ocean View, Hawaii.  
Previous editions available on our website at [www.stjudeshawaii.org](http://www.stjudeshawaii.org)

**Editor:** Cindy Cutts

**Contributing Editor & Photographer:** Don Hatch

**Columnists:** Karen Pucci, Kepi Davis, Don Hatch, Thom White, Anna Towner

### *We welcome submissions!*

**Submission Guidelines:** 500 words maximum. Uplifting, informational and reflective stories poems, recipes, memories. Submit as a Microsoft Word doc attachment, or as the text of your email.

*For more guideline details visit our website.*



Photos must be submitted as jpgs & emailed as attachments. Please email only one photo per message.

Submit via email to: [cindycutts00@yahoo.com](mailto:cindycutts00@yahoo.com)

**Deadline for newsletter submissions is the 20<sup>th</sup> of each month.**